

California Behavioral Health Planning Council
Performance Outcomes Committee
October 14, 2025
Meeting Minutes

Committee Members Present:

Noel O’Neill, Chairperson
Karen Baylor
Catherine Moore
Susan Wilson

Don Morrison, Chair-Elect
Lanita Mims-Beal
Liz Oseguera
Uma Zykofsky

Invited External Partners Present:

Theresa Comstock, CA Association of Local Behavioral Health Boards/Commissions
Samantha Spangler, Behavioral Health Data Project

Staff Present:

Justin Boese
Linda Dickerson

Jenny Bayardo
Naomi Ramirez

Item #1: Welcome and Introductions

The committee meeting began at 2:00 p.m.

Noel O’Neill welcomed all committee members and guests. A quorum was established with 8 out of 9 members.

Item #2: Review Meeting Minutes

The Committee reviewed and accepted the June 2025 meeting minutes.

Item #3: CBHPC Homelessness in the Public Behavioral Health System Webinar

Noel O’Neill presented a proposed outline for the committee to host a webinar focused on homelessness in the public behavioral health system. The event would be facilitated by Noel, with Susan Wilson and Samantha Spangler presenting. Data from the 2024 Data Notebook Overview Report and the Data Notebook 5-Year Analysis Report would

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be presented to the audience, along with recommendations from both reports. This event would be on December 4, 2025, from 10:00 a.m. to 11:00 a.m.

In addition to informing the public about homelessness in the public behavioral health system, the event aims to engage stakeholders and showcase the committee's work. The committee reviewed the proposed event outline, as well as a draft of the flyer for the event.

Action Item: Catherine Moore made a motion to approve the event outline. The motion was seconded by Susan Wilson. Naomi Ramirez took a roll call vote. The motion passed unanimously.

Public Comment: Janet Frank said she thought the event was a great idea.

Item #4: Updates on Data Notebook 2025: Wellness and Recovery Centers in the Public Behavioral Health System

Noel O'Neill updated the committee on the 2025 Data Notebook on Wellness and Recovery Centers in the Public Behavioral Health System. The 2025 Data Notebook survey was sent out in late August, with a deadline of November 1, 2025. This deadline was chosen to ensure that the Council can complete the 2025 Overview Report in time to inform the community planning process and the Behavioral Health Services Act Three-Year Integrated Plan. Noel stated that the committee would not review the survey results at this meeting, as responses are still being collected. He shared that at least one county commented on how much easier it was to complete the survey this year.

Noel invited Chad Castello from the California Association of Social Rehabilitation Agencies (CASRA) to speak about their efforts to collect data on Wellness and Recovery Centers. Chad said that his organization's membership includes 41 wellness centers. They have been interviewing the staff of these wellness centers to gather data on them, which they will share with the Performance Outcomes Committee. Based on the interviews they have conducted, Chad said that concerns over the funding of these wellness centers varied based on the size of the county in which they are located. Wellness centers in smaller, rural areas seem to be more protected because they are seen as an essential component of services in those counties. Wellness centers in larger counties appear to be at higher risk of losing funding.

Noel thanked Chad for his collaboration with the committee. He then proposed a timeline for the 2025 Data Notebook Overview Report. The survey will close on November 10, and staff will begin to develop the Overview Report immediately

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thereafter. The goal is to have the Overview Report finished by early December. A work group will meet to review the report and develop recommendations. After that, there will be an interim Performance Outcomes Committee meeting to vote on the final draft. The approved report will be distributed to the counties by the end of December.

Susan Wilson said she approves of that proposed timeline and suggested that the committee hold another webinar in January to present findings from the report.

Item #5: Development of the Data Notebook 2026 on Youth Wellness Programs in the Public Behavioral Health System

Noel O’Neill began a discussion about the 2026 Data Notebook. At the April 2025 meeting, the committee decided that the 2026 Data Notebook would serve as a follow-up to the 2025 Data Notebook on Wellness and Recovery Centers, with a focus on wellness centers for children and youth. Noel said that work on the 2026 Data Notebook survey will begin in January but invited the committee members are invited to share their thoughts on the selected topic.

Liz Oseguera suggested that the committee look at broader wellness services for youth instead of just wellness centers but also suggested a focus on a smaller population of at-risk youth. Uma Zykofsky agreed with the idea to focus on a more specific population. Lanita Mims-Beal suggested that justice-involved youth or youth involved in the foster care system be considered.

Noel said that he would like to invite a presenter to the committee meeting in January who could talk about wellness services and outcomes in the schools. He suggested a county superintendent. Theresa Comstock said that someone from the behavioral health department of the county might have more information on health programs.

Item #6: Allcove Youth Centers Presentation

Dr. Steven Aldeslheim from the Stanford Center for Youth Mental Health and Wellbeing presented to the committee on youth mental health programs. His presentation was focused on the Allcove youth center model but also included information about other programs developed by Stanford.

He began with an introduction to the Stanford Center for Youth Mental Health and Wellbeing, which has a mission “to build a culture of health and wellbeing, developed in

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partnership with young people, in which they can belong, heal, and thrive.” Their core pillars are innovative, early intervention models for ages 12-25, centering youth voice, increasing access, and awareness and education.

Dr. Adelsheim went over their current initiatives, which include:

- Media and Mental Health
- Suicide Prevention and Postvention
- Early Psychosis Program Support
- School and Community Partnerships
- Integrated Youth Mental Health Centers (Allcove)

Dr. Adelsheim then spoke about the Allcove centers and described their model and current locations. Allcove youth centers are youth-centered spaces where young people ages 12-25 can access free clinical mental health and wellness support in their community. It employs a “no wrong doors” approach, providing wellness services, clinical mental health services, and physical health services. He described challenges that youth face in accessing care, particularly mental health care, that the Allcove centers are designed to address.

There are currently 11 centers in the Allcove network, which range in size and location throughout California. All of these centers are supported by the Central Allcove team for Training and Technical Assistance and agree to follow the Allcove model of services. This includes using the same branding and colors in order to make Allcove centers easy to identify. Dr. Adelsheim explained that Allcove is an evidence-based international model and is an active partner in a network of international youth health services. That network includes 186 Headspace centers in Australia, 18 Foundry centers in British Columbia, and 15 Jigsaw centers in Ireland.

Dr. Adelsheim went on to describe how youth are engaged as active partners in the Allcove model. Each center has a Youth Advisory Group comprised of young people who represent different communities. The Youth Advisory Group provides direction for Allcove services and operations. He shared a couple of stories of youth who began by accessing services at a center, then became part of the Youth Advisory Group, and have since gone on to pursue careers in the mental health workforce.

Item #7: Next Steps and Planning for Future Activities

Noel O’Neill and the committee members identified some next steps and agenda items

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for the January 2026 meeting. These next steps include:

- Committee leadership and staff will work on what to include in the Council's year-end report.
- Develop the 2025 Data Notebook Overview Report, which will be finished in December.
- Host the webinar on Homelessness in the Public Behavioral Health System on December 4.
- Identify presenters for the January 2026 meeting to speak on wellness services and outcomes for youth.
- Continue development of the 2026 Data Notebook on wellness services for youth.

The meeting adjourned at 5:00pm.