

Lub kaum hli ntuj 2023

Xov xwm tseem ceeb txog koj li ntawv pov hwm kho mob

Hawm Txog Tus Tswv Cuab Nyob Rau Medi-Cal,

Muaj xov xwm zoo! Tej zaum koj yuav tau txais tej kev pab cuam ntau ntxiv los ntawm Medi-Cal tsis ntev tom ntej no. Pib lub **1 Hlis tim 1, 2024**, yuav muaj txhua nrho tej kev pab cuam full Medi-Cal rau cov tib neeg muaj hnuv nyoog 26 txog 49 xyoos uas muaj npe tau Medi-Cal. Qhov uas tau **full** Medi-Cal txawv ntawm qhov uas tau **restricted** Medi-Cal uas yog qhov koj tau tam sim no. Restricted Medi-Cal tsuas pab them nqi kho mob ceev xwb. Nws tsis roos tej nqi tshuaj thiab nqi mus saib kws kho mob xub thawj.

Tej yam tsim nyog koj muab coj los xam rau ob peb lub hlis tom ntej no:

- Yuav tsis muab koj tej ntaub ntawv nyob tebchaws no coj los xam rau txoj kev muaj npe.
- **Nyob rau lub 12 Hlis 2023, yuav xa ib tsab ntawv tuaj qhia koj paub seb thiab thaum twg koj mam li tau txais full Medi-Cal.**
- **Koj yuav tau txais ntau txoj kev pab kho mob thaum koj tau full Medi-Cal.**
- Medi-Cal muaj kev kho mob dawb xwb lossis tus nqi them pheej yig rau cov neeg uas nyob hauv xeev California.

Full Medi-Cal yuav pov hwm tej kev kho mob no thiab ntau yam ntxiv:

- Kev kho mob
- Tej tshuaj uas koj tus kws kho mob sau rau koj
- Kev kho mob tshwj xeeb
- Kev kho siab ntsws hlwb kev xav
- Kev pab tswj qhov muaj menyuam thiab kev saib xyuas thaum cev xeeb menyuam
- Kev kho mob ceev
- Tej kev kuaj mob uas koj tus kws kho mob sau rau koj mus kuaj
- Khoom siv los tswj mob
- Kev thum yeeb tshuaj dej cawv
- Kev kho hniav
- Kev thauj mus los mus ntsib kws kho mob thiab kws kho hniav thiab mus nqa tshuaj
- Kev pab tu xyuas thiab txhawb nqa hauv tsev kom thiaj tsis tau mus nyob tom tsev laus
- Kev kho qhov muag (lub tsom iav)

- Twj pab kom hnov lus
- Kev kho ko taw

Yog tias koj muaj Medi-Cal los pab rau thaum cev xeeb menyuum, ces koj twb muaj tagnrho tej kev kho mob tsim nyog uas Medi-Cal yeej pab them lawm.

Koj mus kawm paub ntxiv txog Medi-Cal hauv cov FAQ (cov lus nug uas nquag nug txog) rau cov uas yog tswv cuab nyob hauv tsab ntawv no.

Hauv qab no yuav muaj cov ntaub ntawv tseem ceeb uas yuav taw qhia koj paub txog tej kauj ruam tom ntej:

Tsis tas koj yuav rov ua ntawv thov rau Medi-Cal dua.

Koj twb muaj qhov restricted Medi-Cal lawm ces, koj tsis tas ua ntawv thov rau full Medi-Cal lawm. **Yog tias koj muaj npe tau txais full lossis SOC Medi-Cal, ces yuav tso koj npe nyob rau hauv yam tsis tas koj ua dabtsi.**

Yog tias koj tau txais cov ntaub ntawv kom rov tso npe dua rau Medi-Cal, muab ua kom tiav thiab muab xa rov qab tuaj. Koj hu tau mus rau lub chaw ua haujlwm xoom qhaub hauv koj zos yog xav tau kev pab.

Koj yuav txais tej kev kho mob li cas.

Feem ntau cov neeg uas muaj full Medi-Cal yuav txais lawv tej kev kho mob los ntawm Medi-Cal Managed Care Plan. Qhov Medi-Cal Managed Care Plan yog ib qho kev npaj kho mob uas koom tes nrog tej kws kho mob, tsev kho mob loj, thiab lwm cov neeg muab kev pab cuam kho mob uas nyob rau hauv koj cheeb tsam los muaj tej kev kho mob Medi-Cal uas koj xav tau.

Thaum koj koom nrog ib qho Medi-Cal Managed Care Plan, tej zaum koj tseem yuav tau txais qee cov kev kho mob los ntawm Fee-For-Service (regular) Medi-Cal uas tsis yog los ntawm koj qhov Medi-Cal Managed Care Plan. Nyob hauv cov nroog feem ntau, tej no muaj xws li tej kev saib xyuas mob hauv tsev thiab hauv zej zog, Medi-Cal tej kev pab cuam hauv khw muag tshuaj feem ntau, kev thum yeeb tshuaj dej cawv, thiab kev kho hniav.

Koj cov kev xaiv hauv Medi-Cal Managed Care Plan yuav yog nyob ntawm lub nroog uas koj nyob. Tej lub nroog tsuas muaj ib txoj kev npaj kho mob xwb. Tej lub nroog yuav muaj ntau txoj kev npaj kho mob rau koj los xaiv. Peb yuav xa ib tsab ntawv tuaj rau koj thiab cov ntaub ntawv txog qhov *My Medi-Cal Choice* nrog rau koj cov kev xaiv txoj kev npaj kho mob.

Koj yuav tau txais tej kev kho mob li cas yog tias koj muaj Medi-Cal uas nrog qhov nqi Share of Cost (SOC).

