Nursing Home Resident, Family and Staff Satisfaction Critical Data to Assess Quality

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Quality: The residents' point of view 1985 NCCNHR study

Question to residents:

"What does high quality care mean to you?"

Answers found in open group discussions

- 457 residents speak up
- 105 nursing homes
- 15 cities

Quality: The residents' point of view (1985 NCCNHR study)

Question: "What does high quality care mean to you?"

"Good staff" =

- 1. "they want to help"
- 2. "they are kind, nice, good to me"
- 3. "there are enough of them"
- 4. "they are polite, courteous, respectful, treat me with dignity"
- 5. "they are friendly, cheerful, pleasant, jolly"
- 6. "they are patient, they have time for me"
- 7. "they are patient, listen, take complaints seriously"
- 8. "they relate well, positively"
- 9. "they are well-trained, qualified, skilled, knowledgeable"

Quality of Care and Quality of Life

Quality of Care

Is best judged by Experts in the field

QIs were invented by experts. They measure success in care-giving.

Quality of Life

Is best assessed by the customer:

Resident, Family, Staff

Satisfaction surveys capture customer's expectations & satisfaction

Satisfaction Surveys

Percentages are People

- Voices of people
- Perception is reality
- Public relations force

Why Collect and Publically Report Satisfaction Data?

Four Main Reasons:

- The Humanistic Reason
- The Efficiency Reason
- The Marketing Reason
- The Economic Reason

Most Important Feature of Quality

According to families:

- Warm staff interaction
- Cleanliness
- Resident grooming
- No pressure sores
- Food choice
- Daily routine choice

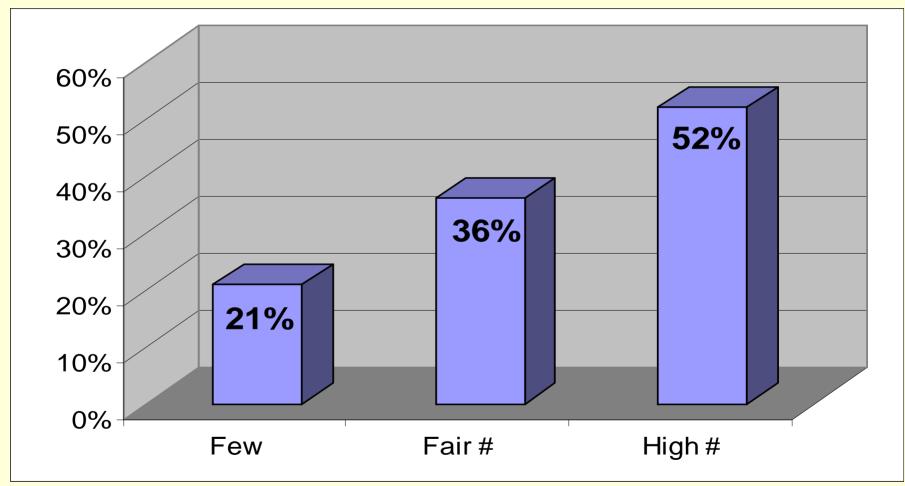
Four Drivers of Satisfaction

- Communication
- Pain management
- Personal needs
- Response to call bells

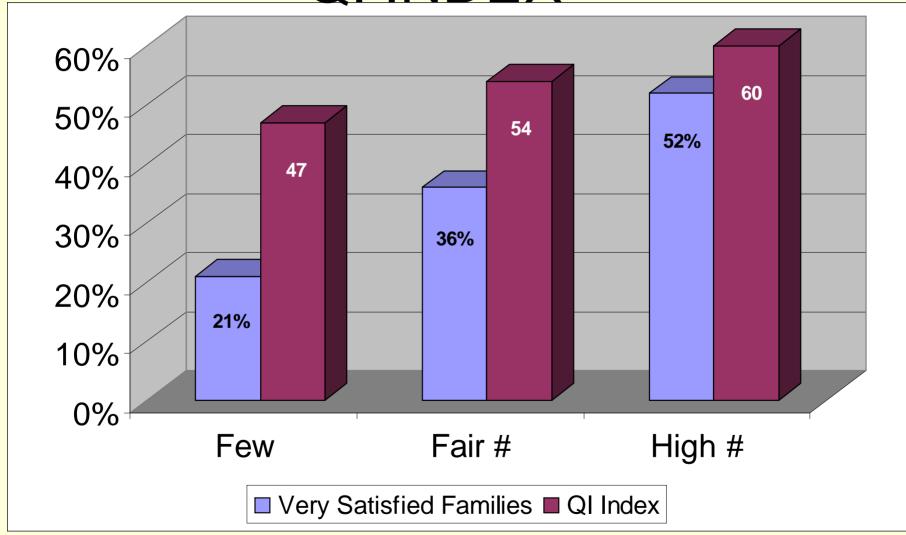
Drivers of Consumer Satisfaction

- Competency of staff
- Care (concern) of staff
- Nursing care
- Respectfulness of staff
- Nursing assistant care
- Safety of facility
- Meeting choices/preferences

