

Medi-Cal Managed Care Tiuv yienc siang heng-wangc sou-gorn bouc dauh FAQ

Wueic benx zuqc haaix nyungc Medi-Cal heng-wangc sou-gorn cingx tiuv yienc siang norm baav nquenc?

California dorng-dorng tiuv yienc Medi-Cal liouh tengx zoux bun meih duqv zipv ziux goux heng-wangc longx henv.

Yiem 2024 mingh wuov ndaangc, Medi-Cal heng-wangc sou-gorn a'zuqc zoux ei nzoih siang-doz-leiz heuc zoux gong longx, bieqc lorx duqv zaaic, laengz ziux goux mangc nzoih zunh, aengx caux maaih njiang-laangc nzengc. Naaiv diuc jauv-louc se a'zuqc tengx zaah mangc longx gorngv yietc zungv zuangx mienh yiem tong saengv zangc deic dauh da'dauh duqv zipv ziux goux zorc baengc hingh ziangh hoc, yietc zungv benx heng-wangc sou-gorn nyei buonc ziouv a'zuqc tengx leic leiz ziux goux longx gong.

Tiuv yienc siang Medi-Cal heng-wangc sou-gorn haih maaih dorngx ging-dongx hoic zuqc yie nyei Medi-Cal beu weih sou-gorn nyei fai?

Maiv. Mv gunv gorngv meih nyei Medi-Cal heng-wangc sou-gorn duqv tiuv yienc siang yaac baac, meih nyei Medi-Cal beu weih heng-wangc nyei sou-gorn aengx caux nyaanh yaac duqv zipv hnangv lox wuov oc.

Yie a'zuqc hnangv haaix zoux cingx haih duqv hiuv gorngv yie nyei Medi-Cal heng-wangc sou-gorn duqv tiuv yienc siang?

Zaah mangc gorngv meih nyei Medi-Cal heng-wangc sou-gorn yaac zuqc tiuv yienc siang nyei fai.

Yie a'zuqc jien sin liuc leiz zoux haaix nyungc beiv hnangv yie yiem lorqc zuqc nquenc zangc dungh dorng-dorng tiuv yienc siang Medi-Cal heng-wangc sou-gorn wuov?

Medi-Cal heng-wangc sou-gorn se dorng-dorng tiuv yienc siang taux:

Beiv hnangv yiem meih nyei nquenc duqv tiuv yienc Medi-Cal heng-wangc sou-gorn nor, meih a'zuqc ginv naaic norm siang Medi-Cal heng-wangc sou-gorn.

Automatic faaux mbuozi bieqc:

Maaih norm baav nquenc, ninh mbuozi ziang naaic dorh meih nyei mbuozi tuix bieqc Medi-Cal heng-wangc sou-gorn dungh mv zuqc heuc ginv longc sou-gorn.

Maeqv muonc waac-fienx bun muangx taux ziux goux fu'jueiv nyei dorngx dtauh aengx caux fu'jueiv-caan

Ninh mbuo Medi-Cal hnangv haaix mbuox yie duqv hiuv gorngv ninh mbuo duqv tiuv yienc siang yie nyei Medi-Cal heng-wangc sou-gorn mi'aqc?

Ninh sueih ei gorngv meih yiem lorqc zuqc haaix norm nquenc. Ziux norm-norm nquenc nyei waac-fienx doqc mangc yiem ga'ndiev naav oc.

Medi-Cal heng-wangc sou-gorn se dorng-dorng tiuv yienc siang taux:

Ziux nquenc zangc bun ginv longc Medi-Cal heng-wangc sou-gorn, Ziux deic dauh gunv goux (Geographic Managed Care, GMC), Yi nyungc sou-gorn, aengx caux yiem deic jei nyei nquenc zangc):

- | | | |
|-------------|------------------|-----------------|
| • Alpine | • Kings | • San Diego |
| • Amador | • Los Angeles | • San Francisco |
| • Calaveras | • Madera | • San Joaquin |
| • El Dorado | • Mono | • Santa Clara |
| • Fresno | • Riverside | • Stanislaus |
| • Inyo | • Sacramento | • Tulare |
| • Kern | • San Bernardino | • Tuolumne |

