

# The Health Homes Program Helps People with Mental Health Needs

The Health Homes Program (HHP) offers extra services at no cost to Medi-Cal members with certain chronic health and/or mental health issues who have high health care needs or do not have a place to live.

## Who Can Get HHP Services?

To get HHP services, you must meet all 3 requirements:

- 1** Be enrolled in a Medi-Cal health plan
- 2** Have certain chronic health problems, including:
  - Health issues (such as asthma, diabetes, kidney or liver disease, heart failure, or substance use disorders); and/or
  - Mental health issues (such as major depression, bipolar disorder, or schizophrenia)
- 3** Have been in the hospital, had visits to the emergency room, or not have a place to live

You can choose to get HHP services if you qualify.

Many members who may qualify for the HHP will be contacted. You can also call your Medi-Cal plan for more information.



## How Can the HHP Help Members with Mental Health Needs?

The HHP helps you with all your health care, mental health, and social service needs. You will have a care team that works with you to make sure all your needs are met.

Your care team will be led by a care coordinator, who is your one point of contact that connects your health care and mental health doctors, pharmacists, and your other health care workers. This person makes sure everyone is on the same page about your care.



## What Services Does the HHP Offer?

Your care team helps:

- 1 Develop a Plan** to help you meet your health and mental health goals and stay healthy
- 2 Connect and Update** your doctors and other health care workers about your health and mental health needs and wishes
- 3 Give You Information** and support to help manage your health and mental health issues
- 4 Move You Safely from One Care Setting to Another**, such as in and out of a hospital or nursing home and to where you live
- 5 Strengthen Your Support System** to make sure you, your family, your peers, and others supporting you understand your health and mental health needs
- 6 Connect You to Community and Social Services** such as food, housing, job training, child care, and disability-related services

### Can You Join HHP If You Get County Specialty Mental Health Services?

If you have a case manager and/or get other help from your county's specialty mental health services program, you can join the HHP. The HHP will make sure your health care workers and services work together.



**Joining the HHP will not take away or change any of your Medi-Cal services, including your county-based mental health services.**

To learn more, call your Medi-Cal plan and ask about the "Health Homes Program."

To get the phone number for your Medi-Cal Plan, go to [bit.ly/plandirectory](http://bit.ly/plandirectory).



**The Health Homes Program**

[bit.ly/HealthHomes](http://bit.ly/HealthHomes)