

# Meeting Agenda

10:00 - 10:05	Welcome and Introductions

10:05 – 10:30 DHCS Updates

10:30 – 10:55 Stakeholder Updates

10:55 – 11:25 New Family PACT Benefits: Dr. Michael Policar

11:25 – 11:50 Contraceptive Use and Family Planning: Jacqueline Silva

11:50 – 11:55 Closing Remarks

# Welcome & Introductions

# DHCS Coverage Ambassadors

- **DHCS Top Goal:** Minimize beneficiary burden and promote continuity of coverage for Medi-Cal beneficiaries
- How you can help:
  - Become a DHCS Coverage Ambassador
  - Download the Outreach Toolkit on the DHCS Coverage Ambassador webpage
  - <u>Join the DHCS Coverage Ambassador mailing list</u> to receive updated toolkits as they become available.

# DHCS Coverage Ambassadors (Continued)

- Phase One: Encourage Beneficiaries to Update Contact Information
  - Already lanched
  - Multi-channel communication campaign to encourage beneficiaries to update contact information with county offices
  - Flyers in provider/clinic offices, social media, call scripts, website banners
- Phase Two: Watch for Renewal Packets in the mail. Remember to update your contact information.
  - Launch 60 days prior to COVID-19 PHE termination
  - Remind beneficiaries to watch for renewal packets in the mail and update contact information with county office if they have not already done so.

# **DHCS Updates**

# DHCS Updates

- CalHEERS
- Family PACT Regulations
- Remote Client Enrollment Policy
- PAVE
- Provider Enrollment and Responsibilities Policy

# **Stakeholder Updates**





Michael Policar MD, MPH
Professor Emeritus of Ob, Gyn, & RS
UCSF School of Medicine
Medical Consultant, Office of Family Planning, CAPTC



#### **New Contraceptive Products**

- One-year contraceptive vaginal ring [CVR] (Annovera)
- Contraceptive vaginal gel (Phexxi)
- Lower dose contraceptive patch (Twirla)
- Generic version of NuvaRing (EluRyng)
- DMPA-SQ (not new, but "discovered" by many clinicians and consumers since the public health emergency)
- Drospirenone progestin-only pill (Slynd)
  - Not a Family PACT or Medi-Cal benefit

## EE/SGA (Annovera) Contraceptive Vaginal Ring (CVR)

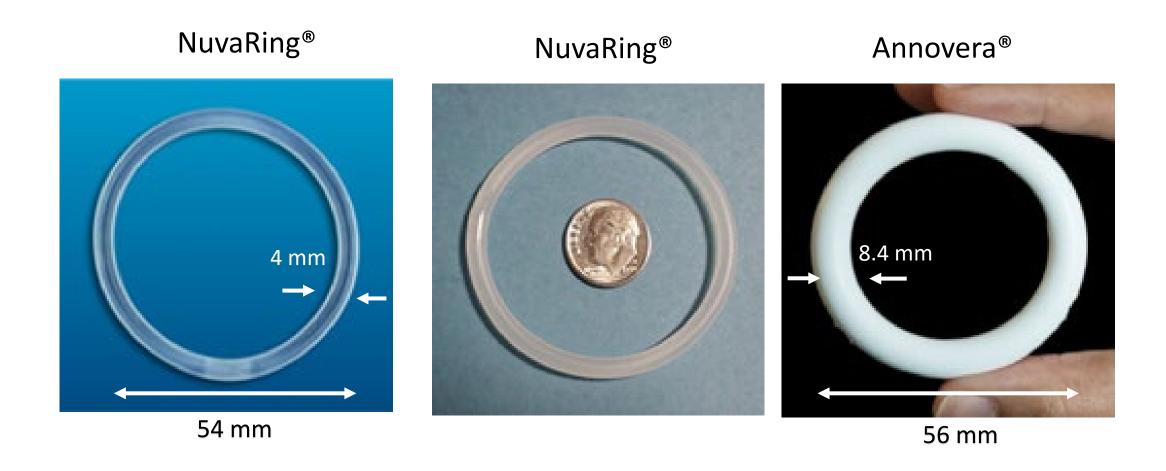


# Comparison of CVRs

	EE/ETG (NuvaRing)	EE/SGA (Annovera)
Lifespan	30 days	1 year
Progestin release rate	Etonogestrel (ETG) 120 mcg/day	Segesterone (SGA) 150 mcg/day
EE release rate	15 mcg/day	13 mcg/day
Diameter Thickness	54 mm 4 mm	56 mm 8.4 mm
'Plastic'	Ethylene-vinyl acetate	Silicone

**EE: Ethinyl estradiol** 

# **Contraceptive Vaginal Rings**



## Family PACT Contraceptive Benefits

#### Contraceptive vaginal rings (October 1, 2021)

- J7294 CVR (EE/SGA; Annovera)
  - One ring per dispensing
  - Maximum of two dispensings in a 12-month period
- J7295 CVR (EE/ETG; NuvaRing)
  - Up to 13 rings
  - Maximum of two dispensings in a 12-month period
- TAR is required for 3<sup>rd</sup> supply of the same product requested < 1 year

## Contraceptive Vaginal Gel (Phexxi®)

- Lactic acid, citric acid, and potassium bitartrate vaginal gel
  - Acidic pH (3.5-4.5) reduces sperm motility
  - Effective only before sex; not afterward
  - 1 applicator < 1 hour *before each* episode of vaginal sex
- Prescription only...to optimize counseling about correct use
- 7-cycle typical use pregnancy rate: 13.7% (= to diaphragm)
  - Pearl Index (est): 27.5 failures per 100 couples/year

## Family PACT Contraceptive Benefits

### Phexxi® Contraceptive Vaginal Gel (July 2021)

- HCPCS Code: A4269 U5
- 1 box (12 single-use applicators)
- 3 dispensings per 75-days
- Restricted to NDC labeler code 69751

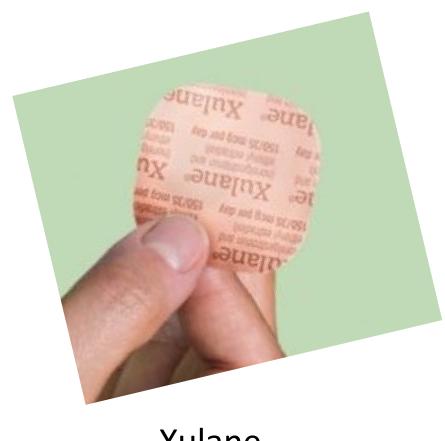
## EE/LNG (Twirla®) Contraceptive Patch

- Twirla: EE 30 mcg + levonorgestrel 120 mcg/ day
  - Compared to Xulane<sup>®</sup>: EE 35 mcg + norelgestromin 150 mcg/day
- Two "Black Box" warnings (for both patches)
  - Contraindicated in women with BMI ≥30 kg/m<sup>2</sup>
    - Reduced effectiveness
    - May have a higher risk for venous TE events
  - Same cardiovascular contraindications as OC, ring
- Twirla efficacy (typical use): 5.8 pregnancies/100 women/year
  - BMI  $< 25 \text{ kg/m}^2$ : 3.5
  - BMI ≥25 and <30: 5.7 "

# Comparison of Contraceptive Patches

	EE/NGMN (Xulane)	EE/LNG (Twirla)
Progestin	150mcg/day NGMN	120mcg/day LNG
Estrogen*	35mcg/day EE	30mcg/day EE
Size	14 cm <sup>2</sup>	28 cm <sup>2</sup>
Lifespan	1 week New patch weekly	1 week New patch weekly
Materials	Polyethylene outer Polyester inner	Skinfusion® (no latex)

# Comparison of Contraceptive Patches







Twirla

### Family PACT Contraceptive Benefits

#### Contraceptive patches

- Norelgestromin/EE (Xulane) J7304-U1
- Levonorgestrel/EE (Twirla) J7304-U2
  - The dispensing of up to the maximum quantity is intended for clients on continuous cycle  $(4 \times 13 \text{ cycles} = 52)$
- A 12-month supply of the same product of patches may be dispensed twice in one year
- A TAR is required for the third supply of up to 12 months of the same product requested within a year