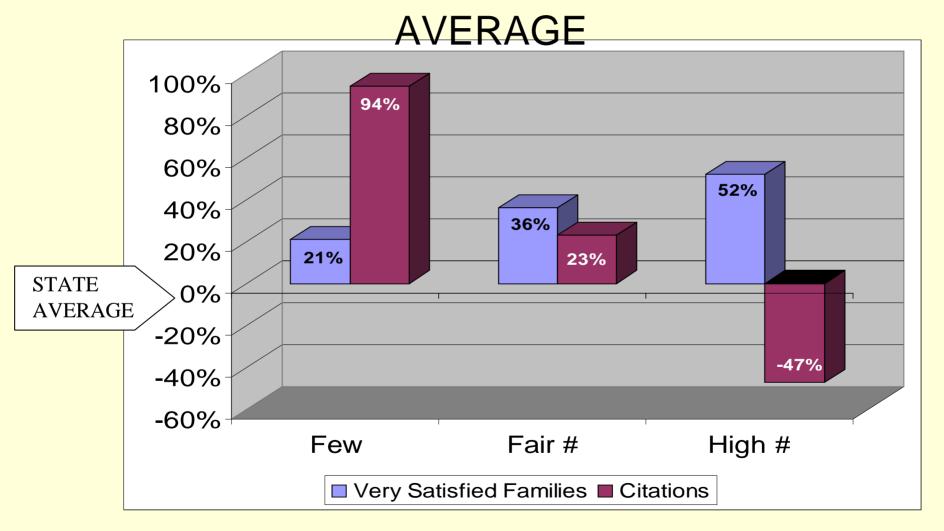
VERY SATISFIED FAMILIES in 3 Groups of Nursing Homes



VERY SATISFIED FAMILIES / QLINDEX



VERY SATISFIED FAMILIES / SURVEY DEFICIENCIES-COMPARED TO STATE



Quality of Life Measures

- Family member and resident satisfaction
 - Overall satisfaction
 - Recommendation to others
- Meaningful information for consumers
 - Evidence based
- Availability limited
 - Not a widespread practice in CA

Staff Satisfaction Predicts Family Satisfaction

- Satisfied employees report:
 - Better supervision
 - Better training
 - Better work environments
- Satisfied families report:
 - Quality of life
 - Quality of care
 - Quality of service

Higher Employee Satisfaction

- Fewer resident falls
- Fewer pressure ulcers
- Fewer catheters
- Less nurse turnover and absenteeism
- Less CNA absenteeism
- Higher occupancy rates

Power of Staff Satisfaction

Influences

- Turnover
- Relationships with co-workers, residents, and families
- Quality of care
- Regulatory compliance

High Turnover = Low Quality

- Physical restraints
- Catheter use
- Contractures
- Pressure ulcers
- Psychoactive drug use
- Quality-of-Care deficiencies

Historical Perspective

Causes of turnover in LTC:

- Research 1970s, 1980s and 1990s
 - Causes are located within the workers
- Significant evolution occurred in other industries
 - Organizational culture influence on retention and job performance
- LTC continued to focus on the worker
- Exception was Susan Eaton

What a difference management makes!

Five management practices associated with low turnover, high attendance and high performance:

High quality leadership at all levels of the organization

Valuing staff day-to-day in policy and practice, word and deed

High performance, high commitment HR policies

Work systems aligned with and serving organizational goals

Stability of staff and supplies/re sources to care

Eaton: Low Turnover Leadership's Paradigm

"...these individuals were not fundamentally different kinds of people with different work ethics. They were, however, acting in a different organizational and human setting, being treated differently and being trusted and valued at a much higher level."

Drivers of Workforce Satisfaction

- Management cares about employees
- Management listens to employees
- Help with job stress
- Fair evaluations
- Staff respect for residents
- Workplace is safe
- Supervisor cares about you as a person

Institute of Medicine

- Quality of care = performance of the workforce
- Staffing levels are necessary
- Other key factors:
 - Education
 - Supervision
 - Job satisfaction
 - Turnover
 - Leadership
 - Organizational culture

Structural Measure of Quality

- Staff Satisfaction
 - Overall satisfaction
 - Recommendation to others
- Evidence-based
- Availability limited
- Recommendation quarterly updates

Staffing Measures

- Staff turnover
 - Collected annually by OSHPD
 - Total departures/average number of staff
- Staff retention
 - Staff with one year of service/avg. number of staff
- Evidence-based
- Availability OSHPD, cost reports

Results are Interrelated

- Implement principles of culture change
 - Enhanced leadership practices
- Employee Satisfaction
 - Low turnover, high retention, low absenteeism
- Workforce performance
- Consumer satisfaction
- Clinical outcomes
- Regulatory compliance

Better Policy/Better Performance

- Publically reporting workforce measures and family and residents satisfaction could be profound
- Foster sustained change and continuous improvement
 - Drive evidenced-based practices that enhance quality of care and quality of life
- Validate superior performance

Contact Information

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