



**Medi-Cal and CHDP Regional Trainings  
Pediatric Obesity: Provider Skill Sets for Improved Care  
Train the Trainer Workshops  
REGISTER NOW!**



**Learn more and train others** about the important issue of pediatric obesity. These interactive sessions are designed as “train the trainer” workshops for Medi-Cal providers, Child Health and Disability Prevention (CHDP) providers, and training staff who want to gain additional skills on how to teach other providers and healthcare staff about pediatric obesity. These workshops will utilize the California Medical Association Foundation’s Child and Adolescent Obesity Provider Toolkit which is based upon the 2007 American Medical Association Expert Committee’s Recommendations related to childhood obesity. Please visit our training website:

<http://www.dhcs.ca.gov/services/chdp/Pages/MC-CHDPPedObesityTr.aspx>

This workshop will help you:

- Understand the new Health Effectiveness Data and Information Set (HEDIS) pediatric obesity measures.
- Educate your staff and providers on the following office practices: how to chart BMI percentiles, conduct brief focused advice and how to effectively use state, county, and local pediatric obesity community resources.
- Obtain ready-to-use training tools and office-centered techniques on the assessment and brief counseling of pediatric overweight and obesity.
- Efficiently use customized provider and multicultural patient education resources on nutrition, physical activity and obesity.

**Who Should Attend:**

Participants who are interested in becoming trainers may include: physicians, physician assistants, nurse practitioners, registered nurses, other nursing staff, health educators, registered dietitians, and quality improvement staff.

**Continuing Education Credits;**

Continuing education credits will be provided. Please check with the contact person listed below for details. **Registration is limited so please see the schedules and contacts below for details and costs.**

**TRAINING DATES AND LOCATIONS**

<b>Date</b>	<b>Location</b>	<b>Registration/Contact Person</b>
<b>2/18/2010</b> 5:30 - 8:00 pm	Health Plan of San Joaquin 7751 South Manthey Road French Camp, CA 95231 Community room <i>Dinner will be provided</i>	Robin Morrow <a href="mailto:RMorrow@hpsj.com">RMorrow@hpsj.com</a>  <b>Registration:</b> Contact Crystal at (209)461-2283 or email: <a href="mailto:ctrejo@hpsj.com">ctrejo@hpsj.com</a>
<b>2/27/2010</b> 1:00 – 3:30 pm Registration starts 8/15/09	San Francisco Milton Marks Auditorium 455 Golden Gate Avenue, SF 94102 <i>This training is part of the Childhood Obesity 2010 Conference(Lunch provided)</i>	Elizabeth Edwards <a href="mailto:EEdwards@alamedaalliance.org">EEdwards@alamedaalliance.org</a> <b>Registration*:</b> <a href="http://www.sfbreastfeeding.org/events/CO2010">http://www.sfbreastfeeding.org/events/CO2010</a>  * All registrants will be registering for the whole conference
<b>3/23/2010</b> 9 am to noon	CalOptima 1120 West La Veta Avenue Orange, Ca 92868 - Room 228/229 <i>Breakfast &amp; snacks provided</i>	<b>Registration:</b> Beverly (Lynn) Saccoman <a href="mailto:bsaccoman@caloptima.org">bsaccoman@caloptima.org</a>

This event is sponsored by the California Department of Health Care Services and California Medical Association Foundation.