

Call the Every Woman Counts toll-free number to see if you qualify:

**1-800-511-2300**

Monday - Friday, 8:30am-5pm

We speak English, Spanish (press 2), Mandarin (press 3), Vietnamese (press 5), Korean (press 6), and Cantonese (press 7).

If breast cancer is found early, the chance of survival is very high.

# California's Every Woman Counts Program



When you qualify for the Every Woman Counts program, you will be referred to a participating clinic in your neighborhood.



To get these **free** tests to check for breast and cervical cancer, you must:

- live in California
- meet the age requirements
- have no or limited health insurance
- have health insurance with a co-payment or deductible you cannot afford
- have low household income



1-800-511-2300

<http://dhcs.ca.gov/EveryWomanCounts>

Upon request, this document can be offered in other languages. To obtain a copy in another language, please contact us at:

Every Woman Counts  
PO Box 997417, MS 4600  
Sacramento, CA 95899-7377  
Phone number 916-449-5300  
California Relay 711/1-800-735-2929

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## Free clinical breast exams, mammograms, & Pap tests

## What is the Every Woman Counts program?

The Every Woman Counts program provides **free** breast and cervical cancer screening and follow-up services. This includes clinical breast exams, mammograms, and Pap tests, as well as other tests when needed to eligible women in California.

As women get older, especially after the age of 50, the chance of getting breast and cervical cancer goes up. Women should be screened regularly for breast and cervical cancer by a doctor.

*Every Woman Counts* offers free:

- Clinical breast exams and mammograms to women age 40 years and older who qualify
- Pap tests to women age 21 years and older who qualify
- HPV tests to women age 30 years and older who qualify
- Follow-up tests if needed



Breast cancer is the most common cancer among women in California.

## Why should you get a breast cancer screening?

- Breast exams help the doctor see or feel any changes in your breasts.
- Mammograms can find breast cancer that is too small for you or your doctor to feel.
- When breast cancer is found early, it is easier to treat.



## How often should you get a breast cancer screening?

Breast awareness is important for early detection. Talk to your doctor about when and how often you should be screened for breast cancer.

For more information,  
call us toll-free at  
1-800-511-2300

Cervical cancer is nearly 100% preventable with regular Pap tests.

## Why should you get a cervical cancer screening?

- Cervical cancer screening tests are the Pap test and the HPV test.
- The Pap test looks for cell changes in the cervix that may lead to cancer.
- The HPV test looks for the virus that can cause cell changes in the cervix.
- Treating these cell changes can prevent cervical cancer.

## How often should you get a cervical cancer screening?

The Every Woman Counts program offers free Pap tests to women age 21 and older who qualify, and then every three years if the results are normal.

Women aged 30 years or older may choose to have a Pap test along with a HPV test if she wants to increase screening to 5 years. If both tests results are normal, the chance of getting cervical cancer in the next few years is very low.

