

# California's Medication Assisted Treatment (MAT) Expansion Project 2.0

February 2019



#### **Opioid Overdose Death Rates in California**

All Opioid Overdoses: 2017 Age-Adjusted Annual Death Rates by County



## CA's Age-Adjusted Opioid Overdose Rate Deaths Per 100,000 Residents in 2017

Modoc	23.58
Humboldt	21.03
Mendocino	19.34
Lake	17.02
Shasta	14.06
Lassen	13.91
Yuba	13.15
Del Norte	12.65
Siskiyou	9.97
Ventura	9.80
Statewide	5.23



#### **Statewide Coordinated Efforts**

Department of Public Health	Department of Health Care Services	Department of Justice	Public-Private Partnership
Opioid Dashboard Tracks overdose deaths, emergency department (ED) visits, prescribing; Instant reports; State, county, zip code level data	Drug Medi-Cal Organized Delivery System Access to full spectrum of addiction treatment; 24 counties have been approved by CMS & DHCS to implement Organized Delivery System (ODS) services – 16 other counties in process.  MAT Expansion Project CA Hub & Spoke System; Tribal MAT Program	CURES Database Contains a record of every controlled substance dispensed at any pharmacy in California	Smart Care CA Works with health plans covering 40% of CA lives to fight the opioid epidemic  California Health Care Foundation
Statewide Opioid Safety Workgroup + 12 state agencies participating			CA Opioid Safety Network 35 counties representing 90% of Californians



## **Funding Sources**

State Targeted Response (STR) to the Opioid Crisis	State Opioid Response (SOR) Grant
<ul> <li>\$90 million over a period of 2 years</li> </ul>	<ul> <li>\$140 million over a period of 2 years</li> </ul>
<ul> <li>May 2017 to April 2019</li> <li>MAT Expansion Project 1.0 <ul> <li>California Hub &amp; Spoke System (H&amp;SS)</li> <li>Tribal MAT Project</li> <li>Prevention &amp; Treatment Activities</li> </ul> </li> </ul>	<ul> <li>September 2018 to September 2020</li> <li>MAT Expansion Project 2.0         <ul> <li>Increase access to MAT</li> <li>Reducing unmet treatment need</li> <li>Reduce opioid overdose related deaths through</li> </ul> </li> </ul>
	prevention, treatment, and recovery services



## **Overview of Key SOR Projects**

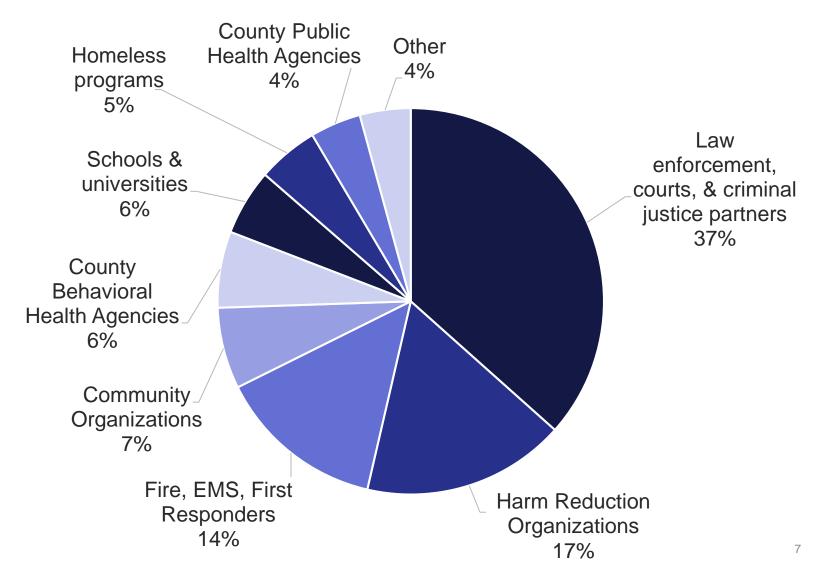


#### Naloxone Distribution Project Cont.

- **Project Budget:** \$20,000,000
- Project Goal: Address the opioid crisis by reducing opioid overdose related deaths through the provision of naloxone.
- How to request free naloxone:
  - Access the application through the DHCS website
  - Submit the application electronically or by mail for a minimum of 12 units of naloxone
- The Naloxone Distribution Project (NDP) has distributed 100,000 units of naloxone since the beginning of October 2018.
- To download the application & for more information, visit the DHCS website: <a href="https://bit.ly/2w2Vx9f">https://bit.ly/2w2Vx9f</a>