#### Alternatives to DMPA-IM

- In-person visit, IM injection in clinic
- In-person visit, curbside injection
- In-person visit, IM injection in pharmacy by pharmacist
  - Effective 9/1/20
- Switch to self-injected DMPA-SQ
- Switch to a "bridge" method
  - Progestin-only pills
  - Combined hormonal methods: OC, patch, ring
  - Barrier method

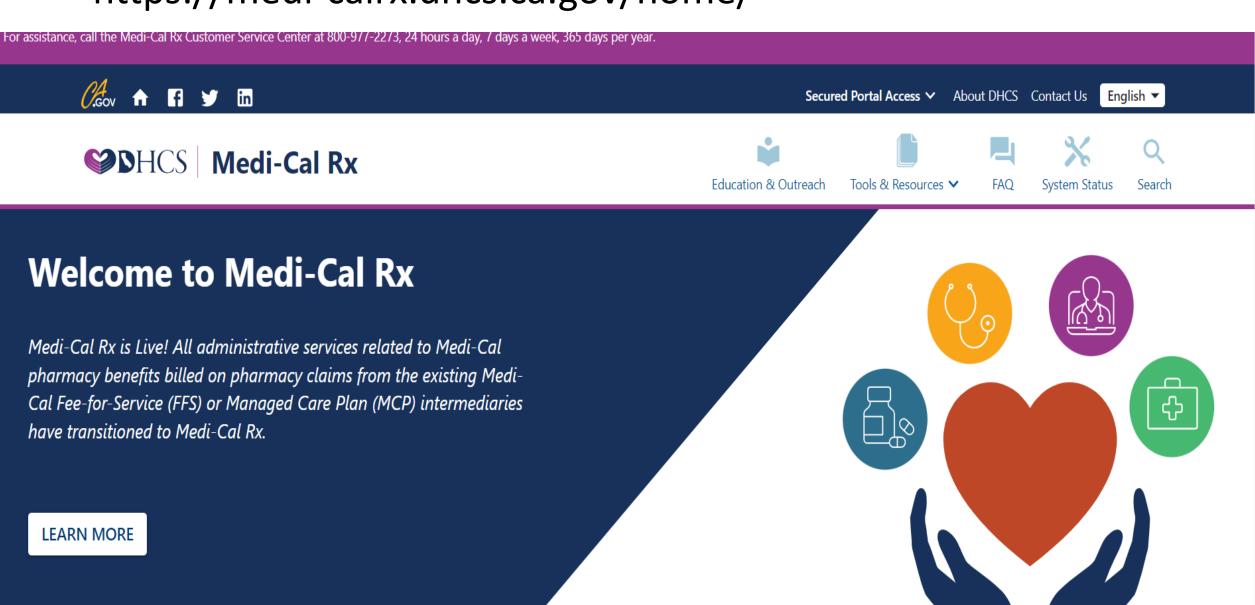
### Family PACT Contraceptive Benefits

#### DMPA-SQ 104 mg

- DMPA-SQ can be dispensed by a pharmacy directly to a Family PACT client for self-administration at home
- Temporary pharmacy benefit, Sept 2020
- Permanent pharmacy benefit, June 2021
- Earliest refill: 80 days

Reminder: the FPACT Pharmacy Formulary is on Medi-Cal Rx Website (no longer in the FPACT Policies, Procedures, and Billing Instructions (PPBI) manual)

## https://medi-calrx.dhcs.ca.gov/home/



#### Medi-Cal Rx and Family PACT

- Administration of Medi-Cal pharmacy benefits, including Family PACT, through the fee-for-service delivery system
- Includes all pharmacy services billed as a pharmacy claim
  - Family PACT *pharmacy claims* will be processed through the Medi-Cal Rx secure provider portal
- **Does not** include pharmacy services billed as a medical (professional) or clinic-dispensed, or institutional claim
- https://familypact.org/wp-content/uploads/2021/12/Flyer\_MCalRx.pdf

#### **UPDATE**: Duration of Use For LARC

	FDA-Approved	Evidence-Based
Paragard	10 years	12 years
Mirena	7 years	7 years
Liletta	6 years	7 years
Kyleena	5 years	5 years
Skyla	3 years	3 years
Nexplanon	3 years	5 years
DMPA-IM	13 weeks	15 weeks
DMPA-SQ	13 weeks	15 weeks





July 23, 2021

# Sexually Transmitted Infections Treatment Guidelines, 2021

### Family PACT Benefit for HPV Vaccination

- Coverage is restricted to individuals ages 19 to 45
- Use the following CPT codes for HPV vaccine and administration
  - 90651: 9vHPV vaccine
  - 90471: Immunization administration
- For individuals ages 27-45, the CDC ACIP recommends vaccination based on *shared decision-making* 
  - The shared decision-making discussion must be documented
- Bill with the ICD-10 code that identifies the client's contraceptive method
  - Not reimbursable with diagnosis codes Z30.012, Z30.09, or Z31.61

#### Multi-site GC and CT screening

- Family PACT (and Medi-Cal) frequency limits for GC/CT are up to three tests per recipient, per day (as of Sept. 2018)
- Use separate NAAT test kits regardless of genital, anal, or oropharyngeal sample site
- CPT codes are the same, so label samples clearly
- Don't forget to include ICD-10 diagnosis codes on lab slips

#### Treatment of GC and CT

- PPBI has been modified to include 2021 CDC recommendations
- All CDC recommended regimens are covered

#### **Expedited Partner Treatment (EPT)**



- CDC, 2021: Responsibility for discussing partner treatment rests with diagnosing provider and the patient
- Bring Your Own Partner ("BYOP")
  - Bring their partner(s) with them at the time of treatment
- Patient-delivered partner therapy (PDPT)
  - Provide patient with drugs intended for partners
  - Prescribe extra doses in the index patients' name
  - Write prescriptions in the partners' names
  - Ideally with written instructions for the partner(s)

#### Patient Delivered Partner Therapy (PDPT)

- If a Family PACT client is diagnosed with GC, CT and/or trichomoniasis and EPT is medically necessary to prevent reinfection of the client, the provider may either
- Dispense medication directly to the client to provide to his/her partner(s), or
- Provide the client with a prescription (in the client's name) for medications with a quantity and duration of therapy sufficient to treat the acute infection in the client and partner(s)

#### Mycoplasma genitalium

- M gen test 87563 added as a diagnostic test for recurrent urethritis, cervicitis, and in some cases of PID (effective 5/1/22)
- •For persistent and/or recurrent cervicitis or nongonococcal urethritis of penis that has not responded to treatment with doxycycline or azithromycin, Family PACT covers
- Doxycycline mg PO BID for 7 days, then
- Moxifloxacin 400mg PO once daily for 7 days
  - Pharmacy dispensing only; requires a TAR
  - Reference: ben grid, page 22

#### Diagnosis and Treatment of Trichomoniasis

- NAAT (87661) and OSOM Rapid Trich® (87808) tests covered as
- Diagnostic tests
- Annual screening for asymptomatic women with HIV infection
- "Might be considered for asymptomatic women at high risk for infection, including those with multiple sex partners, those who engage in transactional sex, and those with a history of drug misuse or STIs"
- New CDC-recommended treatments are covered
- Females: metronidazole 500 mg orally twice a day for 7 days
- Males: metronidazole 2gm single dose
- Reference: ben grid, page 22

# Expanded Syphilis Screening Recommendations for the Prevention of Congenital Syphilis

Guidelines for California Medical Providers
2020

Required in CA by SB 306, signed by Gov. Newsom on 10.4.2021

These guidelines were developed by the California Department of Public Health (CDPH) Sexually Transmitted Diseases (STD) Control Branch in conjunction with the California STD/HIV Controllers Association, and the California Prevention Training Center.

https://mcweb.apps.prd.cammis.medi-cal.ca.gov/file/reference? fn=Expanded\_Syphilis\_Screening\_Recommendations\_for\_the\_Prevention of Congential Syphillis.pdf

# Syphilis Screening for All People Who Could Become Pregnant



#### Two new, important recommendations

- All sexually active people who could become pregnant should receive at least one lifetime screen for syphilis, with additional screening for those at increased risk
- All sexually active people who could become pregnant should be screened for syphilis at the time of each HIV test

