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DIRECTOR

State of California—Health and Human Services Agency  
Department of Health Care Services



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GOVERNOR

June 16, 2014

CHDP Provider Information Notice No.: 14-02

TO: ALL CHILD HEALTH AND DISABILITY PREVENTION (CHDP) PROGRAM PROVIDERS AND MEDI-CAL MANAGED CARE PLANS

SUBJECT: REVISION OF HEALTH ASSESSMENT GUIDELINE TO INCORPORATE ADDITIONAL INFORMATION ABOUT PREPARTICIPATION PHYSICAL EXAMINATION

The purpose of this CHDP Provider Information Notice is to inform CHDP Providers about updated recommendations regarding use of a consistent approach to the Pre-participation Physical Evaluation History and Pre-participation Physical Examination. This information has been added to the Additional Assessment Components section of the CHDP Health Assessment Guide (HAG), Section 508. The revised section includes the following items:

- Child Health and Disability Prevention (CHDP) Program Pre-participation Physical Evaluation History Form.
- Child Health and Disability Prevention (CHDP) Program Physical Examination Form for Pre-participation.

The overall goal of the Pre-participation Physical Examination (PPE) is to assist with the maintenance of the health and safety of child and adolescent athletes in training and competition. The PPE assists with detection of conditions that may be life threatening or disabling; detection of conditions that may predispose an individual to injury; and meeting legal and administrative requirements of educational institutions.

According to the American Academy of Pediatrics (AAP) Policy Statement, the use of “standardized PPE forms and processes to minimize unnecessary variation” is an important step for consideration in the prevention of pediatric sudden cardiac arrest. It is recommended that every child participating in strenuous extracurricular activities receive routine PPE screening. The revised section and appendices may be downloaded from the following link:

<http://www.dhcs.ca.gov/services/chdp/Pages/Pub156.aspx>

We hope that this updated information will assist you in providing routine PPE screening in your clinical practice. Your continuing participation in the CHDP Program is greatly appreciated. If you have any questions, please contact your local CHDP program office.

Sincerely,

Originally Signed By,

Robert Dimand, MD  
Chief Medical Officer  
Children’s Medical Services