Beiv hnangv meih yiem lorqc zuqc yietc norm naav deix nquenc zangc dungh maaih mbuoz yiem ga'nguaaic wuov aengx caux meih nyei Medi-Cal heng-wangc sou-gorn duqv tiuv yienc siang nor, meih yaac zuqc haih zipv haix fienx daaih mbuox:

- **Ziepc hlaax 2023:** Beiv hnangv ih zanc meih maaih mbuoz yiem Medi-Cal heng-wangc sou-gorn dungh oix suiv cuotv naaic norm nquenc yiem naav 2023 hnyiangx-mueix nor, meih nyei Medi-Cal heng-wangc sou-gorn yaac zuqc juix fienx bun hiuv gorngv naaic norm Medi-Cal heng-wangc sou-gorn duqv tiuv yienc siang.
- **Ziepc yietv hlaax aengx caux ziepc nyeic hlaax 2023:** Medi-Cal yaac zuqc maaih yietv nyeic waac-fienx juix mingh jaa bun hiuv taux:
 - Dorh mbuoz bieqc siang Medi-Cal heng-wangc sou-gorn
 - Tim maaih camv-nyungc jauv-louc bun ginv

Beiv hnangv a'zuqc heuc meih ginv bieqc siang Medi-Cal heng-wangc sou-gorn:

Meih duqv zipv benx camv-nyungc jauv-louc bun ginv bieqc siang Medi-Cal heng-wangc sou-gorn bun meih yiem lorqc zuqc naaic norm nquenc wuov ginv longc.

Meih a'zuqc ginv naaic norm siang Medi-Cal heng-wangc sou-gorn yiem naav

Ziepc nyeic hlaax 22, 2023. Beiv hnangv meih mv ginv nor, ninh mbuo ziang naaic dorh meih nyei mbuoz bieqc zaqc yiem siang Medi-Cal heng-wangc sou-gorn a'fai yiem Medi-Cal Fee-For-Service (liouh mangc guv yienh, ziux goux fu'jueiv dorngx a'fai fu'jueiv-caan).

- **Ziepc nyeic hlaax 2023:** Haaix zanc meih duqv ginv liuz naaic norm siang Medi-Cal heng-wangc sou-gorn a'fai dorch meih nyei mbuoz bieqc zaqc naaic norm siang Medi-Cal heng-wangc sou-gorn liuz, Medi-Cal yaac zuqc dorch waac-fienx juix bun meih hiuv taux meih nyei siang Medi-Cal heng-wangc sou-gorn.
- **Zih hlaax 2024:** Meih nyei siang Medi-Cal heng-wangc sou-gorn yaac zuqc juix a'hneiv waac mingh laengz zipv meih.

Ndoqc nyungc sou-gorn a'fai Nquenc zangc liepc duqv maaih gorn zangc goux heng-wangc (County-Organized Health System) (COHS) yiem lorqc zuqc:

- | | | |
|----------------|-------------------|--------------|
| • Alameda | • Merced | • Santa Cruz |
| • Butte | • Modoc | • Shasta |
| • Colusa | • Monterey | • Sierra |
| • Contra Costa | • Napa | • Siskiyou |
| • Del Norte | • Nevada | • Solano |
| • Glenn | • Orange | • Sonoma |
| • Humboldt | • Placer | • Sutter |
| • Imperial | • Plumas | • Tehama |
| • Lake | • San Benito | • Trinity |
| • Lassen | • San Luis Obispo | • Ventura |
| • Marin | • San Mateo | • Yolo |
| • Mariposa | • Santa Barbara | • Yuba |
| • Mendocino | | |

Beiv hnangv meih yiem lorqc zuqc haaix norm nquenc dungh tiuv yienc mingh benx ndoqc nyungc sou-gorn nyei buonc a'fai haaix norm nquenc liepc duqv maaih gorn zangc goux heng-wangc (COHS) nyei buonc, yaac haih dorch meih nyei **mbuoz ziang naaic bieqc zaqc** yiem COHS sou-gorn, ndoqc nyungc sou-gorn, a'fai Kaiser Permanente.