### Syphilis Screening

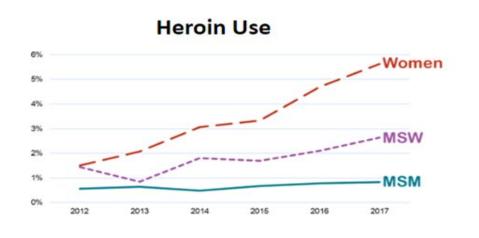


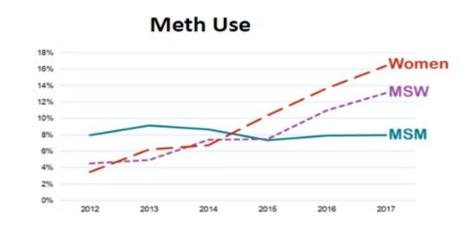


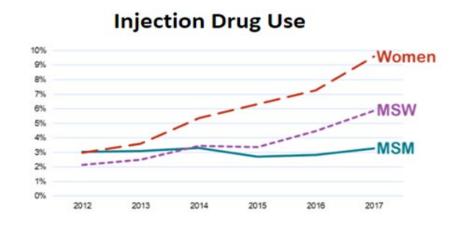
- MSM (men having sex with men), MSMW (a man who has sex with men and women)
   & TGW (transgender women): screen annually; more frequently if at increased risk
- HIV-seropositive (all genders): screen annually; more frequently if at increased risk
- Using HIV PrEP (all genders): screen every 3 months
- History of syphilis infection
- Diagnosis of another STI within the past 12 months
- Pelvic pain or a diagnosis of pelvic inflammatory disease (PID)
- Multiple sex partners
- Sex partners who are MSMW or who have other concurrent partners

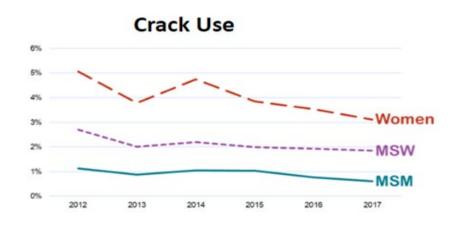
# Drivers and Determinants for the Rising Incidence of Syphilis in Women

#### Substance Use Among Syphilis Cases









### Syphilis Screening





- Social determinants
  - Recent incarceration or a sex partner who was recently incarcerated
  - Individuals with a history of commercial sex work
  - Having sex in exchange for resources, such as money or drugs
  - Having sex under the influence of alcohol or drugs
  - Methamphetamine use, intravenous drug use
  - Homeless or unstable housing
- Regional variations (hot spots): living in a local health jurisdiction with
  - High syphilis rates among females
  - High-congenital syphilis rates

## Syphilis Screening: Traditional Algorithm

#### Non-treponemal tests (RPR, VDRL)

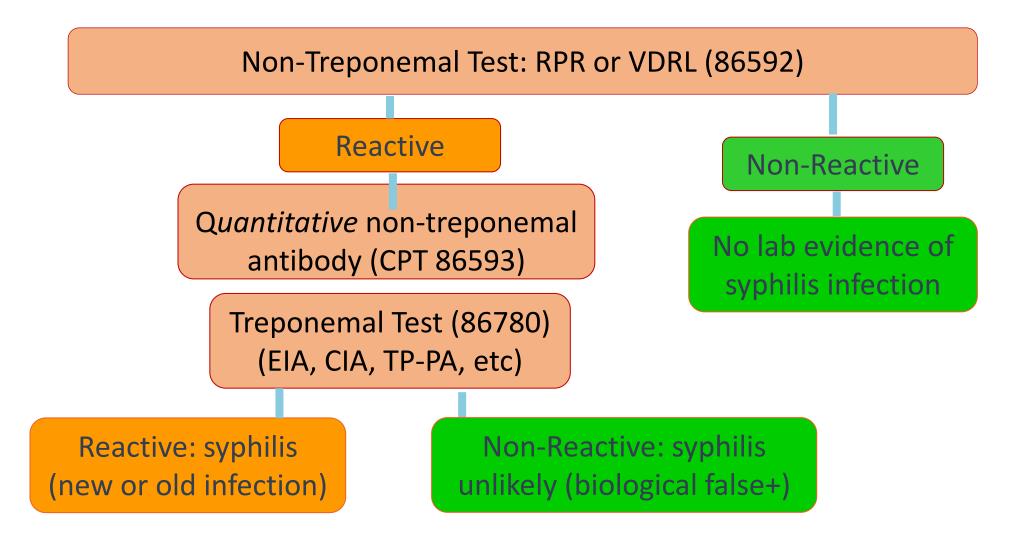
- Non-specific to Treponema pallidum
- Qualitative or quantitative
- Reactivity declines with time



#### Treponemal tests (EIA, CIA, TP-PA, FTA-Abs)

- Specific to Treponema pallidum
- Qualitative
- Reactivity persists over time

## Syphilis Screening: Traditional Algorithm



## Syphilis Screening: Reverse Sequence Algorithm

#### Treponemal tests (EIA, CIA, TP-PA, FTA-Abs)

- Specific to *Treponema pallidum*
- Qualitative
- Reactivity persists over time

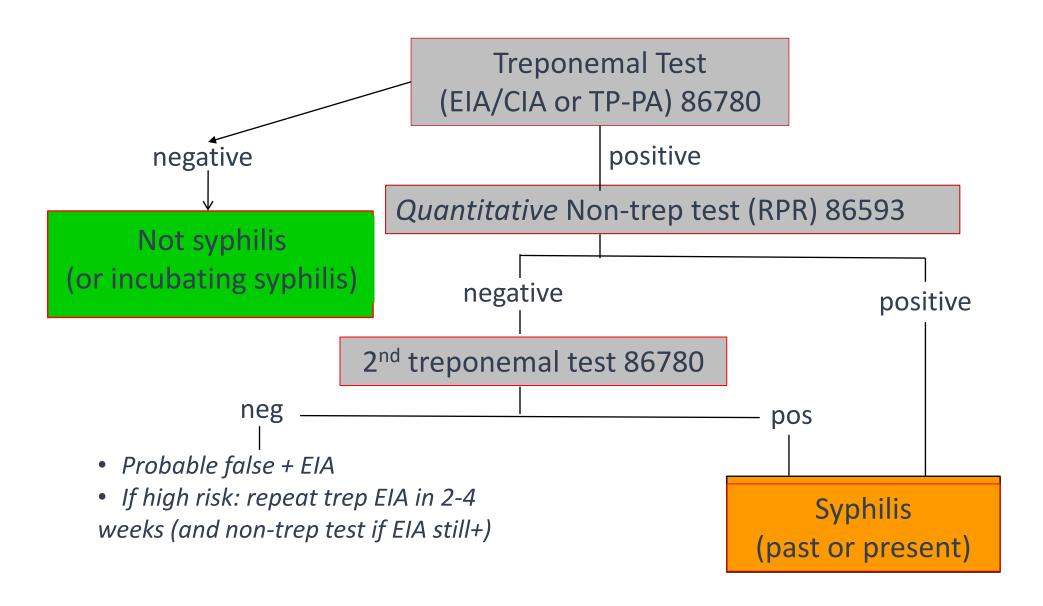


Reflex to

#### Non-treponemal tests (RPR, VDRL)

- Non-specific to Treponema pallidum
- Quantitative
- Reactivity declines with time

## Reverse Sequence EIA/CIA Algorithm



## Why Switch to EIA/CLIA for Syphilis Screening?

- Automated (high throughput)
- Faster results
- Low cost in high volume settings
- Less lab occupational hazard (pipetting)
- No false negatives due to prozone reaction
- Objective results

## Syphilis Screening Algorithm Comparison

	Traditional	Reverse
Advantages	<ul><li>Recommended by CDC</li><li>Cost effective</li><li>More familiar</li></ul>	<ul> <li>Higher specificity (less false positives)</li> <li>Higher sensitivity (less false negatives)</li> </ul>
Disadvantages	<ul> <li>May miss very early or late infection</li> </ul>	<ul> <li>Result interpretation can be challenging</li> <li>May require additional testing for discordant results (ex. Non-reactive RPR, reactive TPPA)</li> </ul>

Source: Dunseth, et al (2017). Traditional versus reverse syphilis algorithms: A comparison. Prac Lab Med. Ortiz et al (2020). The traditional or reverse algorithm for diagnosis of syphilis: Pros and cons. Clinc Infec Diseases.

