

State of California—Health and Human Services Agency Department of Health Care Services



EDMUND G. BROWN JR. GOVERNOR

DATE: June 16, 2017

MHSUDS INFORMATION NOTICE NO.: 17-028

TO: COUNTY BEHAVIORAL HEALTH DIRECTORS COUNTY DRUG & ALCOHOL ADMINISTRATORS COUNTY BEHAVIORAL HEALTH DIRECTORS ASSOCIATION OF CALIFORNIA CALIFORNIA COUNCIL OF COMMUNITY BEHAVIORAL HEALTH AGENCIES COALITION OF ALCOHOL AND DRUG ASSOCIATIONS CALIFORNIA ASSOCIATION OF ALCOHOL & DRUG PROGRAM EXECUTIVES, INC. CALIFORNIA ALLIANCE OF CHILD AND FAMILY SERVICES CALIFORNIA OPIOID MAINTENANCE PROVIDERS

SUBJECT: Level II Heat Alert Advisory

This Information Notice provides notification to counties that the National Weather Service (<u>NWS</u>) has issued Excessive Heat Warnings for June 16 to June 21, covering large portions of California, due to forecasts of dangerous and excessive heat. DHCS urges employees and their families in the affected areas to take precautions and help reduce the risk of heat-related health problems.

Per the National Weather Service (NWS):

- Dangerous heat is expected Saturday through Wednesday over much of the Central Valley and Southern California.
- Peak heat is expected Monday through Wednesday.
- Thunderstorms are possible for the Sierra Nevada Mountains on Saturday through Tuesday.
- Rivers and streams will be running very cold and fast, increasing the risk for hypothermia and water rescues.
- Heat of this magnitude will have impacts for even the general population if precautions are not taken.
- See the attached Cal OES statewide weather briefing for more information about the excessive heat event.

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Please note:

- The California State Warning Center email address is <u>Warning.Center@oes.ca.gov</u>.
- If you have any questions or concerns, please contact the California State Warning Center at (916)845-8911.

Please remember to take extra precautions during this heat wave. We urge everyone to help reduce his or her risk of heat-related health problems. An excessive heat warning means that a prolonged period of dangerously hot temperatures will occur. This warning is targeted at the elderly or infirmed who might be much more sensitive to heat and thus at greater risk. Individuals who fall into this category should be especially careful by drinking plenty of water, reducing outdoor exposure, staying out of the sun, seeking a cooler location for the day if no air conditioning is available in the living quarters, and/or asking a friend or relative to check on them frequently.

Sincerely,

Original signed by

Karen Baylor, Ph.D., LMFT, Deputy Director Mental Health & Substance Use Disorder Services