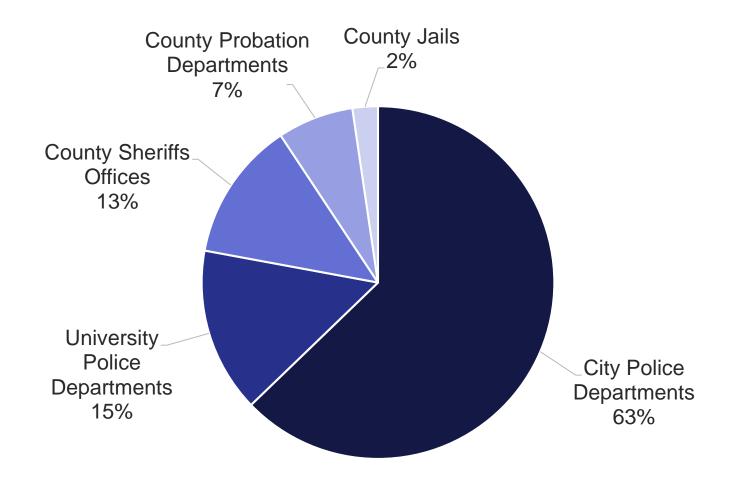


# Percent of NDP Applications by Type of Organization



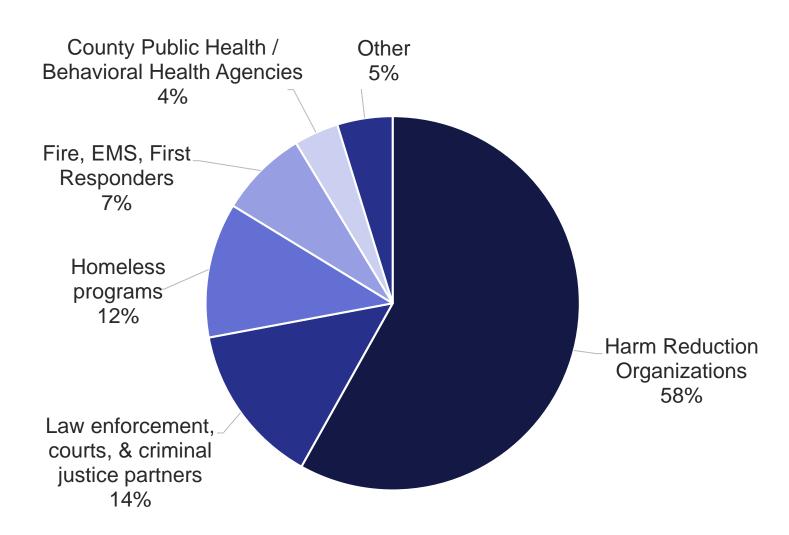


#### **Law Enforcement Applications**



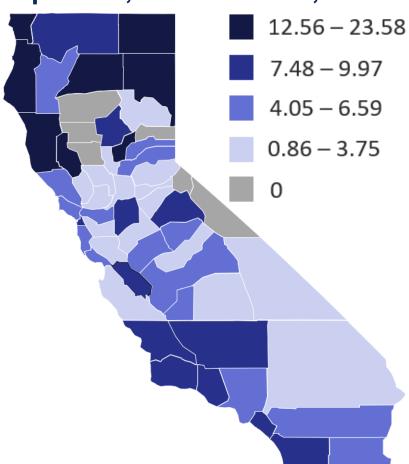


#### Percent of Units by Type of Organization

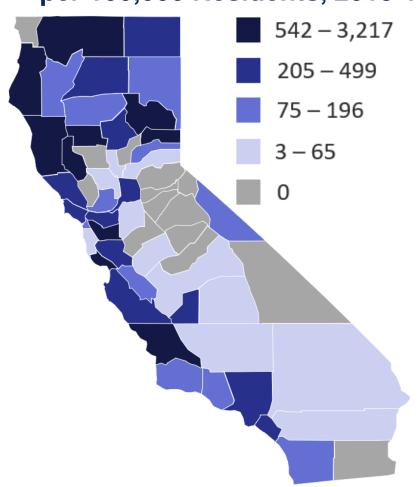


## Opioid Overdoses per 100,000 Residents, 2017

**DHCS** 



## Approved Naloxone Units per 100,000 Residents, 2018-19



SOURCES: Overdose Rates - California Department of Public Health, "California Opioid Overdose Surveillance Dashboard"; accessed December 2018. Population data - State of California Department of Finance, "E-1 Population Estimates for Cities, Counties, and the State — January 1, 2017 and 2018"; accessed December 2018. Naloxone units as of January 16, 2019.



