

# Goux siou longx meih nyei Medi-Cal

Maiv dongx la'kuqv bungz ndortv meih nyei jienv waac-fienx gorngv taux Medi-Cal sou-gorn beu weih heng-wangc.

Mbunggh longx bun nquenc zangc siou maaih meih nyei ih zanc minc zinh waac-fienx liouh borqv lorz duqv zaaic doic.

Lorx taux meih nyei nquenc zangc ze'weic gorn yiem njiec buonh deic gan online, gan fonh, e-mail a'fai fax, a'fai dorng hmien buangh – liouh douc fienx mbuox tong bun hiuv gorngv taux maaih dorngx tiuv yienc siang taux meih nyei mbuoz, deic zepv, fonh nam mber, a'fai zipv e-mail dorngx.

Lorx mangc nquenc zangc ze'weic gorn mbuoz-daan gorngv yiem njiec haaix norm dorngx wuov, bieqc mangc yiem naaiv [dhcs.ca.gov/COL](https://dhcs.ca.gov/COL), a'fai korh waac lorx taux zipv Medi-Cal mienh nyei Helpline yiem naaiv (800) 541-5555.

Mbuoz



Deic zepv



Fonh



E-mail



## Meih hiuv nyei?

Meih corc haih ziux hnyangx-dong bouc borqv siang sou-gorn aengx caux mbuox tong maaih haaix diuc tiuv yienc siang gorngv taux meih nyei Medi-Cal yiem online.

Ih hnoi meih corc haih bieqc koi benx siang online mbuoz-daan yiem [mybenefitscal.com](https://mybenefitscal.com) aengx caux borqv bieqc sienv "Koi benx siang-sou-daan gorn" yiem gu'nguaaic mbiaauc bung gorqv, zatv bieqc ga'ndiev "Log in bieqc" wuov.