



Don't Let Your Child be Without a Dental Home:

- * Ask for a list of dentists from your insurance company. For Medi-Cal, contact Denti-Cal at 1-800-322-6384 or www.denti-cal.ca.gov
- * Contact Child Health & Disability Prevention (CHDP) Program at your health department www.dhcs.ca.gov/services/chdp
- * Contact the California Dental Association at 1-800-CDA-SMILE (232-7645) or www.cda.org/PublicResources/FindaDentist
- * Ask friends, family, coworkers about their dental office
- * Call or visit the dental office and talk to staff before choosing a dental home



Every Child Needs a
Dental Home





What is a Child's Dental Home?

It is a place to take your child for regular dental visits.

When Should You Find a Dental Home for Your Child?

By the 1st birthday is best, but it's never too early or too late to find a dental home.

Why Does Your Child Need a Dental Home?

- To help build a lifetime of healthy dental habits and good oral health.
- To find dental problems early - before they hurt.
- To have a place where the dental staff knows your child's special needs and has a record of care.
- To receive sealants, fluoride, and tips to prevent tooth decay.
- To know where to call when there's a dental emergency.

Tips for Visiting Your Child's Dental Home:

- Arrive 15 minutes early** with teeth brushed and flossed.
- Keep all appointments;** if you can't, call at least 2 days ahead.
- Be positive with your child.** Don't use words like "pain," "hurt," or "shot".
- Keep children calm and quiet** in the dental office.
- Ask questions** about your child's oral health and treatment needs.