

Oix zuqc zoux haaix nyungc yiem njiec meih dorh fu'jueiv mingh zaah baengc wuov?



Ninh mbuo zorc fu'jueiv nyei ndie-sai oix zuqc:

- Zaah mangc nzoih beih sin baengc
- Zaah naaic taux meih nyei huov jaa nyei lox-hnoi baengc zingh gouv-nyinh
- Mbuox heuc nziepv ndie, haaix zanc taux qiexm taux ziangh hoc wuov
- Ca'laangh caux zorc nyaah zang aengx caux, haaix zanc qiexm zuqc nyei bouc dauh, bun fu'jueiv duqv longc fluoride corh nyaanh aengx caux longc fluoride nzemz tipv, aengx caux tengx lorx zorc nyaah zangc
- Tengx fu'jueiv zaah seix mangc m'normh aengx caux m'zing
- Ca'laangh gorngv jienv sic goux taux wangc siangx jau-louc beiv taux gorngv meih ganh a'fai fu'jueiv hlo siepv nodngc haaix, corng h zingh ei-leiz hnavg haaix, nyanc hnaangx jau-louc, mbueix njormh benx hnavg haaix, nzieqc zingz nyei fai, aengx caux goux longx mv bun nyutc pui ndopv laauz

Ninh mbuo zorc fu'jueiv nyei ndie-sai oix zuqc zaah mangc:

- **Maaih haaix nyungc zien sic bun buac gorngv taux hlo hlang nyei ei-leix**
- **Yunh nyei siouz cungz zuqc**
- Maaih dorngx haih congz hoic zuqc benx **nziaamv zaamv**,
- **Buoz zauz wuaaic**
- Oix zuqc zaah mangc gu'nguaaz maac coqc ndutv sin liuz **ninh benx haix nzauh hiuang nyei fai**
- **Nzauh hnamv camv**
- Maaih dorngx haih congz hoic zuqc benx **butv haa-cunv baengc (TB)**
- Maaih dorngx haih congz hoic zuqc benx **hmei zorc yiem nziaamv**
- **Corc maaih da'nyeic nyungc baengc** a'fai meih corc haaix nyungc jau-louc kuonx hnyouv

Se gorngv meih maaih waac qiexm zuqc naaic a'fai oix hiuv jaa

Meih nyei Medi-Cal gunv goux mangc wangc siangx sou-gorn
Fonh nam mber se hietv yiem meih nyei hmien-fangx ID aengx caux yiem meih nyei sou-gorn nyei website a'fai bieqc mangc yiem www.dhcs.ca.gov/mmchpd

Medi-Cal tengx baengc nyei finx-gorn
Korh waac **1-800-541-5555** (TDD 1-800-430-7077)
A'fai bieqc mangc yiem www.dhcs.ca.gov/myMedi-Cal

Medi-Cal goux zorc nyaah
Korh waac lorx Smile, California yiem naaiv **1-800-322-6384**
(TTY 1-800-735-2922)
A'fai bieqc mangc yiem smilecalifornia.org a'fai www.dhcs.ca.gov/MCP

Lengc jeiv neqv zorc ziux goux corng h zingh baengc
Douc waac **1-888-452-8609**
Liouh naaic gorngv taux nzie weih goux zorc baengc bbutv benx corng h zingh baengc kouv nyei buonc, lorx taux meih nyei nquenc zangc beu weih corng h zingh heng-wangc sou-gorn yiem naaiv www.dhcs.ca.gov/CMHP

Butv diuv-nzeuz a'fai buov ndie yong-in
Douc waac lorx taux domh gorn nzie weih ziux goux taux wangc siangx (DHCS) gorn zangc gunv goux butv inv jau-louc benx 24/7 yiem naaiv **1-800-879-2772**
A'fai bieqc mangc yiem www.dhcs.ca.gov/SUD-NETRL

Bouc nzie bun dungh maaih sic hiuang hoic
Korh waac lorx taux guoqv zangc gunv goux daix ga'ganh daic nyei finx-gorn yiem naaiv **988**
A'fai korh waac lorx **1-833-317-HOPE** (4673)

Meih maaih ze'buonc leiz beu aengx caux maaih ndaam-dorng gong zuqc zoux
Douc waac **1-888-452-8609**



www.dhcs.ca.gov/kidsandteens



Medi-Cal for Kids & Teens

**Maaih gong-bou tengx mbungh nqaevq aengx caux
nzie weih ziux goux zorc baengc bun ninh mbuo
yiem cuotv seiz hnoi mingh taux 21 hnyangx**



Medi-Cal tengx nzie weih ziux goux se benx baeqc wang-henh tengx fu'jueiv



Yietc zungv tengx nzie weih ziux goux fu'jueiv nyei gong se baeqc wang-henh tengx

Se gorngv meih nyei fu'jueiv maaih mbuoz bieqc yiem Medi-Cal, ninh mbuo maaih horpc bouc pui-juang gauz zipv baeqc wang-henh nzie weih ziux goux zorc baengc aengx caux bouc sengh bun maaih wangc siangx longx henv a'fai maaih ngaengc caengz longx yiem cuotv seiz hnoi mingh taux hnyang-jeiv buangv 21.

