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JOHN SAMPLE 1234
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Nyob zoo Tus tswv cuab Medi-Cal,

Txij li thaum Lub **Xya Hli Ntuj Tim 1, 2026**, Medi-Cal yuav tsis them cov kev pab cuam kho hniav rau qee tus tswv cuab laus lawm, tshwj tsis yog thaum muaj xwm txheej ceev. Qhov kev hloov pauv no raws li txheej xwm kev nkag teb chaws. Qhov kev hloov pauv tsuas cuam tshuam rau cov tswv cuab Medi-Cal uas muaj hnuv nyoog 19 xyoo rov sauv xwb thiab tsis tsim nyog tau txais Medi-Cal tag nrho los ntawm tsoom fwv.

Yog xav paub seb qhov kev hloov pauv no puas siv rau koj, nyeem Immigration Status Chart ntawm: <https://www.dhcs.ca.gov/Medi-Cal/Pages/immigration-status-categories.aspx>.

Koj yuav tau txais kev pab cuam Medi-Cal nrog tag nrho cov kev pab hniav txawm tias koj li txheej xwm kev nkag teb chaws yog li:

- Koj cev xeeb tub (thiab txog ib xyoos tom qab cev xeeb tub tas), lossis
- Koj muaj hnuv nyoog tsis txog 19 xyoo, los sis
- Koj hnuv nyoog qis dua 26 xyoo thiab thaum koj hnuv yug 18 xyoo koj tseem nyob hauv kev saib xyuas me nyuam

Yog tias koj tsis muaj cai rau Medi-Cal tag nrho nrog cov txiaj ntsig kho hniav, koj tuaj yeem txais kev pab kho hniav thaum muaj xwm txheej ceev.

Cov kev pab kho hniav thaum muaj xwm txheej ceev yog dab tsi?

Cov kev pab kho hniav thaum muaj xwm txheej ceev yog cov kev kho mob uas xav tau tam sim ntawd kom tsis txhob mob hnyav los sis kuaj mob thiab kho cov teeb meem kev kho mob ceev thiab loj heev. Cov kev pab kho hniav thaum muaj xwm txheej ceev tuaj yeem siv rau:

- Ntshav tawm uas tsis tu lawm
- Mob o hauv los sis ib puag ncig koj lub qhov ncauj

- Mob hniav lossis mob puab tsaig
- Kev raug mob rau koj lub ntsej muag lossis lub puab tsaig
- Kev kis mob hauv koj cov pos hniav lossis cov hniav nrog mob lossis o
- Kev saib xyuas tom qab phais (xws li hloov daim ntaub qhww los sis tshem cov xov)
- Ib tug hniav tawg los yog rho tawm
- Txiav lossis kho cov xov hlau hauv cov voj zawm hniav uas ua rau koj lub puab tsaig lossis cov pos hniav mob

Yog xav paub ntxiv txog cov kev pab thaum muaj xwm txheej ceev, mus saib: <https://smilecalifornia.org/common-questions-2/what-should-i-do-if-i-have-a-dental-emergency/>.

Kuv yuav tsum paub dab tsi?

- Yog tias qhov kev hloov pauv no cuam tshuam rau koj, koj tuaj yeem siv koj cov txiaj ntsig kho hniav Medi-Cal kom txog rau **Lub Rau Hli Ntuj Tim 30, 2026**. Txij li thaum Lub Xya Hli Ntuj Tim 1, 2026, koj yuav tsis muaj cov txiaj ntsig kho hniav tag nrho lawm thiab tej zaum yuav raug rho tawm ntawm koj txoj kev npaj kho hniav Medi-Cal (Kev Npaj Kho Mob Hniav).
- Yog koj muaj xwm txheej ceev txog kev kho hniav, koj tuaj yeem mus ntsib tus kws kho hniav Medi-Cal rau kev kho mob.
- Yog xav nrhiav kws kho hniav Medi-Cal nyob ze koj, mus rau: <https://dental.dhcs.ca.gov/find-a-dentist/home>. Los yog hu rau chaw Kho Hniav Medi-Cal ntawm **1-800-322-6384**.
- Yog xav paub ntxiv txog Medi-Cal Kev Hnov Hniav, mus saib ntawm: <https://smilecalifornia.org/>.
- Yog tias koj li txheej xwm kev nkag teb chaws hloov pauv, hu rau koj lub chaw ua hauj lwm Medi-Cal hauv zos kom paub tias koj puas tsim nyog rau kev pab cuam kho hniav. Nrhiav cov ntaub ntawv ntawm koj lub chaw ua hauj lwm Medi-Cal hauv zos ntawm: dhcs.ca.gov/COL.
- Yog xav qhia tias koj cev xeeb tub lossis tseem nyob hauv 12 lub hlis tom qab koj cev xeeb tub tas, hu rau koj lub chaw ua hauj lwm Medi-Cal hauv zos.
- Koj yuav khaws koj cov txiaj ntsig kho hniav Medi-Cal thiab yuav raug hloov mus rau Kev Kho Hniav Medi-Cal (fee-for-service) rau koj cov txiaj ntsig kho hniav tag nrho yog tias koj:
 - Cev xeeb tub lossis ib xyoos tom qab yug me nyuam (tom qab cev xeeb tub), thiab/los yog
 - Yog ib tug me nyuam/tus tub ntxhais hluas uas nyob tsev nyuam ntsuag los sis tus tub ntxhais hluas uas tau nyob ntsev nyuam ntsuag yav dhau los uas hnuv nyoog qis dua 26 xyoo thiab tau nyob hauv kev saib xyuas menyuam thaum koj hnuv yug 18 xyoo