- **Ziepc hlaax 2023:** Beiv hnangv ih zanc meih maaih mbuoz yiem Medi-Cal heng-wangc sou-gorn dungh oix suiv cuotv naaic norm nquenc yiem naaiv 2023 hnyiangx-mueix nor, meih nyei Medi-Cal heng-wangc sou-gorn yaac zuqc juix fienx bun hiuv gorngv naaic norm Medi-Cal heng-wangc sou-gorn duqv tiuv yienc siang.
- **Ziepc yietv hlaax aengx caux ziepc nyeic hlaax 2023:** Medi-Cal yaac zuqc maaih yietv nyeic waac-fienx juix mingh jaa bun hiuv taux:
 - Dorh mbuoz bieqc siang Medi-Cal heng-wangc sou-gorn
 - Tim maaih camv-nyungc jauv-louc bun ginv

- **Ziepc nyeic hlaax 2023:** Medi-Cal yaac zuqc dorch waac-fienx juix bun meih hiuv taux dorch meih nyei mbuoz ziang naaic bieqc siang Medi-Cal heng-wangc sou-gorn a'fai yiem Medi-Cal Fee-for-Service (FFS) (liouh mangc guv yienh, ziux goux fu'jueiv dorngx a'fai fu'jueiv-caan dungh maaih ndoqc nyungc sou-gorn nyei nquenc).
- **Zih hlaax 2024:** Meih nyei siang Medi-Cal heng-wangc sou-gorn yaac zuqc juix a'hneiv waac mingh laengz zipv meih.

Yie corc haih nzipc lorx yie nyei lox ndie-sai duqv nyei?

Beiv hnangv naaic ndie-sai maaih mbuoz yiem siang Medi-Cal heng-wangc sou-gorn:

Naaiv norm siang Medi-Cal heng-wangc sou-gorn yiem lorqc zuqc meih nyei nquenc zangc wuov nzunc baav juangc dauh ndie-sai. Liouh hoqc hiuv tipv taux maaih haaix nyungc Medi-Cal heng-wangc sou-gorn bun ginv longc aengx caux haaix deix ndie-sai juangc gong caux Medi-Cal heng-wangc sou-gorn wuov, lorx mangc yiem: www.healthcareoptions.dhcs.ca.gov.

Beiv hnangv naaic dauh ndie-sai mv maaih mbuoz juangc caux meih nyei siang Medi-Cal heng-wangc sou-gorn:

- Se gorngv lox hnoi meih duqv mingh lorx jiex naaic dauh Medi-Cal ndie-sai yiem njiéc **12 hlaax nyieqc** jiex daaih dungh naaic laanh ndie-sai mv juangc gong caux meih nyei siang Medi-Cal heng-wangc sou-gorn, nzunc baav meih corc haih duqv nzipc jienv lorx lox ndie-sai ndaangc beiv hnangv meih duqv tov siang Medi-Cal heng-wangc sou-gorn liouh [tengx nzipc jienv ziux goux zorc baengc \(continuity of care\)](#).
- Duqv nzipc jienv ziux goux zorc baengc se zeiz bun meih liouh nzipc lorx lox Medi-Cal ziux goux baengc nyei gong-mienh lauh ndaux taux 12 hlaax nyieqc yiem meih dorch mbuoz bieqc siang Medi-Cal heng-gorn sou-gorn wuov daaih. Naaiv se lemh jienv meih nyei daauh laanh ndie-sai (primary care doctor) (PCP), liouc siouv ndie-sai, nanv sin zorc baengc aengx caux zorc baengc zangc, aengx caux ziez diuc jaa.
- Nzunc baav meih nyei ndie-sai se laengz juangc zoux gong caux meih nyei siang Medi-Cal heng-wangc sou-gorn. Maaih nzunc baav yaac zuqc tor bouc dauh ziangh hoc lauh ndaauv taux 12 hlaax nyieqc a'fai gauh lauh.
- Nzipc jienv ziux goux zorc baengc se benx jienv sic gong-bou tengx goux heng-wangc aengx caux bun longx henv. ([Tim lengc jeiv waac-fienx tih daaih bun hiuv](#))
- Haaix zanc meih duqv bieqc siang Medi-Cal heng-wangc sou-gorn liuz beiv hnangv meih oix bun tengx nzipc jienv ziux goux zorc baengc mingh, douc waac lorx siang Medi-Cal heng-wangc sou-gorn tengx ziux goux baengc mienh nyei fonh nam mber wuov.

