Recently, we sent you a letter telling you that you can get Community Based Adult Services (CBAS). Now, to continue to get CBAS on and after 7/1/2012, you must enroll in a Medi-Cal managed care health plan. You will not be able to get CBAS if you are not in a Medi-Cal managed care health plan by 6/30/2012.

What do I need to do?
As a Medi-Cal beneficiary you have two choices:

• If you would like to get CBAS you must be in a Medi-Cal managed care health plan. You have until 6/19/2012 to fill out and return the choice form in your “My Medi-Cal Choice for Healthy Care” booklet. If you do not complete the form and make a choice, you will be enrolled in a health plan. You can also enroll by phone (see next page).

• If you do not want to get CBAS and would like to stay in regular Medi-Cal, you must choose Regular Medi-Cal (fee-for-service) on your choice form. Remember, if you choose Regular Medi-Cal (fee-for-service), you cannot get CBAS on or after 7/1/2012. You must return the form by 6/19/2012. If you do not make a choice you will be enrolled in a health plan.

Your enrollment will start 7/1/2012. If you are not happy with your health plan, you can change health plans or choose to go back to regular Medi-Cal at any time by calling Health Care Options (see next page). If you choose to stay in or go back to regular Medi-Cal, you cannot get CBAS.

This does not change your:
• Medicare coverage
• Medicare doctors and specialists you see outside a CBAS center
• Social Security benefits

What is a Medi-Cal managed care health plan?
Medi-Cal managed care health plans help manage your care, help you find doctors and specialists, have a 24-hour nurse advice line, have member services to assist you, can help you with non-emergency transportation to medical visits, and more. The health plan will also help you get the services that they do not cover. The benefits are the same in a managed care health plan as in regular Medi-Cal. You can join a health plan at no cost and you will still be on Medi-Cal. When you enroll in a health plan, they may call you to find out what care you need.
How do I enroll or get more information?

- **To enroll by phone** or to get help with enrollment, please call the Medi-Cal enrollment line which is called Health Care Options.

Health Care Options – Representatives are available between the hours of 8:00 a.m. - 5:00 p.m., Monday – Friday:

<table>
<thead>
<tr>
<th>Language</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>English</td>
<td>1-800-430-4263</td>
</tr>
<tr>
<td>Arabic</td>
<td>1-800-576-6881</td>
</tr>
<tr>
<td>Armenian</td>
<td>1-800-840-5032</td>
</tr>
<tr>
<td>Cambodian</td>
<td>1-800-430-5005</td>
</tr>
<tr>
<td>Cantonese</td>
<td>1-800-430-6006</td>
</tr>
<tr>
<td>Farsi</td>
<td>1-800-840-5034</td>
</tr>
<tr>
<td>Hmong</td>
<td>1-800-430-2022</td>
</tr>
</tbody>
</table>

Korean 한국어 1-800-576-6883
Mandarin 国語 1-800-576-6885
Russian Русский 1-800-430-7007
Spanish Español 1-800-430-3003
Tagalog Tagalog 1-800-576-6890
Vietnamese Tiếng Việt 1-800-430-8008
Other Languages 1-800-430-4263

TDD/TTY 1-800-430-7077

- **To enroll in person**, please use the “Health Care Options” presentation schedule in your “My Medi-Cal Choice for Healthy Care” booklet.

- **To enroll by mail**, please fill out and return the choice form in your booklet. If you don’t have a form call Health Care Options.

Is that all I need to do?

No. When you enroll in a health plan you will still receive some services through regular Medi-Cal.

- **If you get In-Home Supportive Services (IHSS)**, contact your social worker to find out if you can get more IHSS hours.

- **If you are in the Multipurpose Senior Services Program (MSSP)**, contact your caseworker for help.

- **If you are a client of a Regional Center**, contact your service coordinator for assistance.

What are my health plan choices?

Please use the Medi-Cal choice form in your “My Medi-Cal Choice for Healthy Care” booklet to help you choose a health plan. If you would like more information or have questions about the health plans, see the “Where to get answers if you have questions” section in your booklet.