

July 2022

The Behavioral Health Response and Rescue Project

The COVID-19 pandemic has intensified behavioral health needs across the state, creating new barriers for people with mental illness and substance use disorders and increasing the prevalence of these conditions. In response, the California Department of Health Care Services (DHCS) is implementing the Behavioral Health Response and Rescue Project (BHRRP) to increase access to behavioral health care for all Californians.

BHRRP is funded by supplements to the <u>Substance Abuse Prevention and Treatment Block Grant</u> (SABG) and the <u>Community Mental Health Services</u>
<u>Block Grant</u> (MHBG) awarded by the Substance Abuse and Mental Health Services Administration (SAMHSA). Funding was made available to SAMHSA through passage of the Coronavirus Response and Relief Supplemental Appropriations Act and the American Rescue Plan Act.

PROJECT GOALS

- **Expand access** to behavioral health care in California through investments in prevention, crisis response, intervention and treatment, and recovery services.
- Advance health equity across the behavioral health care system by targeting the needs of the most vulnerable communities.
- Inform policy decisions through research and data analysis on the behavioral health workforce, the behavioral health continuum of care, and the overall effectiveness of BHRRP programs.

The Behavioral Health Response and Rescue Project

BHRRP will support the full continuum of behavioral health care needs:

PREVENTION

DHCS is supporting a variety of prevention programs through BHRRP, including the Statewide Friday Night Live Youth Prevention Program, suicide dprevention services, a Statewide Prevention Plan for California counties, and an evidence-based prevention registry.

INTERVENTION AND TREATMENT

BHRRP aims to expand the behavioral health workforce by continuing support for peer-run programs and the peer workforce. BHRRP will also fund training sessions for counties to develop treatment programs for first episode psychosis and provide telehealth equipment for patients in need.

CRISIS

DHCS has implemented the Crisis Care Mobile Units (CCMU) Program to support behavioral health mobile crisis and non-crisis services, and will provide behavioral health crisis intervention training and programs for first responders through the Behavioral Health Justice Intervention Services Project.

RECOVERY

DHCS is using BHRRP

funds to increase the number and quality of culturally responsive behavioral health recovery services and programs statewide, with a focus on traditionally underserved populations. Initial funding will be released to establish standards of care, and later funding will implement those standards statewide.



Table 1: BHRRP Statewide Focus Areas				
Project Name / Focus Area	Description	End Date		
Behavioral Health Workforce Development Project	Expand the behavioral health workforce through funding opportunities available to counties, city behavioral health agencies, and providers.	September 2025		
Telehealth Infrastructure	Support the purchase of provider telehealth equipment in health care facilities.	March 2023		
Recovery Services	Increase the number and quality of culturally responsive behavioral health recovery services and programs statewide.	September 2025		
Crisis Care Mobile Units Program	Launch a new Crisis Care Mobile Units program, prioritizing services for individuals 25 and younger, to support counties and regions to respond to urgent crises.	September 2025		
Behavioral Health Justice Intervention Services	Support behavioral health crisis intervention training and programs for law enforcement and other first responders.	March 2023		
Statewide First Episode Psychosis (FEP)	Host learning collaborative training sessions for evidence-based FEP program models.	September 2025		
Suicide Prevention Hotline	Provide suicide prevention services to California residents. Services include warm lines, online chat interventions, survivor support groups, grief counseling, and more.	March 2023		
Naloxone Distribution	Continue to supply free naloxone to communities after federal opioid funds expire in September 2022.	September 2025		
Project Atlas	Build California's provider network into the ATLAS system, which helps individuals locate treatment providers that adhere to evidence-based protocols.	March 2023		
Statewide Friday Night Live (FNL)	Expand the existing FNL program to increase county participation in the program.	September 2025		
Statewide Evidence- Based Registry	Fund a registry to serve as a comprehensive repository of replicable primary prevention programs, practices, and strategies.	September 2025		



Table 1: BHRRP Statewide Focus Areas (Continued)				
Project Name / Focus Area	Description	End Date		
Statewide Prevention Plan	Complete a Statewide Prevention Plan that will support counties in their strategic planning efforts.	March 2023		
Mental Health Continuum Analysis	Research gaps within the mental health continuum of care to inform state policy.	March 2023		
CalAIM Transformation Training for Leadership and Statewide Documentation Training	Implement CalAIM Transformation Training for Leadership and Statewide Documentation Training Tools for providers to standardize training on developing manuals and videos.	September 2025		
Short-term Residential Therapeutic Programs (STRTPs)	Provide technical assistance for STRTPs.	September 2025		

Table 2: BHRRP County Projects				
Project Name	Description	End Date		
Discretionary	Provide flexible funding for county behavioral health services.	June 2025		
Recovery Housing Support	Support recovery housing services. Funded organizations will provide recovery residence, transitional housing, and residential treatment to facilitate continued engagement in SUD treatment and related recovery support services.	December 2022		
Prevention Set-Aside	Prevention activity menu options, including Friday Night Live programs; school-based SUD education programs; and awareness and education campaigns.	June 2025		
FNL County Set-Aside	Provide supplemental FNL funds to counties to support widespread implementation of the FNL program.	June 2025		



Table 2: BHRRP County Projects (Continued)				
Project Name	Description	End Date		
Perinatal Set-Aside	Perinatal-specific treatment and recovery services to perform activities to include screening and assessment, treatment planning, referrals, interim services, case management, and strengthening the relationships between patients and their OB/GYNs.	December 2022		
Youth and Adolescent Treatment Set-Aside	Address the needs of youth aged 12 through 20, and their families. Eligible activities include screening and assessment; diagnosis; placement; treatment; planning; youth development approaches to treatment; family interventions and support systems; structured recovery related activities, and alcohol and drug testing.	December 2022		
First Episode Psychosis Set-Aside	Expand programming to support appropriate evidence-based programs for individuals with first episode psychosis.	June 2025		
Crisis Stabilization Services	Existing crisis stabilization facilities providing short-term (under 24 hours) observation and crisis stabilization services to all referrals in a home-like, non-hospital environment; and fund expansion of crisis stabilization facilities and outreach.	December 2022		
Early Intervention Services	Perform mental health early intervention, including screening and assessment, diagnosis, referral services, cognitive behavioral therapy, relaxation, social skills, and training.	December 2022		
General Crisis Services	Funding directed to support evidence-based crisis care programs addressing the needs of individuals with serious mental illnesses and children with serious mental and emotional disturbances.	June 2025		