- Liouh hoqc hiuv tipv taux maaih haaix nyungc Medi-Cal heng-wangc sou-gorn bun ginv longc aengx caux haaix deix ndie-sai juangc gong caux Medi-Cal heng-wangc sou-gorn wuov, lorx mangc yiem naaiv: www.healthcareoptions.dhcs.ca.gov.

Beiv hnangv meih qiemx zuqc lорх ganh dauh siang ndie-sai:

Beiv hnangv meih nyei ndie-sai mv laengz juangc gong caux meih nyei siang Medi-Cal heng-wangc sou-gorn, ninh mbuo siang Medi-Cal heng-wangc sou-gorn yaac zuqc tengx nzie weih lorx siang-ndie-sai bun oc.

Beiv hnangv yie nyei Medi-Cal heng-wangc sou-gorn ih zanc dorng-dorng tiuv yienc siang, yie corc haih tov bieqc Longc hnyouv ziux goux zorc baengc nyei gorn (Enhanced Care Management) (ECM) aengx caux zipv horngc zangc tengx bouc nzie mangc yiem naaiv ziepc hlaax 2023 aengx caux ziepc nyeic hlaax 31, 2023 bouc dauh nyei fai?

Zeiz. Haaix deix mienh dungh ih zanc dorph mbuoz bieqc naaiv norm Medi-Cal heng-wangc sou-gorn liuz wuov corc haih dorph mbuoz bieqc ECM duqv nyei aengx caux bun horngc zangc bouc nzie mangc yiem naaic norm Medi-Cal heng-wangc sou-gorn zuov taux dorng ziepc nyei hlaax 31, 2023.

Beiv hnangv yie benx siang-mienh corc bieqc Medi-Cal, yie corc haih tov bieqc Longc hnyouv ziux goux zorc baengc nyei gorn (ECM) aengx caux zipv horngc zangc tengx bouc nzie mangc yiem naaiv ziepc hlaax 2023 aengx caux ziepc nyeic hlaax 31, 2023 bouc dauh duqv nyei fai?

Ninh zuqc sueih ei sic samx sic. Kungx maaih Medi-Cal heng-wangc sou-gorn duqv bun ECM aengx caux zipv horngc zangc tengx bouc nzie mangc. Ninh mbuo maih mbenc duqv maaih Medi-Cal Fee-For-Service (FFS). Beiv hnangv ih zanc meih duqv dorph mbuoz bieqc Medi-Cal heng-wangc sou-gorn yiem njiec meih nyei nquenc zangc liuz nor, ninh mbuo yaac dorph meih nyei mbuoz bieqc yiem da'nyeic norm hlaax saengh yietv mingh. Meih corc haih bieqc ECM aengx caux zipv horngc zangc tengx bouc nzie mangc yiem dungh meih dorph mbuoz bieqc wuov hnoi funx mingh.

Se gorngv meih bieqc Medi-Cal heng-wangc sou-gorn yiem njiec naaic norm nquenc benx siang jauv-louc dungh bun longc yiem zih hlaax saengh 1, 2024 wuov, meih yaac zuqc yiem lox Medi-Cal FFS ndaangc zuov taux meih nyei siang Medi-Cal heng-wangc sou-gorn yiem zih hlaax 1, 2024 jiex gorn longc mingh. Meih mvaiah haih duqv zipv ECM aengx caux zipv horngc zangc tengx bouc nzie mangc zuov taux buangv hnoi-nyieqc yiem siang Medi-Cal heng-wangc sou-gorn jiex gorn longc.