Theel & Binnicker (2014). Reverse sequence screening for syphilis. Clinc Lab News.

## Family PACT STI Benefits

### Diagnosis of Syphilis

- Both traditional algorithm and reverse screening algorithm are now Family PACT benefits
- Ensure that your clinicians are following the 2020 CDPH syphilis screening guidelines

## Syphilis: What Can Reproductive Health Providers Do?

- Check with your local or state health department to determine whether you are in a "hot spot" area
  - Ask your lab to supply a two-year syphilis positivity rate
- In-service clinicians re: USPSTF syphilis screening guidelines
- Offer screening: intending pregnancy, infertility w/u, IUD or implant removal for pregnancy, pregnancy test visit negative
- Offer treatment for confirmed syphilis cases, or have established referral pathway for treatment
- Collaborate with health department initiatives

## Keeping Up with Family PACT Benefits

Select Language 

Select Language 

Select Language 

Family ACT

Familypact.org



#### **Providers**



How to Enroll

Learn how to become a Family PACT Provider



Stay in Touch

Sign up for our newsletter



COVID-19 Resource

COVID-19 Vaccination: Questions and Answers for Family

Planning Clients

#### Clients



Birth Control Methods

Learn about the <u>birth control methods</u> covered by the Family PACT program

**Find Providers** 



Am I Eligible for Family PACT?

Family PACT covers the family planning needs of California residents who are low income and who have no other source of coverage. <u>Learn if you are eligible for Family PACT</u>.

#### https://familypact.org/clinical-resources/

#### **Clinical Resources**

Providing family planning providers with the most updated and evidencedbased clinical resources to enable the highest standards of care.

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Family PACT Update Bulletin: April

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# California Health Interview Survey (CHIS)

- Largest state survey on health topics
- 90% web-based,10% RDD Survey
- Administered bi-annually, ~50,000 households
- 5 Languages: English, Spanish, Chinese (Mandarin & Cantonese dialects), Vietnamese, & Korean
- Interviews 1 adult and when children in home
  - Interviews 1 teen (12-17) and asks about 1 child <12</li>
- CHIS is a collaborative project of the UCLA Center for Health Policy Research, CDPH, DHCS, & PHI

# CHIS Data, Weighting, & Limitations

- Registration & Access
  - AskCHIS
  - Public Use Files (PUFs), requires statistical software
  - Confidential Data Files, requires IMD protocols
- Sample Weighting
  - Compensate for differential probabilities of selection for households & persons
  - Reduce biases occurring because non-respondents may have different characteristics than respondents
  - Adjust for under-coverage in the sampling frames and in the conduct of the survey
  - Reduce the variance of the estimates by using auxiliary information
- Limitations
  - Cross-sectional
  - Respondent bias
  - Low Ns for certain race/ethnic groups

# Family Planning Survey Topics

- Pregnancy Plans (females)
- Birth Control Use
- Birth Control Methods Used
- Reason for Not Using Birth Control
- Family Planning Counseling and Information
- Provision of Birth Control and Location Type

# CHIS 2019-2020 Family Planning Respondents Demographics

Gender	Age	Group	Universe
Female	18-44	Adult	<ul> <li>Heterosexual/straight or bisexual</li> <li>At least one opposite-sex sexual partner in the past 12 months</li> <li>Not currently pregnant</li> <li>Able to become pregnant</li> </ul>
Male	18-54	Adult	<ul> <li>Heterosexual/straight or bisexual</li> <li>At least one opposite-sex sexual partner in the past 12 months</li> <li>Able to cause a pregnancy</li> </ul>
Female	12-17	Teen	
Male	12-17	Teen	

# CHIS 2019-2020 Adult Respondents

## Pregnancy Plans and Birth Control Use

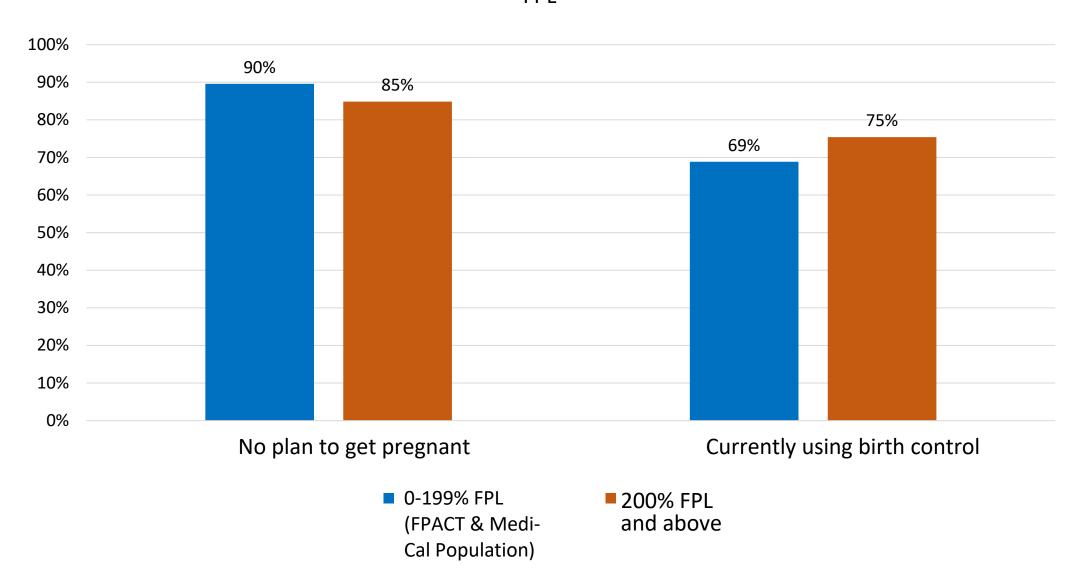
#### Respondents:

- Adult females
- Not currently pregnant
- Have ability to get pregnant / cause a pregnancy