Naaiv se lemh nzoih dimv baengc, nziepv ndie-nqaeqv, dimv mangc sin zangc baengc, aengx caux tengx zorc beih sin baengc, corngh zingh baengc, aengx caux goux zorc nyaah.

Doqc mangc yietv nyeic bouc dauh liouh tengx dimv baengc yiem ga'ndiev wuov

Ninh se benx jienv sic dugh oix zuqc dorh meih nyei fu'jueiv dimv baengc ei bouc dauh ziangh hoc mv gunv jiex gorngv ninh mbuo mv butv baengc yaac baac. Ziangh diuh mingh dimv baengc se tengx zoux bun fu'jueiv nyei sin zangc maaih ngaengc caengz longx henv. Tengx goux nqaeqv longx baengc bun ninh mbuo, aengx caux jaa-ndaangc dimv baengc aengx caux zorc nziouv.

Meih corc haih dingc ziangh hoc liouh ca'laangh caux ndie-sai haaix zanc yaac duqv nyei, mv gunv jiex gorngv meih coqc dorh fu'jueiv mingh dimv baac baengc yaac longx. Doqc mangc yietv nyeic bouc dauh liouh tengx zaah dimv baengc yiem ga'ndiev wuov.

Meih corc haih duqv baeqc wang-henh cie tor faaux njiec liouh lorx ndie-sai zorc baengc



Mbaenc ziangx daan liouh dorh meih nyei fu'jueiv mingh dimv baengc

Korh waac lorx meih nyei gunv goux mangc wangc siangx sou-gorn A'fai korh waac lorx Medi-Cal tengx baengc nyei finx-gorn yiem naaiv **1-800-541-5555** (TDD 1-800-430-7077).

Meih corc haih lorx mienh tengx yiem njiec:

- **Lorx ndie-sai** a'fai dingc ziangh hoc liouh buangh
- **Duqv geh baeqc wang-henh cie** mingh lorx ndie-sai aengx caux nzuonx maengz a'fai mingh zorqv ndie, zorc baengc jaa-sic aengx caux ga'naaiv longc
- **Tov heuc tengx lorx faan waac mienh tengx faan waac** yiem njiec buangh ndie-sai nyei ziangh hoc
- **Tov heuc ninh mbuo tengx nzie faan waac bun muangx**

Se gorngv meih qiemx zuqc longc benx naaiv zeiv daan a'fai da'nyeic diuc Medi-Cal nyungc horngh jaa-sic benx **ganh hoc zeidaan** beiv gorngv benx domh nzangc, bungx benx waa-qiez bun muangx, CD, a'fai zoux benx nzang-pokc, korh waac lorx **1-833-284-0040**.

Medi-Cal liouh beu bun gu'nguaaz & fu'juei-caan nyei gong-bou jau-louc tengx goux mangc aengx caux zorc sin zangc baengc

Se gorngv ninh mbuo ndie-sai dimv buatc maaih beih zangc baengc, corngh zingh baengc, a'fai nyaah haih wuaaic dugh oix zuqc zorc a'fai goux longx, Medi-Cal oix zuqc jien sin tengx aengx caux beu weih nzoih naaic deix gong-bou jau-louc.

Medi-Cal beu weih liouh nzie weih ziux goux mangc gu'nguaaz & fu'juei-caan:

- Tengx nzie weih ziux goux zorc bei sin baengc, lemh jienv jiex gorn jaa-ndaangc ziux bouc nyei gong-bou jau-louc aengx caux mingh lorx buangh ndie-sai
- Tengx nzie weih ziux zoux zorc corngh zingh baengc aengx caux buov ndie yong-in a'fai zorc hopv diuv baengc, lemh jienv zorc corngz sin bun henv
- Zaah mangc nyaah aengx caux zimh mangc baengc nyei gong gorngv benx hhangv haaix m'aqc
- Ziux goux mangc m'zing, lemh jienv bun muoc-ziuz
- Ziux goux mangc m'normh
- Dimv COVID-19 aengx caux tengx zorc baengc
- Zorc baengc jaa-sic aengx caux ga'naaiv longc, lemh jienv wuonv ginc zorc baengc jaa-sic
- Ndie-nyanc
- Ziux seis baengc, lemh jienv dimv nziaamv mangc maaih haaix nyungc zorpc, aengx caux qiemx zimh mangc haaix nyungc baengc
- Zorc beih zangc baengc, zorc ga'nyuoz hnyouv, aengx caux corc nzuih gorngv waac
- Ziux goux zorc baengc yiem biauv, lemh jienv yiem mienh goz dorngx
- Zorc baengc dorngx aengx caux yiem dorngx dauh
- Yietc zungv da'nyeic nyungc qiemx longc zorc baengc jau-louc, ei ninh mbuo tengx fu'jueiv zorc baengc ndie-sai dimv cuotv wuov



Dingc benx daan liouh dimv baengc a'fai ndaangc buangv naaiv deix hnyang-jeiv



Zaah mangc nyaah yiem 6 hlaax nyieqc yietc nzunc yiem hnyang-jeiv dquv 12 hlaax nyieqc jiex gorn mingh