Se gorngv oix hoqc hiuv tipv taux ih zanc nyei buonc Medi-Cal heng-wangc sou-gorn aengx caux siang Medi-Cal heng-wangc sou-gorn dungh bun jiex gorn longc yiem zih hlaax saengh 1, 2024 wuov, doqc mangc naaiv zeiv [zeiv mbuoz-daan yiem Medi-Cal heng-wangc sou-gorn ziux nquenc dimv](#).

Ziux goux fu'jueiv nyei dorngx dauh a'fai fu'jueiv-caan se maaih haaix nyungc tiuv yienc siang?

Se gorngv meih yiem lorqc zuqc yietc norm naaiv deix nquenc:

- Butte
 - Colusa
 - Glenn
 - Mariposa
 - Nevada
 - Placer
 - Plumas
 - San Benito
 - Sierra
 - Sutter
 - Tehama
 - Yuba
- Ih zanc yiem njiec nquenc zangc se dorng-dorng tiuv yienc siang mingh benx nquenc zangc liepc duqv maaih gorn zangc goux heng-wangc (COHS) nyei nyungc zeiv sou-gorn.
 - Meih a'zuqc dorch mbuozi bieqc Medi-Cal heng-wangc sou-gorn yiem njiec meih lorqc zuqc haaix norm nquenc zangc wuov.
 - Ninh mbuo Medi-Cal yaac zuqc juix fiex bun meih yiem naaiv ziepc yietv hlaax caux ziepc nyeic hlaax mbuozi meih duqv hiuv taux naaiv baan tiuv yienc siang nyei jauv-louc.
 - Yiem zih hlaax, ninh mbuo siang Medi-Cal heng-wangc sou-gorn a'zuqc juix a'hneiv waac mingh zipv laengz meih.
 - Ninh se benx jienv sic gong-bou a'zuqc ginv tengx jiex gorn daauh dauh ndie-sai (PCP). Meih nyei siang Medi-Cal heng-wangc sou-gorn yaac zuqc tengx nzie meih sienv bun yietc laanh.
 - Beiv hnangv ih zanc meih maaih naaiv laanh PCP liuz, meih horpc zuqc douc waac lorx siang Medi-Cal heng-wangc sou-gorn tengx zaah gorngv meih nyei ndie-sai se duqv juangc gorn zangc gong caux meih nyei siang Medi-Cal heng-wangc sou-gorn nyei fai.

Se gorngv meih yiem lorqc zuqc yietc norm naaiv deix nquenc:

- Alpine
- El Dorado
 - Ninh mbuo nquenc zangc se duqv tiuv yienc benx yi nyungc sou-gorn nyei daan.
 - Beiv hnangv ih zanc meih maaih mbuozi bieqc Fee-For-Service (FFS) Medi-Cal, meih yaac **maiv duqv** zipv fiex yiem 2023 hnyiangx-mueix. Ninh mbuo se maiv aapv jaax heuc meih gorngv a'zuqc bieqc naaiv norm Medi-Cal heng-wangc sou-gorn oc.

- Beiv hnangv ih zanc meih ganh jorm hnyouv laengz bieqc benx Medi-Cal heng-wangc sou-gorn mienh dungh yiem lorqc zuqc haaix norm nquenc mv zeiz jiex gorn longc yiem zih hlaax saengh 1, 2024 wuov, ninh mbuo Medi-Cal heng-wangc sou-gorn yaac zuqc juix fiex bun meih hiuv yiem ziepc hlaax. Mbuox meih hiuv gorngv ninh mbuo se maiv zeiz meih nyei Medi-Cal heng-wangc sou-gorn dungh jiex gorn longc yiem zih hlaax wuov.
- Ninh mbuo Medi-Cal corc zuqc juix fiex bun meih yiem naaiv ziepc yietv hlaax caux ziepc nyeic hlaax mbuox meih duqv hiuv taux naaiv baan tiuv yienc siang nyei jauv-louc.
- Meih haih duqv zipv sou-guv yiem Medi-Cal juiex daaih bun liouh sienv faaux mbuoz bieqc Medi-Cal heng-wangc sou-gorn yiem njiec nquenc zangc beiv hnangv meih jiex hnyouv oix bieqc naaiv norm Medi-Cal heng-wangc sou-gorn.
- Beiv hnangv meih maiv ginv bieqc Medi-Cal heng-wangc sou-gorn nor, meih a'zuqc dorh mbuoz bieqc naaiv norm FFS Medi-Cal yiem naaiv zih hlaax saengh 1, 2024.