#### **MAT Access Points**

- **Project Budget:** \$40,000,000
- Project Goal: Support MAT start-up activities and/or MAT enhancement efforts in at least 200 MAT Access Points throughout urban and rural areas.
- Grants will be awarded statewide with a focus on higher OD areas and/or limited access.
- Funding can be used to support the following activities:
  - Purchase equipment
  - Train staff
  - Recruit staff
  - Capital improvements
  - Other start-up & enhancement costs



#### **MAT Access Points Cont.**

- Access points can include (but not limited to):
  - Primary care
  - Hospitals / EDs
  - Medication units
  - Jails
  - Residential treatment centers
  - Tribal health centers
  - DUI providers
  - Community mental health providers
- The Center at Sierra Health Foundation was selected as the contractor to administer the project.
- Contractor will release request for applications in late February 2019.



#### **Special Populations**

- **Project Budget:** \$26,000,000
- Project Goal: Increase access through expansion of current and new services for MAT for perinatal & Neonatal Abstinence Syndrome (NAS), veterans (and families) and youth (and families).
- Primary and secondary prevention activities would also be available with the funding including school programs.
- The contractors to administer the perinatal & NAS, veterans, and youth components:
  - Health Management Associates was selected as the contractor to administer the perinatal project.
  - The California Institute for Behavioral Health Solutions was selected as the contractor to administer the youth project.
  - The veterans project proposal is still under development.



# **Expanding MAT in County Criminal Justice Settings**

- Available to teams from all California Counties interested in developing or expanding access to Medication Assisted Treatment for opioid addiction in their jails and through their drug court systems (if applicable).
- Teams will begin at different points in access to MAT and need not end at the same point.
- Teams must demonstrate interest in expanding access to at least two forms of MAT for opioid use disorder.
- County Teams must commit to participating for the 18-month Learning Collaborative, which includes four in-person training sessions, monthly coaching calls, webinars, podcasts, and more.
- Currently, 22 counties are participating in Cohort 1 and up to 20 additional counties will be selected for Cohort 2.



## **Expanding MAT in County Criminal Justice Settings**

"Participating in the Collaborative did some great things for **Ventura County**. The Collaborative brought together a team of employees within the county that had pieces of the MAT puzzle, and gave us a framework for learning, discussions and innovation. We also appreciated the coaching sessions, which kept us accountable and on task. In short, the MAT collaborative set the stage for our success." -- Rob Davidson, Commander, **Ventura County Sheriff's Office and Team Champion** 

'Many of our team members have been working in parallel in **Marin County** without ever have met before this Learning Collaborative. Having the designated, carved-out time and support to bring us all into the same room together with a shared goal of learning more about addiction treatment modalities has been invaluable. Consequently, we've achieved a significant reduction in the historical silos that existed between county public and mental health services, custody and law enforcement, alcohol and drug treatment providers and our adult drug court." -- **Dr. Jeffrey DeVido, Chief, Addiction Services, Marin County Dept. of Health and Human Services** 



## **Tribal MAT Program**

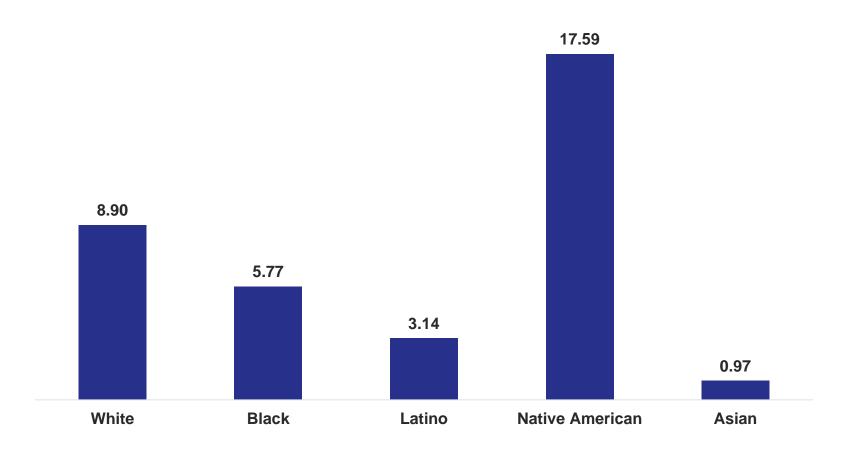
Funded under the Opioid State Targeted Response (STR) and State Opioid Response (SOR) federal grants. A total of \$10 million.