Kawm ntxiv txog Medi-Cal Kev Kho Hniav

Yog xav paub cov lus teb rau cov lus nug txog cov xwm txheej kev nkag tebchaws uas cov kev hloov pauv cuam tshuam, nyeem Cov Lus Nquag Nug (FAQ).

Siv koj lub xov tooj los thaj tus khauj QR hauv qab no lossis mus rau <https://www.dhcs.ca.gov/services/Pages/Medi-Cal-Dental-Benefit-Changes-Frequently-Asked-Questions.aspx>



Yog xav tau kev pab ntxiv:

- Hu rau chaw Kho Hniav Medi-Cal hnuv Zwj Hli (Monday) - Zwj Kuab (Friday), 8 teev sawv ntxov txog 5 teev tsaus ntuj (tshwj tsis yog hnuv so ntawm lub xeev) ntawm **1-800-322-6384**. Qhov kev hu xov tooj yog dawb.
- Yog koj muaj lus nug txog kev tsim nyog, cov txiaj ntsig, thiab cov kev pabcuam, hu rau Medi-Cal Tus Xov Tooj Muab Kev Pab Hnuv Zwj Hli (Monday) - Zwj Kuab (Friday), 8 teev sawv ntxov txog 5 teev tsaus ntuj (tshwj tsis yog hnuv so hauv lub xeev) ntawm **1-800-541-5555**. Qhov kev hu xov tooj yog dawb dawb.
- Yog xav tau kev pab siv koj cov txiaj ntsig thiab nkag siab txog koj cov cai, xa email rau **MMCDombudsmanOffice@dhcs.ca.gov** . Los yog hu rau **1-888-452-8609** (TTY: 711 rau California State Relay), Hnuv Zwj Hli (Monday) - Zwj Kuab (Friday), 8 teev sawv ntxov txog 5 teev tsaus ntuj, tshwj tsis yog hnuv so hauv xeev. Qhov kev hu xov tooj yog dawb dawb. Los sis, mus rau: <https://www.dhcs.ca.gov/services/MH/Pages/mh-ombudsman.aspx>.
- Yog xav tau kev pab xaiv cov phiaj xwm kev noj qab haus huv thiab kev kho hniav, hu rau Medi-Cal Health Care Options (HCO) Hnuv Zwj Hli (Monday) - Zwj Kuab (Friday) 8 teev sawv ntxov txog 6 teev tsaus ntuj ntawm **1-800-430-2022** (TTY: 1-800-430-7077). Qhov kev hu xov tooj dawb. Los sis mus rau Medi-Cal HCO ntawm www.healthcareoptions.dhcs.ca.gov.
- Yog koj muaj lus nug txog koj txoj kev npaj kho hniav, hu rau tus xov tooj nyob tom qab ntawm koj daim npav Medi-Cal Kev Npaj Kho Hniav. Qhov kev hu xov tooj yog hu dawb.

- Yog xav paub ntxiv txog kev hloov pauv ntawm Khoos Kas Medi-Cal, mus saib ntawm: <https://www.dhcs.ca.gov/Medi-Cal/Pages/changes.aspx>.
- Yog tias koj muaj lus nug txog kev hloov pauv ntawm Medi-Cal kev pab them nqi raws li Cov xwm txheej nkag teb chaws, email ImmigrationPolicy@dhcs.ca.gov.
- Yog xav nrhiav koj lub chaw ua haujlwm hauv zos, mus rau: [dhcs.ca.gov/COL](https://www.dhcs.ca.gov/COL).

Ua tsaug,

Department of Health Care Services