Practice growth chart for entering BMI value and plotting BMI-for-age

2 to 20 years: Boys
Stature-for-age and Weight-for-age percentiles

Mother’s Stature

<table>
<thead>
<tr>
<th>Date</th>
<th>Age</th>
<th>Weight</th>
<th>Stature</th>
<th>BMI</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>32 #</td>
<td>38 1/2’</td>
<td></td>
<td>15.2</td>
</tr>
<tr>
<td>4</td>
<td>36 #</td>
<td>41’</td>
<td></td>
<td>15.0</td>
</tr>
<tr>
<td>6</td>
<td>43 1/2 #</td>
<td>45 3/4’</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

To Calculate BMI: Weight (kg) = Stature (cm) - Stature (cm) x 10,000 or Weight (lb) = Stature (in) - Stature (in) x 703

Published May 30, 2000 (modified 11/21/00)
SOURCE: Developed by the National Center for Health Statistics in collaboration with the National Center for Chronic Disease Prevention and Health Promotion (2000).
http://www.cdc.gov/growthcharts
Practice growth chart for entering BMI value and plotting BMI-for-age

### 2 to 20 years: Boys

**Body mass index-for-age percentiles**

<table>
<thead>
<tr>
<th>Date</th>
<th>Age</th>
<th>Weight</th>
<th>Statute</th>
<th>BMI*</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>32 #</td>
<td>38 1/2&quot;</td>
<td>15.2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>36 #</td>
<td>41&quot;</td>
<td>15.0</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>43 1/2 #</td>
<td>45 3/4&quot;</td>
<td>15.3</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*To Calculate BMI: Weight (kg) × Statute (cm) - Statute (cm) × 10,000

Carlos 001

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SAFER. HEALTHIER. PEOPLE.
Practice growth chart for entering BMI value and plotting BMI-for-age

2 to 20 years: Boys
Stature-for-age and Weight-for-age percentiles

Mother’s Stature | Father’s Stature
---|---
Date | Age | Weight | Stature | BMI* |
---|---|---|---|---|
2 | 30 # | 34 1/2' | 17.7 |
3 | 36 1/2 # | 38' | 17.9 |
4 | 43 # | 41' |

*To Calculate BMI: Weight (kg) = Stature (cm) + Stature (cm) x 10,000
or Weight (lb) = Stature (in) + Stature (in) x 703

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NAME: Pete
RECORD #: 002
Practice growth chart for entering BMI value and plotting BMI-for-age

### 2 to 20 years: Boys
Body mass index-for-age percentiles

<table>
<thead>
<tr>
<th>Date</th>
<th>Age</th>
<th>Weight</th>
<th>Stature</th>
<th>BMI*</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>30</td>
<td>#</td>
<td>34 1/2&quot;</td>
<td>17.7</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>36</td>
<td>1/2</td>
<td>38&quot;</td>
<td>17.8</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>43</td>
<td>#</td>
<td>41&quot;</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

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*To Calculate BMI: Weight (kg) = Stature (cm) x Stature (cm) x 10,000 or Weights (lb) = Stature (in) x Stature (in) x 703

---

**NAME**

**RECORD #** 002

---

Pete
Practice growth chart for entering BMI value and plotting BMI-for-age

<table>
<thead>
<tr>
<th>Date</th>
<th>Age</th>
<th>Height</th>
<th>Weight</th>
<th>BMI</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>26 3/4 #</td>
<td>33 1/2&quot;</td>
<td>18.0</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>33 #</td>
<td>36 1/2&quot;</td>
<td>17.4</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>37 #</td>
<td>39 1/4&quot;</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

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### 2 to 20 years: Girls
**Body mass index-for-age percentiles**

<table>
<thead>
<tr>
<th>Date</th>
<th>Age</th>
<th>Weight</th>
<th>Stature</th>
<th>BMI*</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>28 3/4</td>
<td>33 1/2&quot;</td>
<td>18.0</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>33</td>
<td>36 1/2&quot;</td>
<td>17.4</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>37</td>
<td>39 1/4&quot;</td>
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Gabriela