Se gorngv meih yiem lorqc zuqc yietc norm naaiv deix nquenc:

- Alameda
- Contra Costa
- Imperial
 - Ninh mbuo nquenc zangc se duqv tiuv yienc benx ndoqc nyungc sou-gorn nyei daan.
 - Beiv hnangv ih zanc meih maaih mbuoz bieqc Fee-For-Service (FFS) Medi-Cal, meih yaac **maiv duqv** zipv fiex yiem 2023 hnyiangx-mueix. Ninh mbuo se maiv aapv jaax heuc meih gorngv a'zuqc bieqc naaiv norm Medi-Cal heng-wangc sou-gorn oc.
 - Beiv hnangv ih zanc meih ganh jorm hnyouv laengz bieqc benx Medi-Cal heng-wangc sou-gorn mienh dungh mv gaengh mbenc duqv maaih yiem lorqc zuqc haaix norm nquenc yiem zih hlaax saengh 1, 2024 wuov, ninh mbuo Medi-Cal heng-wangc sou-gorn yaac zuqc juix fiex bun meih hiuv yiem ziepc hlaax. Mbuox meih hiuv gorngv ninh mbuo se maiv zeiz meih nyei Medi-Cal heng-wangc sou-gorn dungh jiex gorn longc yiem zih hlaax wuov.
 - Ninh mbuo Medi-Cal corc zuqc juix fiex bun meih yiem naaiv ziepc yietv hlaax caux ziepc nyeic hlaax mbuox meih duqv hiuv taux naaiv baan tiuv yienc siang nyei jauv-louc.
 - Se gorngv oix dorh mbuoz bieqc siang Medi-Cal heng-wangc sou-gorn nor, douc waac lор Medi-Cal Health Care Options (HCO) yiem leiz baaix yietv – leiz baaix hmz, yiem 8 diemv lungh ndorm mingh taux 6 diemv lungh hmuangx yiem njiec naaiv 1-800-430-4263 (TTY: 1-800-430-7077). A'fai lор taux **www.healthcareoptions.dhcs.ca.gov**.

- Beiv hnangv meih maiv ginv bieqc siang Medi-Cal heng-wangc sou-gorn nor, meih yaac zuqc yiem njiel naaiv norm FFS Medi-Cal. Ziux goux fu'jueiv nyei dorngx dauh aengx caux fu'jueiv-caan nyei buonc ndoqc nyungc sou nyei nquenc nor maiv zuqc dorch mbuoz bieqc Medi-Cal heng-wangc sou-gorn zuov taux 2025 wuov norm hnyiangx ndaangc.

Yie nyei Medicare yaac zuqc tiuv yienc siang nyei fai beiv hnangv yie maaih yi nyungc sou-gorn benx Medi-Cal aengx caux Medicare (maaih yi nyungc puix-juang) wuov?

Maiv, haaix zanc meih tiuv mbuoz bieqc Medi-Cal heng-wangc sou-gorn liuz, meih nyei Medicare nyaanh aengx caux goux baengc nyei gong-mienh yaac **maiv zuc** tiuv siang oc.

Meih nyei Medicare ziux goux baengc nyei gong-mienh:

- Mv zuqc benx juangc doic nyei gorn zangc caux Medi-Cal heng-wangc sou-gorn tengx nzipc ziux goux zorc baengc bun; hnangv haaix yaac longx, ninh mbuo a'zuqc maaih mbuoz bieqc benx Medi-Cal ziux goux baengc nyei gong-mienh.
- Beiv hnangv meih maaih Medi-Cal liuz, ninh mbuo yaac mv haih zoux benx siou zaeqv-daan nyaanh, juangc maaiz beu weih sou-gorn, aengx caux zorv maeqv duqv cuotv nyei buonc nyaanh.
- Se gorngv ninh mbuo mv benx jiu doic caux Medi-Cal nyei gorn zangc, horpc zuqc zoux zaeqv-daan siou nyaanh caux Medi-Cal heng-wangc sou-gorn liouh benx juangc cuotv nyei buonc, juangc maaiz beu weih sou-gorn, aengx caux maeqv nzouv-zinh cuotv nyei.