- > MAT Champions
- ➤ Project Echo
- > OUD Suicide Prevention
- ➤ Needs Assessment
- ➤ Clinic specific TA
- ➤ Tele-MAT

1/31/2019



#### Age-Adjusted Opioid Overdose Death Rate per 100k CA Residents, by Race/Ethnicity, 2017





#### **Toolkits**

- Project Goal: Develop informational toolkits for a variety of stakeholders and target audiences.
- As each toolkit is finalized, an informational webinar will be hosted to summarize the content, and how the toolkit can be best utilized.
- Toolkit topics / audiences include:
  - Residential Facilities: completed January 2019
  - Counselors
  - Criminal Justice
  - DUI Providers
  - Employers
  - Hospitals & EDs
  - NTPs
  - Outpatient Facilities



	MAT Access Point Expansion
Access Point Transitions	<ul> <li>Provided an in-depth analysis of key gaps in transitions between access points &amp; deployed a statewide strategy in January 2019.</li> <li>Analyze and create a plan for high-OD counties / regions.</li> <li>Convene local leaders to find solutions for select high overdose death counties / regions with limited MAT access.</li> <li>Health Management Associates (HMA) has been selected as the contractor to administer this project.</li> </ul>
Counselors in Rural EDs	<ul> <li>Public Health Institute has been selected as the contractor to administer this project.</li> <li>Test concept of rural hospital's being a primary MAT location at 10 sites. RFA for hospital sites was made available in December 2018.</li> <li>10 sites were awarded in January 2019.</li> </ul>



	MAT Access Point Expansion		
Media Campaign	<ul> <li>Media Solutions has been selected as the contractor to administer this project.</li> <li>A media campaign targeted at individuals with an OUD &amp; their families.</li> <li>Include a toll-free line or website to connect to MAT individuals to treatment services.</li> <li>Campaign will air by spring/summer 2019.</li> </ul>		
	Primary Care		
Treating Addiction in Primary Care	<ul> <li>Fund 40 primary care health center sites in California with \$50,000 to participate in an 18-month learning collaborative.</li> <li>Will provide methods and tools to guide grantees through designing new or expanding existing MAT programs in the primary care setting.</li> <li>The Center for Care Innovations has been selected to administer this project.</li> </ul>		



Hospitals		
California Bridge Program	<ul> <li>Enhance ED-BRIDGE expansion with 30+ new sites.</li> <li>Funding will be provided to expand access to MAT in the hospital settings.</li> <li>Integrating paramedics into the continuum of care for buprenorphine treatment starting February 2019.</li> <li>Making buprenorphine part of the standard emergency medicine curriculum for all CA emergency medicine residency programs which will be integrated by July 2019.</li> </ul>	



#### **SUD Providers**

#### NTP Treatment Capacity

- Develop specialized training program for NTPs to build new buprenorphine and naltrexone capacity & to work collaboratively with primary care.
- Provide technical assistance (TA), mentorship, protocols, workflows, & site visits.
- Contractor will be selected through RFA process. RFA is available on DHCS website.
- Program will be implemented by April 2019.

#### California Highway Patrol (CHP) Project

- CHP will develop a Drug Impairment Intervention Training (DIIT) to assist DUI program providers with recognition and intervention of OUD amongst the DUI offender population.
- Program will be implemented by July 2019.

## DUI MAT Integration

#### Linkages to Resources

- Create linkages to resources and referral options to MAT in order to reduce opioid overdoses, opioid related traffic fatalities, and curb recidivism.
- The CA Association of DUI Treatment Programs has been selected to administer this project.
- Program will be implemented by February 2019.



	Counties
County Touchpoints	<ul> <li>Implement a "targeted information campaign" for key county referral touchpoints (including courts, law enforcement and Child Welfare &amp; County Welfare Agencies) to ensure awareness of treatment resources and how to access services.</li> <li>Provide TA to judges, parole, probation and additional county staff on overdose prevention and intervention tactics (like motivational interviewing).</li> <li>Contractor will be selected through RFA process. RFA will be available on DHCS website in January 2019.</li> <li>Programs will be implemented by July 2019.</li> </ul>



	Mentoring Resources
24/7 MAT Coaching	<ul> <li>Expand current 24/7 MAT mentorship network to cover all new EDs, primary care, mental health, and hospital access points.</li> <li>Funding will be utilized to cover training costs and extra staff required for project ramp-up.</li> <li>The University of California, San Francisco (UCSF) has been selected as the contractor to administer this project.</li> <li>Project will be implemented by February 2019.</li> </ul>
Mentored Learning	<ul> <li>Expand the California Society of Addiction Medicine (CSAM) mentoring project with 40 mentoring experiences each year for two years.</li> <li>The CSAM has been selected as the contractor to administer this project.</li> <li>40 new mentoring opportunities will be available from May to December 2019.</li> <li>An additional 40 mentoring opportunities will be available from January to September 2020.</li> </ul>