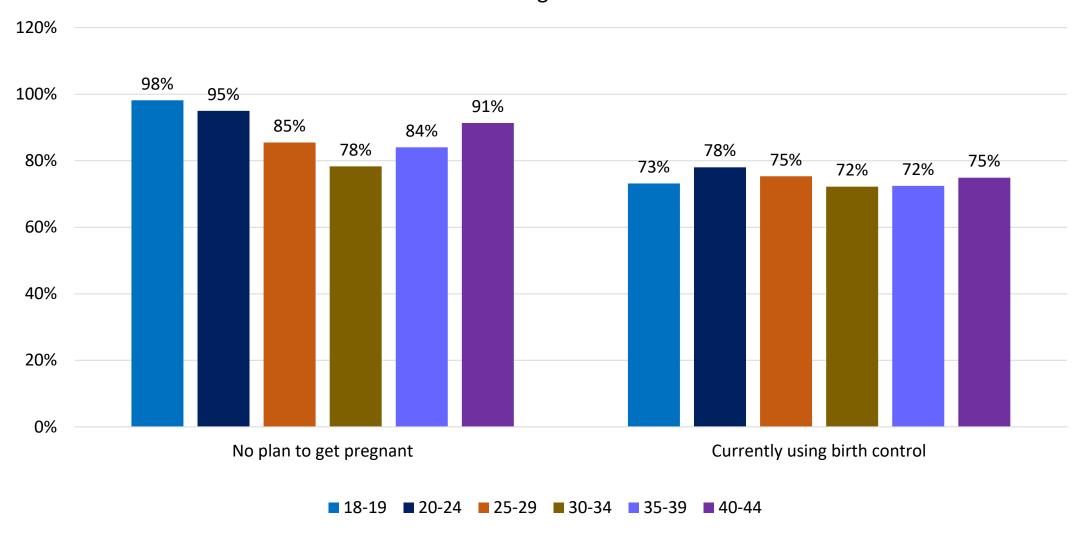
#### **Definitions:**

 FPL: respondent Federal Poverty Level based on Federal Poverty Guidelines

# CHIS 2019-2020 Adult Females Pregnancy Plans & Birth Control Use by FPL



# CHIS 2019-2020 Adult Females Pregnancy Plans & Birth Control Use by Age

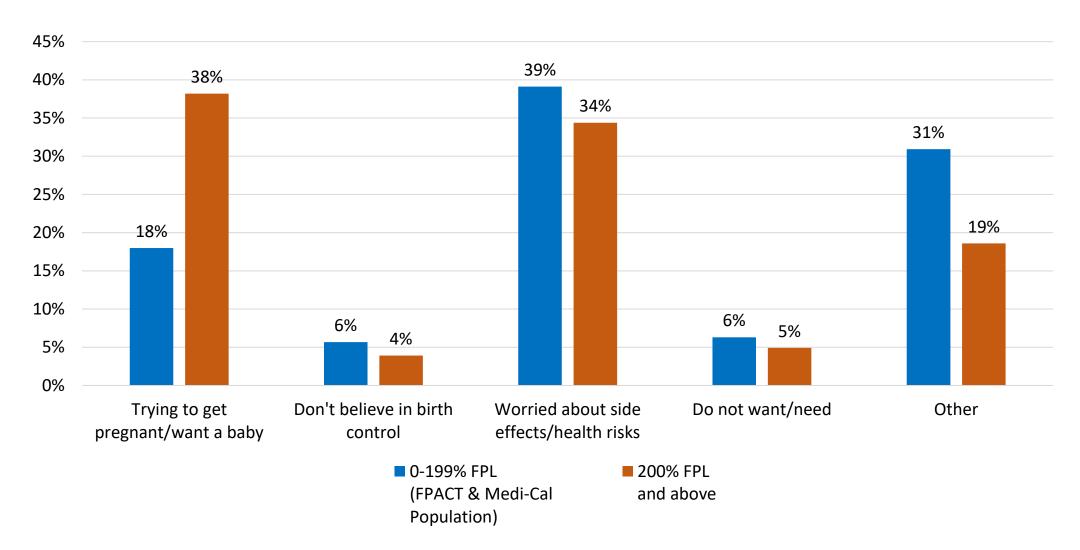


# Not Using Birth Control

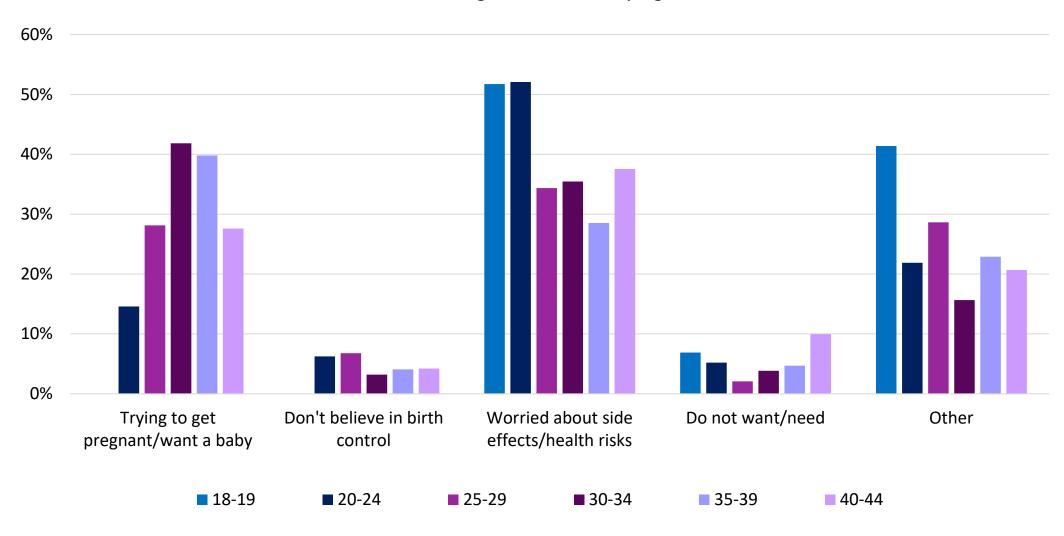
#### Respondents:

- Adult females
- Not using birth control with opposite-sex sexual partner
- Not currently pregnant
- Have ability to get pregnant / cause a pregnancy

## CHIS 2019-2020 Adult Females Not Using Birth Control by FPL



CHIS 2019-2020 Adult Females Not Using Birth Control by Age



# Provision of Birth Control & Counseling

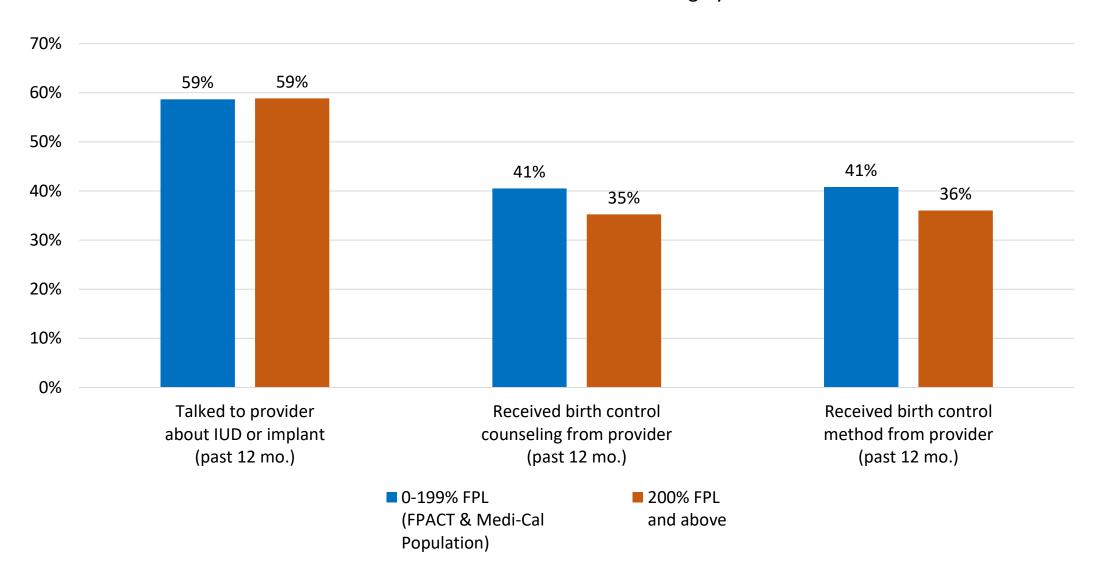
#### Respondents:

Adult females

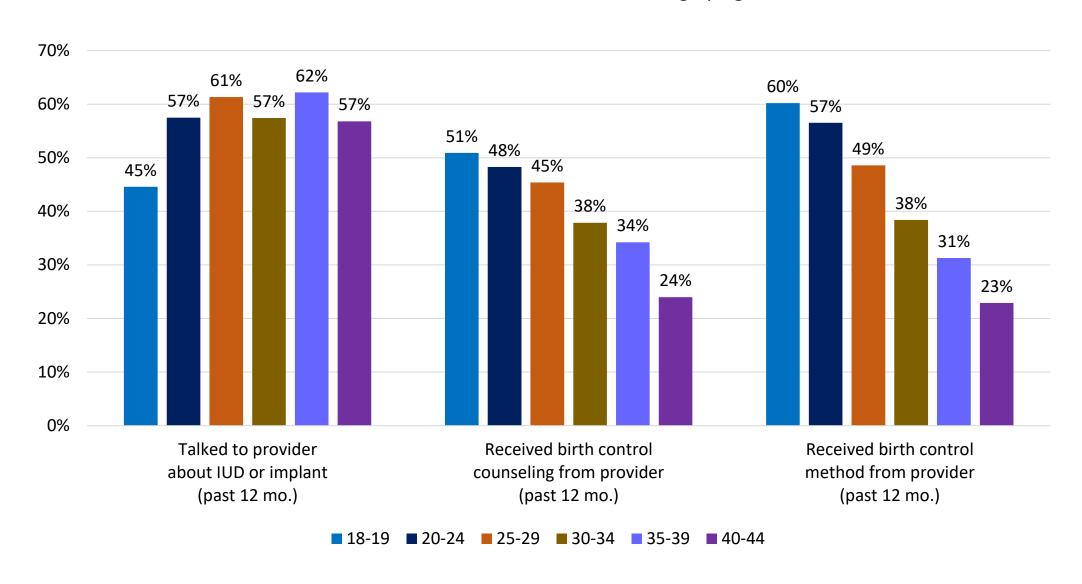
### Definitions:

- Provider: doctor, family planning counselor, or another clinic provider
- Provision of birth control: receiving a birth control method or birth control prescription from a doctor or clinic