Beiv hnangv meih maaih waac-ormv qiemx naaic taux meih nyei Medicare a'fai Medicare Advantage nyaanh, douc waac lorx 1-800-MEDICARE, a'fai ei nam mber yiem njiel meih nyei Medicare Advantage sou-gorn nyei hmien-mueic fangx wuov. Hoqc hiuv waac-fienx tipv.

Naaiv norm PACE aengx caux SCAN heng-wangc sou-gorn se duqv tiuv yienc siang nyei fai beiv hnangv yie nyei Medi-Cal heng-wangc sou-gorn duqv tiuv yienc siang wuov?

Maiv. Naaiv deix sou-gorn corc hnangv lox:

[Program of All-Inclusive Care for the Elderly \(PACE\)](#)

[Senior Care Action Network \(SCAN\)](#)

Meih corc haih hoqc hiuv tipv faaux yiem naaiv:

[Hnangv haaix dorch mbuoz bieqc naaiv norm PACE a'fai SCAN heng-wangc sou-gorn](#)

Maaih haaix nyungc mbungh goux longx American Indian aengx caux Alaska Native nyei mienh yiem njiec naaiv norm tiuv yienc siang nyei bouc dauh?

Beiv hnangv meih maaih Indian ziux goux zorc baengc nyei ndie-sai:

American Indian/Alaska Native (AI/AN) nyei mienh se haih duqv zipv tengx ziux goux zorc baengc yiem haaix norm Indian ziux goux zorc baengc (Indian Health Care) ndie-sai haaix zanc yaac duqv.

Se gorngv qiemx zuqc longc mienh tengx nzie, lorx taux:

- Baengc mienh nyei Medi-Cal heng-wangc sou-gorn, **a'fai**
- Medi-Cal Ombudsman
 - **Fonh:** 1-888-452-8609 (Naaiv se wangv henh heuc)
 - **TTY:** 711 liouh bun California State Relay
 - **Email:** MMCDOMBUDSMANOFFICE@DHCS.CA.GOV

Beiv hnangv meih maaih naaiv laanh mienh Maiv zeiz (Non-Indian) ziux goux zorc baengc nyei ndie-sai:

AI/AN nyei mienh dungh haaix dauh duqv zipv ndie-sai tengx ziux goux zorc baengc dungh mv zeiz benx Indian Health Care Provider (IHCP) nor nzunc baav corc haih duqv nzipc jienv longc lox ndie-sai mingh se gorngv ninh mbuo duqv zipv nzipc zorc jienv baengc mingh (continuity of care).

Lorx taux meih nyei Medi-Cal heng-wangc sou-gorn beiv hnangv qiemx zuqc heuc tengx nzipc zorc jienv baengc mingh (continuity of care).

Sienv maih longc gunv goux zorc baengc jauv-louc aqv:

- AI/AN nyei mienh se haih ginv tuix cuotv maih longc gunv goux zorc baengc jauv-louc yiem norm baav nquenc duqv nyei.
- Maaih norm baav nquenc yaac mv maaih leiz bun mienh sienv gorngv oix tuix cuotv, ninh mbuo baengc mienh corc maaih leiz beu bun lorx ndie-sai IHCP, mv gunv gorngv ninh mbuo maih maaih mbuoziem caux Medi-Cal heng-wangc sou-gorn yaac baac.
- Hoqc hiuv tipv faaux:
 - Doqc mangc Tih gorgv-zeic waac-fienx bun muangx tipv
 - Lorx taux Health Care Options
 - **Fonh:** 1-800-430-4263
 - **Website:** www.healthcareoptions.dhcs.ca.gov

Yie a'zuqc jien sin liuc leiz zoux haaix nyungc beiv hnangv yie duqv zipv fiex dapv fiex-mbuoqc yangh caux Medi-Cal sou-daan borqv sou-gorn juangc fungx mbuox taux yie nyei Medi-Cal heng-wangc sou-gorn duqv tiuv siang wuov?