	Mentoring Resources
Waivered Prescriber Support	<ul> <li>Deployed survey to 1000+ waivered prescribers by October 2018.</li> <li>Based on survey results, provide support to waivered prescribers via "physician champions" who would be hired to travel throughout California to provide on-site support. Physician champions will be deployed starting March 2019.</li> <li>The University of California, Los Angeles (UCLA) has been selected as the contractor to administer this project.</li> </ul>
MAT Workforce	<ul> <li>Host two summits about MAT (in the northern &amp; southern regions of the state) for addiction counselors, mental health professionals, and social workers.</li> <li>California State University, Sacramento (CSUS) has been selected as the contractor to administer this project.</li> <li>The convenings will take place in June 2019.</li> <li>NorCal convening will be held on June 4<sup>th</sup> in Sacramento.</li> </ul>



	Mentoring Resources		
Academic Detailing	<ul> <li>Incorporated academic detailing into health plans and health payer systems in January 2019.</li> <li>Hire a pharmacy detailer which would be tasked with identifying which pharmacies across the state furnish naloxone, and conduct academic detailing starting March 2019.</li> <li>The California Department of Public Health (CDPH) has been selected as the contractor to administer this project.</li> </ul>		
	Overdose Prevention		
Fentanyl	<ul> <li>Set-up fentanyl reporting system from California &amp; incorporate into current mandated reporting system by April 2019.</li> <li>Improve the opioid surveillance dashboard for poly drug use and to expand the dashboard to include social determinants of health by April 2019.</li> <li>Improve detection of fentanyl outbreaks through the 58 coroners to facilitate effective responses by March 2019.</li> <li>The CDPH has been selected as the contractor to administer this project.</li> </ul>		



	Overdose Prevention	
Drug Take- Back	<ul> <li>The California Product Stewardship Council has been selected as the contractor to administer this project.</li> <li>Fund statewide drug take-back programs in approved locations. Approved locations will be selected by March 2019.</li> </ul>	
CURES PDMP	<ul> <li>Enhance California's Prescription Drug Monitoring Program database.</li> <li>The California Department of Justice (DOJ) has been selected as the contractor to administer this project.</li> <li>An IT contractor will be selected by May 2019.</li> <li>System changes will be designed between June 2019 to September 2020</li> </ul>	
Technical Assistance		
Evaluation	<ul> <li>Conduct an evaluation of the Tribal MAT Project &amp; other key SOR projects.</li> <li>The University of California, Los Angeles (UCLA) has been selected as the contractor to administer this project.</li> <li>Evaluation commenced January 2019.</li> </ul>	



Other SOR Projects		
California Conservation Corps and Juvenile Justice Project	<ul> <li>DHCS, with the assistance of Continuity Consulting, Inc.         (CCI) will establish an initiative with the California         Conservation Corp (CCC) and the CDCR Division of         Juvenile Justice (DJJ).</li> <li>CCI will create a peer support training project along with         other prevention and treatment opportunities for the young         people at the CCC and DJJ.</li> </ul>	
Supportive Housing	<ul> <li>Health Right 360 will administer this project.</li> <li>The intent of this project is to provide recovery residence transitional housing and peer support for homeless individuals with opioid use disorders (OUD) in San Francisco in order to facilitate continued engagement in substance use disorder (SUD) treatment and related recovery support services.</li> </ul>	



Other SOR Projects	
Young People in Recovery	<ul> <li>Young People in Recovery (YPR) is a grass roots organization focused on creating recovery-ready communities throughout the nation for young people in, or seeking, recovery.</li> <li>YPR aims to improve access to treatment, educational resources, employment opportunities, and secure, quality housing on the local, state, and national levels.</li> <li>YPR is partnering with the State of California to launch YPR chapters and life-skills curriculum programs to individuals in recovery from opioid use and substance use disorders in the State.</li> </ul>



#### Resources

For additional information, please see the MAT Expansion Project page on the DHCS Website: <a href="https://bit.ly/2w2Vx9f">https://bit.ly/2w2Vx9f</a>

For questions regarding the MAT Expansion Project, please contact <a href="mailto:DHCSMATExpansion@dhcs.ca.gov">DHCSMATExpansion@dhcs.ca.gov</a>

- Dr. Corey Waller's Addiction 101 talk. <a href="https://youtu.be/bwZcPwIRRcc">https://youtu.be/bwZcPwIRRcc</a>
- CA Opioid Overdose Surveillance Dashboard <u>https://discovery.cdph.ca.gov/CDIC/ODdash/</u>