Yog tias koj muaj qhov SOC, tej zaum koj yuav tau txais tej kev kho mob los ntawm Fee-For-Service (regular) Medi-Cal uas tsis yog los ntawm qhov Medi-Cal Managed Care Plan. Tej zaum tsis tas koj yuav xaiv ib phau Medi-Cal Managed Care Plan hlo li. Nyob rau hauv qhov Fee-For-Service (regular) Medi-Cal, koj mus ntsib tau ib tug kws kho mob twg los tau uas txais yuav qhov Fee-For-Service (regular) Medi-Cal.

Koj yuav khaws zoo koj daim npav Medi-Cal Benefits Identification Card (BIC).

Koj daim npav BIC yog daim uas muaj cov paj xim kab ntxwv lossis yog daim xim xiav thiab dawb. Koj yuav nij daim npav no thaum koj siv kev full lossis SOC Medi-Cal. Hu mus rau koj lub chaw haujlwm xoom qhaub yog tias koj xav tau ib daim npav BIC tshiab.

Txhua zaus koj mus ntsib kws kho mob lossis kws kho hniav, koj yuav nqa koj daim npav BIC nrog koj mus. Thaum koj nyob rau hauv ib phau Medi-Cal Managed Care Plan, mam li muab ib daim npav rau koj los ntawm koj phau pov hwm tshiab. Koj yuav tau nqa ob daim npav no nrog koj thaum koj mus ntsib kws kho mob, kws kho hniav, thiab lwm tus uas muaj kev kho mob rau koj.

Muaj ntau yam kev pab rau koj thiab koj tsev neeg tuav nej li ntawv pov hwm Medi-Cal:

Koj xav tau kev pab ua lwm yam lus.

Yog tias koj xav tau kev pab ua lwm yam lus uas tsis yog lus Askiv, mus saib cov xov tooj uas qhia txog kev pab txhais lus nyob hauv tsab ntawv no. Mus tiv tauj kev pab txhais lus yog koj xav kom ib tug neeg pab txhais tsab ntawv no rau koj.

Koj xav tau cov ntaub ntawv ua lwm hom.

Koj mus thov kom muab tagnrho tej ntaub ntawv uas sau tawm txog koj li Medi-Cal ua lwm hom ntawv los tau. Muab ua tau ntawv Braille, sau kom cov ntawv loj, muab kaw suab lossis tso rau ib daim CD, lossis lwm hom ntawv los pab koj nkag siab thiab nyeem tau ntawv lossis ua tau tej ntaub ntawv tiav los tau. Yog xav thov kom ua tau li no, koj:

- Mus tau rau afs.dhcs.ca.gov. Ua raws li tej lus taw qhia los thov cov ntaub ntawv ua lwm hom.
- Hu rau **1-833-284-0040** (California Relay 711). Hu tuaj dawb xwb.
- Lossis hu rau koj lub tsev xoom qhaub hauv zos. Mus xyuas seb koj lub tsev xoom qhaub nyob rau qhov twg: dhcs.ca.gov/COL.

Yog xav tau kev pab tim ntsej tim muag, koj tiv tauj tau ib tug Health Enrollment Navigator uas nyob hauv koj zos. Mus xyuas GetMedi-CalCoverage.dhcs.ca.gov thiab xaiv qhov uas hais tias “Find Local Help” (Nrhiav kev pab haus zos).

Yog xav paub ntxiv txog Medi-Cal Managed Care Plans, hu rau Health Care Options ntawm 1-800-430-4263 (cov siv TDD/TTY hu tau 1-800-430-7077) hu dawb xwb. Lossis mus rau Health Care Options lub vej xaij ntawm healthcareoptions.dhcs.ca.gov.

Koj mus kawm paub ntxiv txog qhov Adult Full Medi-Cal Expansion ntawm DHCS lub vej xaij ntawm bit.ly/AdultExpansion.

Yog koj muaj lus nug txog ntaub ntawv nyob tebchaws no thiab qhov kev pab Medi-Cal:

Yog xav paub txog ntaub ntawv kev nkag teb chaws thiab chaw muab kev pab, mus rau California’s Immigrant Guide ntawm immigrantguide.ca.gov.

Lub U.S. Department of Homeland Security thiab U.S. Citizenship and Immigration Services TSIS xam tias kev kho mob, zaub mov noj, thiab vaj tse nyob muaj feem rau ib tug neeg

uas tso siab rau tsoom fwv los yug nws (public charge determination). Vim li ntawd, kev siv tej txiaj ntsim Medi-Cal (tsis suav cov tsev laus lossis tsev kho mob siab ntsws hlwb kev xav) yuav TSIS cuam tshuam ib tug neeg twg li ntaub ntawv nyob tebchaws no. Thaum ib tug neeg twg ua ntawv thov rau tej kev pab cuam uas tau lub xeev peev nyiaj pab, tsuas siv lawv li ntaub ntawv los txiaj txim seb lawv puas tsim nyog txais kev pab xwb. Tej kev cai hauv xeev tiv thaiv lawv tej ntaub ntawv kom tsis pub tawm rau sab nraud.

Yog xav paub ntiv txog txoj kev cai hais txog cov neeg uas tso siab rau tsoom fwv los yug lawv, mus nyeem phau ntawv California Health and Human Services Agency Public Charge Guide ntawm chhs.ca.gov/public-charge-guide.

Lub California Department of Social Services (CDSS) peev nyiaj ua rau tej koom haum nonprofit mus pov thawj los pab cov neeg khiav tebchaws uas nyob hauv California. Cov koom haum no muaj npe nyob rau hauv no bit.ly/immigration-service-contractors.

Ua tsaug,

Department of Health Care Services