# Overview

Medi-Cal Managed Care is an organized system to help you get high quality care and stay healthy. Medi-Cal managed care health plans help Medi-Cal beneficiaries find doctors, pharmacies and health education programs.

Managed care health plans also offer:
- Care Coordination
- Ongoing referrals to specialists
- 24-hour Nurse Advice telephone services
- Customer service centers

Managed care serves about 10.8M Medi-Cal beneficiaries in 58 counties. This is about 81% of the total Medi-Cal population.

In California, there are six models of managed care.

## County Organized Health Systems (COHS)

COHS serve about 2.2M beneficiaries through six health plans in 22 counties: Del Norte, Humboldt, Lake, Lassen, Marin, Mendocino, Merced, Modoc, Monterey, Napa, Orange, San Luis Obispo, San Mateo, Santa Barbara, Santa Cruz, Shasta, Siskiyou, Solano, Sonoma, Trinity, Ventura and Yolo.

**How It Works**
In the COHS Model counties, the Department of Health Care Services (DHCS) contracts with a health plan created by the County Board of Supervisors.

Local government, health care providers, community groups, and Medi-Cal beneficiaries are able to give input as the plan is created. The health plan is run by the county.

In a COHS county, everyone is in the same managed care plan.

## Geographic Managed Care (GMC)

GMC serves about 1.2M beneficiaries in two counties: Sacramento and San Diego.

**How It Works**
In GMC counties, DHCS contracts with several commercial plans. This provides more choices for the beneficiaries.

## Two-Plan


**How It Works**
In Two-Plan Model counties, there is a Local Initiative (county organized) and a Commercial Plan. DHCS contracts with both plans.

## Regional

Regional serves about 300K beneficiaries in 18 counties: Alpine, Amador, Butte, Calaveras, Colusa, El Dorado, Glenn, Inyo, Mariposa, Mono, Nevada, Placer, Plumas, Sierra, Sutter, Tehama, Tuolumne and Yuba.

**How It Works**
In Regional Model counties, there are two Commercial Plans that contract with DHCS.

## Imperial

Imperial serves about 77K beneficiaries in Imperial County.

**How It Works**
In the Imperial Model county, there are two Commercial Plans that contract with DHCS.

## San Benito

San Benito serves about 8K beneficiaries
in San Benito County.

**How It Works**
In the San Benito Model county, there is one Commercial Plan that contracts with DHCS. Beneficiaries can choose the managed care plan or regular (fee-for-service) Medi-Cal.

*Managed Care Operations Division*  
For more information about Medi-Cal Managed Care, please see [www.dhcs.ca.gov/services/Pages/Medi-CalManagedCare.aspx](http://www.dhcs.ca.gov/services/Pages/Medi-CalManagedCare.aspx)  
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