## CHIS 2019-2020 Adult Females Provision of Birth Control & Counseling by FPL



## CHIS 2019-2020 Adult Females Provision of Birth Control & Counseling by Age



## Birth Control Methods Received

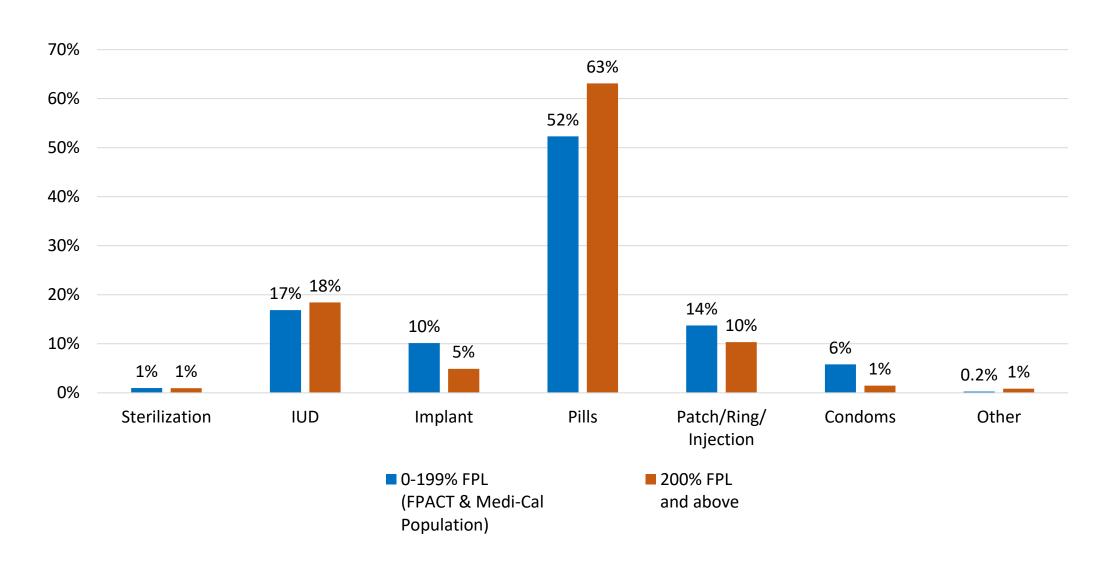
#### Respondents:

- Adult females
- Provision of birth control in the past 12 months

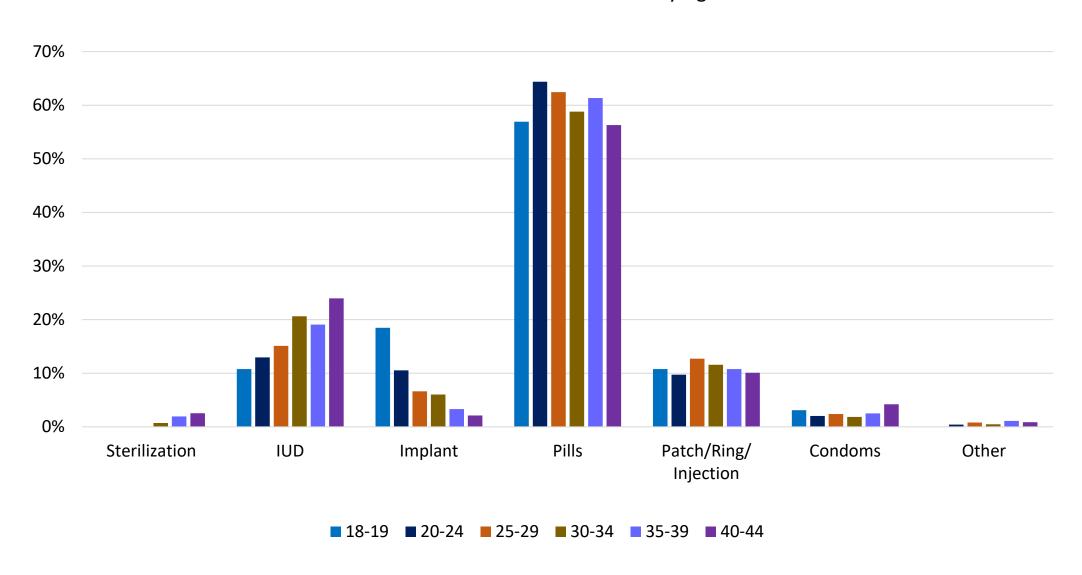
#### Definitions:

• County or community clinic: county health department, family planning clinic, or community clinic

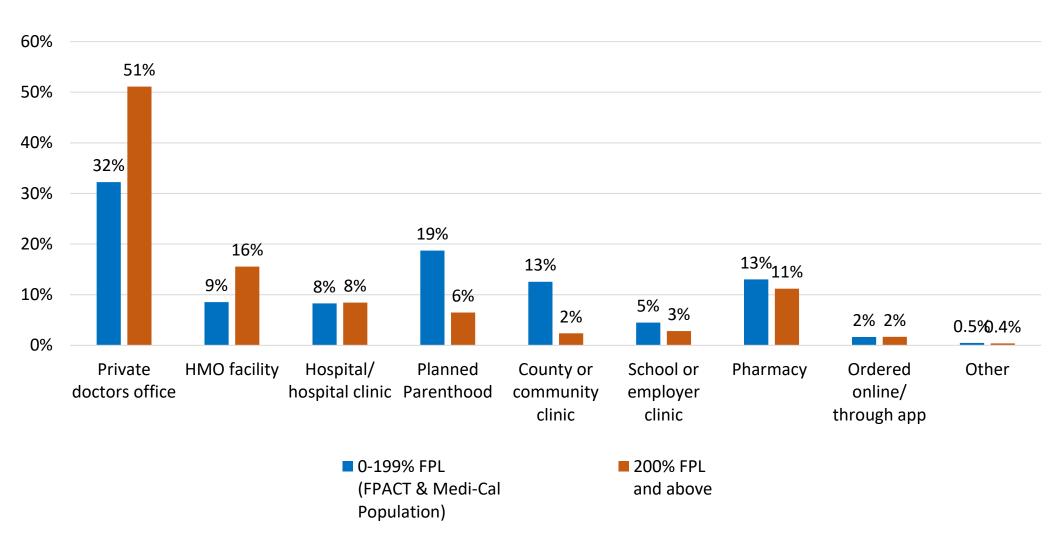
## CHIS 2019-2020 Adult Females Birth Control Method Received by FPL



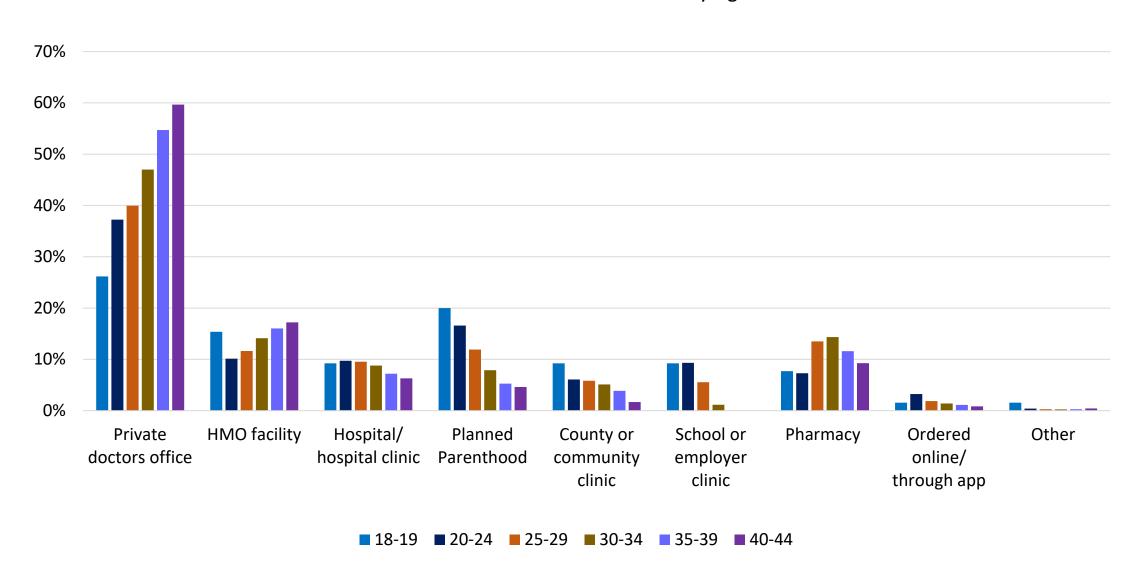
# CHIS 2019-2020 Adult Females Birth Control Method Received by Age