Dorh meih nyei Medi-Cal borqv sou-gorn nyei sou zoux ziangx ndaangc. Beiv hnangv meih maiv zoux sou mingh borqv sou-gorn hingh daangc taux hnoi-nyieqc ninh mbuo mbuox hietv njiec meih nyei Medi-Cal borqv sou-gorn daan wuov, meih haih bungx piatv Medi-Cal beu weih sou-gorn ndortv. Daaix luic zoux ei "[Ziux goux longx meih nyei Medi-Cal](#)" webpage muangx waac-fienx gorngv a'zuqc hnangv haaix borqv meih Medi-Cal sou-gorn.

Haaix zanc fiev ziangx meih nyei Medi-Cal spu-gorn liuz, daaix luic zaah mangc longx Medi-Cal juix fiex mbuox gorngv maaih haaix nyungc tiuv yienc siang yiem meih nyei Medi-Cal heng-wangc sou-gorn. Ninh mbuo duqv porv muonc yiem FAQ yiem ga'nguaaic wuov (doqc mangc longx gorngv "[ninh mbuo Medi-Cal hnangv haaix mbuox meih hiuv taux tiuv yienc siang yiem Medi-Cal heng-wangc sou-gorn?](#)"), Medi-Cal nyei mienh a'zuqc dorch mbuo ziang naaic bieqc zaqc siang Medi-Cal heng-wangc sou-gorn a'fai a'zuqc jien sin liuc leiz ginv siang Medi-Cal heng-wangc sou-gorn ei ninh mbuo yiem lorqc zuqc haaix norm nquenc zangc nyei sou-gorn mbenc daaih wuov. Beiv hnangv meih corc longc jien meih nyei lox Medi-Cal beu weih sou-gorn, ninh mbuo a'zuqc dorch meih nyei mbuo bieqc siang Medi-Cal heng-wangc sou-gorn mv gunv gorngv meih mv jien sin liuc leiz ginv sou-gorn ei hnoi-nyieqc faaux yiem meih nyei *My Medi-Cal Choice* sou liouh zih hlaax saengh 1, 2024 jieh gorn longc.

Medi-Cal dorng-dorng juix fiex mingh bun zuangx mienh maaih mbuo bieqc Medi-Cal heng-wangc sou-gorn hiuv taux tiuv yienc siang nyei jauv-louc aengx caux maaih horpc bouc gaux Medi-Cal yiem naav norm bouc dauh (ziepc yiety hlaax aengx caux ziepc nyeic hlaax 2023) tong zuangx hiuv. Beiv hnangv meih bungx ndortv Medi-Cal beu weih sou-gorn aengx caux meih maiv duqv dorch sou-gorn faaux bieqc ndaangc zih hlaax saengh 1, 2024, meih yaac mv zuqc jien sin liuc leiz xoux haaix nyungc liouh ginv Medi-Cal heng-wangc sou-gorn. Daaix luic zoux ei "[Jieh gorn siang zoux meih nyei beu weih sou-gorn \(Restart Your Coverage\)](#)" webpage liouh muangx waac-fienx tipv bun hiuv taux jauv-louc ginv zoux beu weih sou-gorn se gorngv jaa-ndaangc meih duqv zipv fiex daaih mbuo gorngv meih nyei Medi-Cal beu wieh sou-gorn a'lamh dorng ziangh hoc wuov.

Yie corc haih mingh lorx hoqc hiuv taux Medi-Cal heng-wangc sou-gorn yiem haaix norm dorngx?

Hoqc hiuv waac-fienx tipv taux about [Medi-Cal jauv-louc bun ginv gunv goux heng-wangc aengx caux nyaanh](#).

Yie se haih lorx mienh tengx nzie aengx caux lorx muangx waac-fienx tipv yiem haaix?

Bieqc mangc yiem naav MCP Lorx taux yie mbuo nyei webpage.