## CHIS 2019-2020 Adult Females Location Received Birth Control by FPL



#### CHIS 2019-2020 Adult Females Location Received Birth Control by Age



# CHIS 2019-2020 Teen Respondents

# Birth Control Counseling

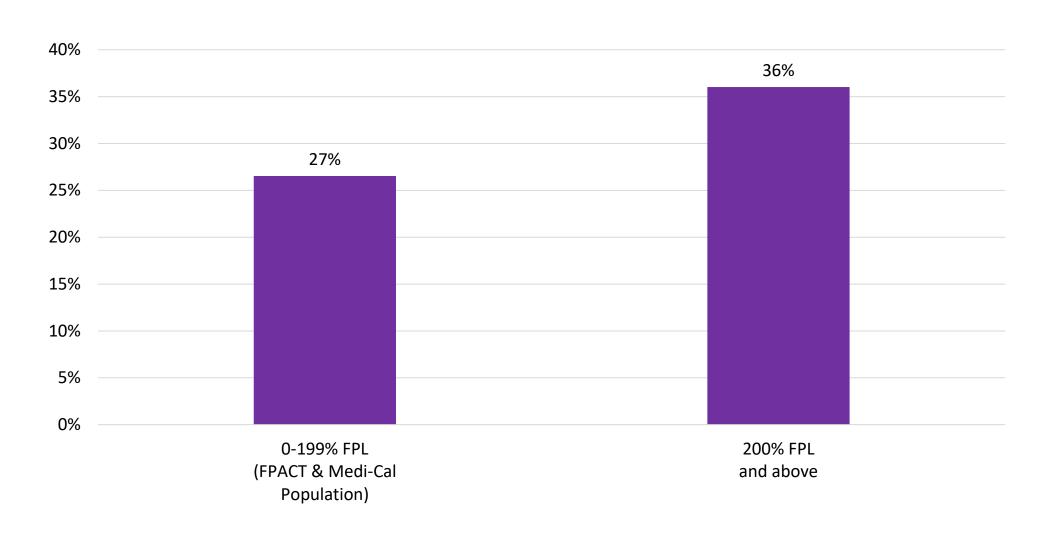
#### Respondents:

- Teen females
- Teen fales
- Have had sexual intercourse

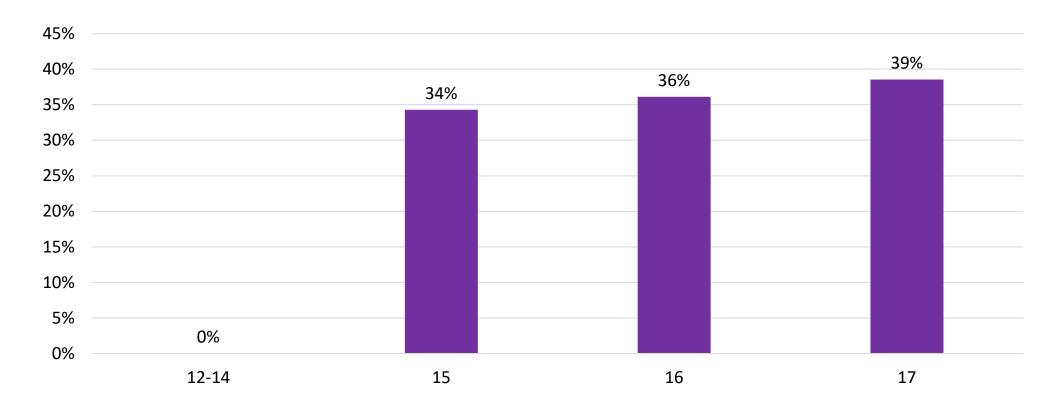
#### Definitions:

• Birth control counseling: Received birth control information or birth control counseling from a provider in the past 12 months

# CHIS 2019-2020 Teens Birth Control Counseling by FPL



CHIS 2019-2020 Teens Birth Control Counseling by Age

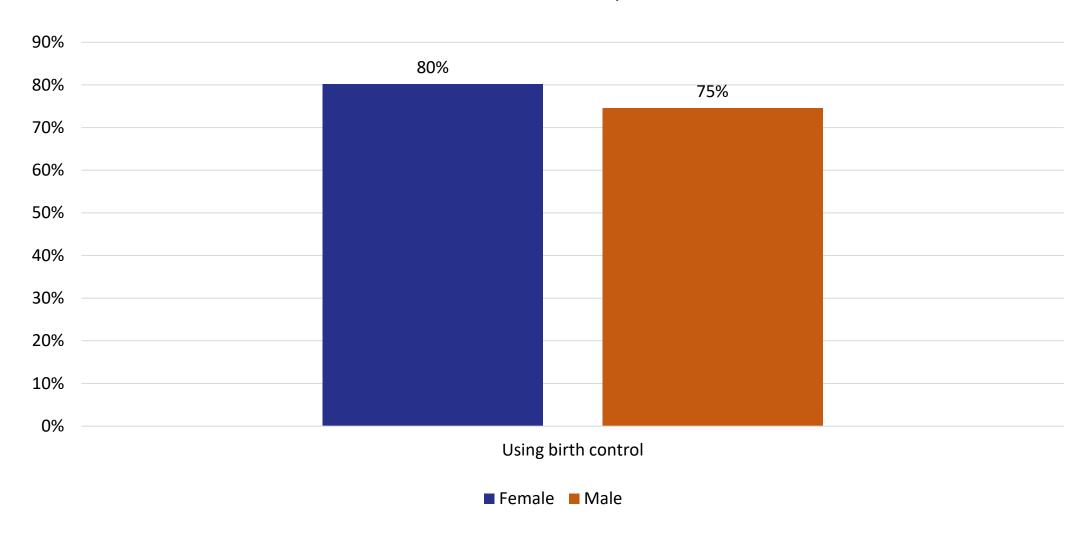


# Birth Control Use and Method

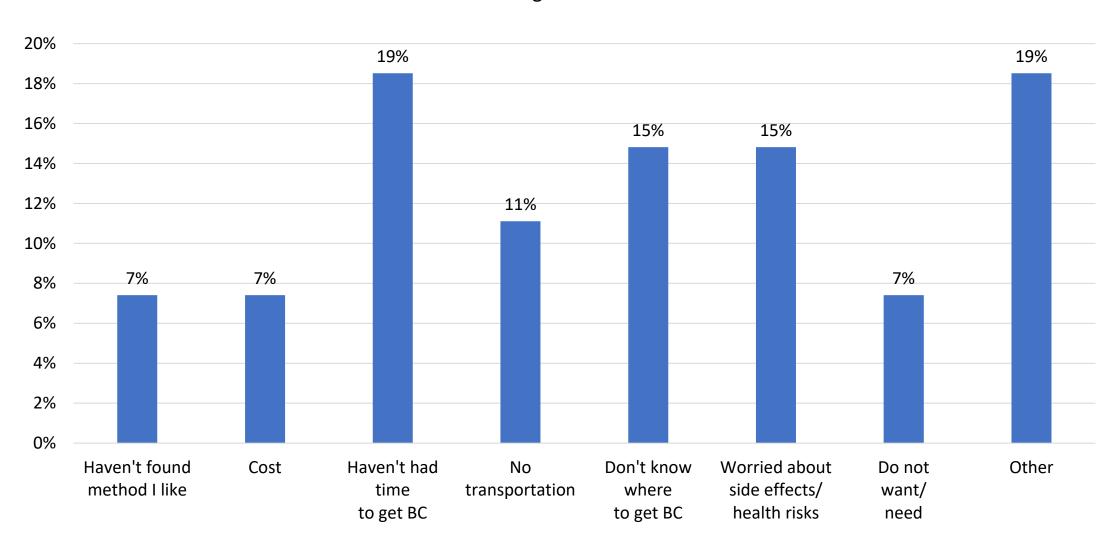
#### Respondents:

- Teen females
- Teen males
- Have had sexual intercourse
- Ages 15-17

#### CHIS 2019-2020 Teens Birth Control Use by Sex



## CHIS 2019-2020 Teens Not Using Birth Control

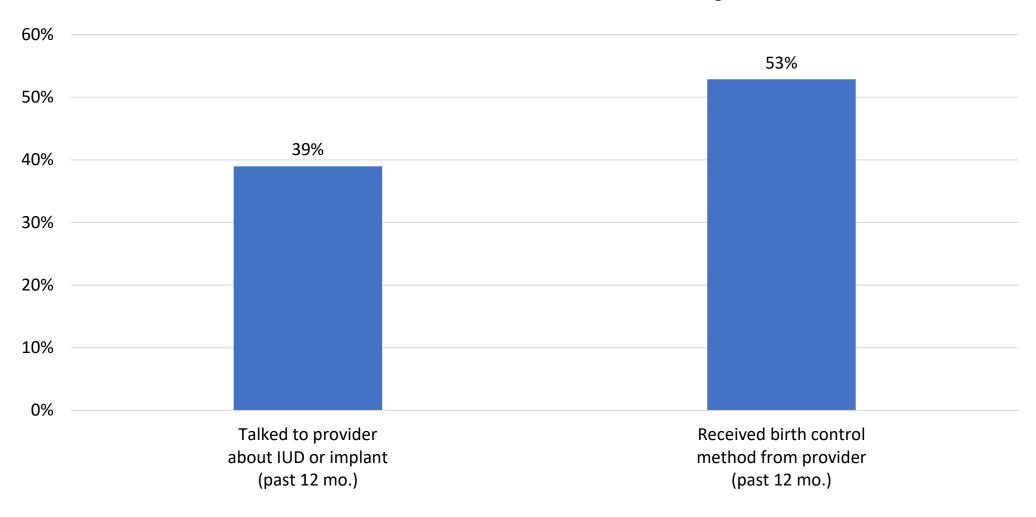


#### Provision of Birth Control

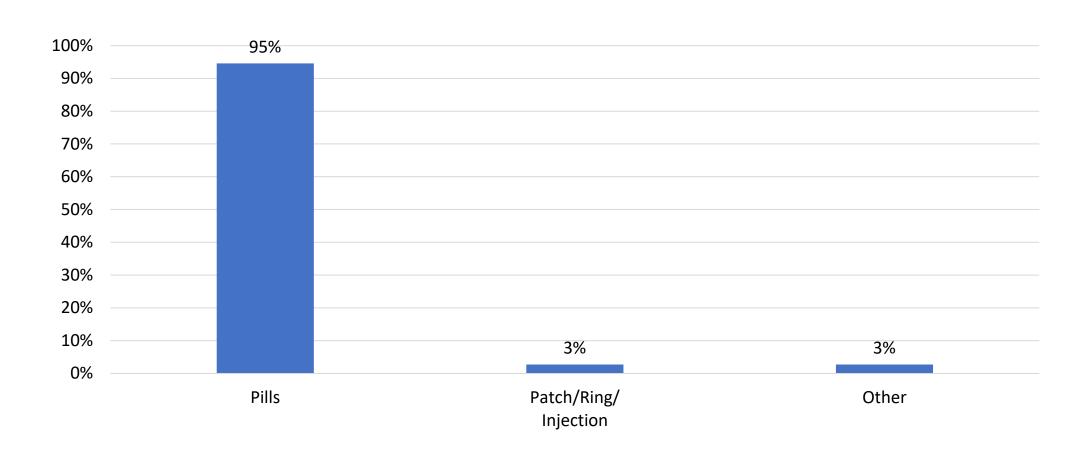
#### Respondents:

- Teen females
- Have had sexual intercourse
- Ages 15-17

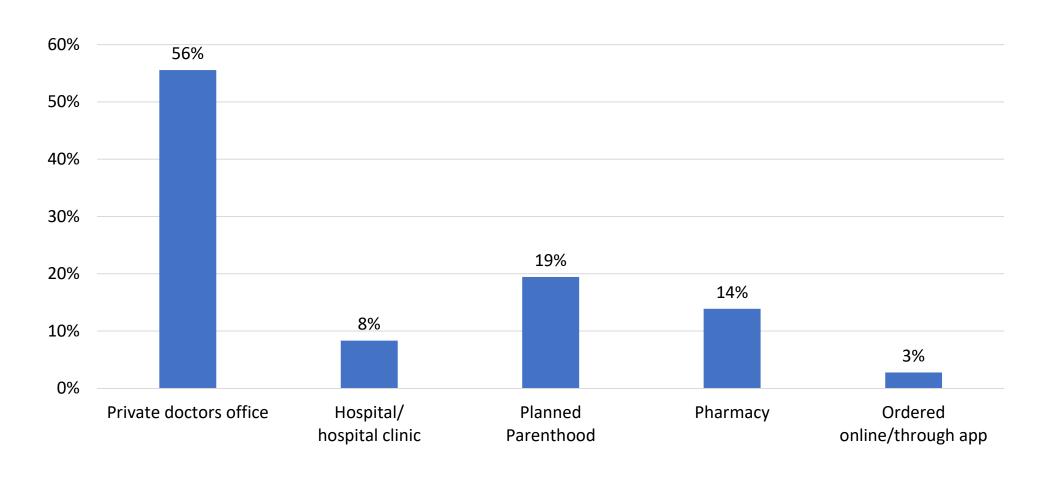
## CHIS 2019-2020 Teen Females Provision of Birth Control & LARC Counseling



#### CHIS 2019-2020 Teen Females Birth Control Method Received



#### CHIS 2019-2020 Teen Females Location Received Birth Control



# CHIS 2019-2020 Family Planning Adult Summary

- Women\*
  - o 85-90% have no plan to get pregnant within the next 12 months
  - Nearly 60% say they've talked to a provider about an IUD or implant and approx. 25% received an IUD or implant
  - The majority of birth control (BC) received across income levels and age continues to be pills
- Younger Women\*
  - More likely to receive implants
  - 18-19 were the least likely to intend on becoming pregnant and had one of the lowest
     BC use rates
  - 18-24 were the most concerned about the health risks/side effects of using BC
- Older Women\*
  - More likely to receive sterilization, IUDs

<sup>\*</sup> sexually active, heterosexual or bisexual, with an opposite-sex sexual partner within the last 12 months, of childbearing age, able to get pregnant or cause a pregnancy

## Adult Summary (Continued)

- Lower Income Women\*
  - More likely to receive condoms, implants, patch/ring/injection than higher income
  - o More likely to receive BC from a county or community clinic or a Planned Parenthood
  - Less likely to intend on becoming pregnant as well as less likely to use BC
  - Concerned about health risks/side effects (the number one reason given for not using BC)
- Higher Income Women\*
  - More likely to receive IUD, pills than lower income
  - o Much more likely to receive BC from a private doctor's office or HMO facility than lower income
  - Twice as likely to give "trying to have a baby" as the reason they were not using BC compared to lower income
  - Concerned about health risk/side effects of BC (second highest reason)
- sexually active, heterosexual or bisexual, with an opposite-sex sexual partner within the last 12 months, of childbearing age, able to get pregnant or cause a pregnancy

# CHIS 2019-2020 Family Planning Teen Summary

#### • Teens\*:

- Lower income were less likely to have received BC counseling than higher income
- Over half not using BC reported some barrier to access (cost, transportation, time, knowledge of where to get it)
- More than half receiving BC received from a private doctor's office and nearly 20% from a Planned Parenthood
- 95% of females teens\* receiving BC from a provider received pills

<sup>\*</sup>sexually active

Questions?

## Family PACT Program Assistance

To better serve providers and stakeholders, the Family PACT Program has established the following email boxes:

- For questions regarding Family PACT provider enrollment and recertification, please contact <u>ProviderServices@dhcs.ca.gov</u>
- For questions regarding provider training and orientation, please contact OFPProviderTrainings@dhcs.ca.gov
- For all Stakeholder related inquiries, please contact <u>OFPStakeholder@dhcs.ca.gov</u>
- For questions regarding provider reviews, please contact <u>OFPcompliance@dhcs.ca.gov</u>

# Next Family Planning Stakeholder Meeting: 2023