

**Performance Outcomes System Children/Youth in Foster Care Report**  
**Report run on June 8, 2018**

**Background**

Three reports will be created during each new reporting period. The reports that will be produced are as follows: statewide-aggregate data, population-based county groupings, and county-specific reports where possible. These reports help meet the intent of the Legislature, as stated in Welfare and Institutions Code Section 14707.5, to develop a performance outcomes system for Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) mental health services that will improve outcomes at the individual, program, and system levels and inform fiscal decision-making related to the purchase of services. This reporting effort is part of the implementation of a performance outcomes system for Medi-Cal Specialty Mental Health Services (SMHS) for children and youth.

Since 2012 DHCS has worked with several groups of stakeholders to create a structure for reporting, to develop the Performance Measurement Paradigm, and to develop indicators and measures. The Performance Outcomes System will be used to evaluate the domains of access, engagement, service appropriateness to need, service effectiveness, linkages, cost effectiveness and satisfaction. Further information on the Performance Measures System implementation is available on the DHCS website. Documents posted include the relevant legislation, plans submitted to the Legislature, and handouts for meetings with the Stakeholder Advisory Committee back to the first meeting in 2012. To obtain this information go to:

<http://www.dhcs.ca.gov/provgovpart/pos/Pages/default.aspx>

**Purpose and Overview**

This report provides updated information on the initial indicators that were developed for the Performance Outcomes System. DHCS plans to move to annual reporting of this data for the Performance Outcomes System.

The first series of charts and tables focus on the demographics of Foster Care case children and youth under 21 who are receiving SMHS' based on approved claims for Medi-Cal eligible beneficiaries. Specifically, this includes demographics tables of this population by age, gender, and race/ethnicity. Penetration and engagement rate data are provided. Both penetration rates tables are also broken out by demographic characteristics. Utilization of services data are shown in terms of dollars, as well as by service, in time increments. The snapshot table provides a point-in-time view of children/youth arriving, exiting, and continuing services over a two-year period. The time to step down table provides a view over the past four years of the time to step-down services following inpatient discharge.

Where possible, the reports provide trend information by displaying information for four Fiscal Years (FY). A FY is from July 1st to June 30th. For all of the measures and indicators included in this report, the denominator is the "Unique Count of Children and Youth receiving SMHS" shown on page 3 of the report and is broken out by state FY.

Utilization of services reports are shown in terms of dollars, as well as by service in time increments. The final report provides a view over the past four years of the time to step-down services (i.e., time to next contact after an inpatient discharge). **Note:** *The time to step-down report has a change in methodology from the first report produced in February 2015. In the initial report only outpatient services provided at least one day after the inpatient discharge were included in the calculations. On subsequent reports any outpatient service that occurs on or after the inpatient discharge is included in the analysis.*

**Performance Outcomes System Children/Youth in Foster Care Report**  
**Report run on June 8, 2018**

**Definitions**

**Population:** Foster Care or Open Child Welfare beneficiaries with approved services adjudicated through the Short Doyle/Medi-Cal II claiming system that were:

- Age 20 or younger during the approved date of service on the claim.

**Data Sources:**

- Short-Doyle/Medi-Cal II (SD/MC II) claims with dates of service in FY 13/14 through FY 16/17.
- Medi-Cal Eligibility Data System (MEDS) data from the Management Information System/Decision Support System (MIS/DSS) FY 13/14 through FY16/17.
- Child Welfare Services/Case Management System (CWS/CMS) data for children in FY 13/14 through FY 16/17.

**Additional Information**

The **Measures Catalog** is the companion document for these reports and provides the methodology and definitions for the measures. Each measure is defined and the numerator and denominator used to develop the metrics are provided with relevant notes and additional references. The Measures Catalog may be found at: [http://www.dhcs.ca.gov/services/MH/Documents/POS\\_MeasuresCatalog\\_Sept2016.pdf](http://www.dhcs.ca.gov/services/MH/Documents/POS_MeasuresCatalog_Sept2016.pdf)

**Note on Privacy:** The Health Insurance Portability and Accountability Act (HIPAA) and Code of Federal Regulations (CFR) 42 rules protect most individually identifiable health information in any form or medium, whether electronic, on paper, or oral. DHCS has strict rules in place to protect the identification of individuals in public reports. A “Public Aggregate Reporting – DHCS Business Reports” process has been established to maintain confidentiality of client Personal Information. The Performance Outcomes System complies with Federal and State privacy laws. Thus, the POS must appropriately and accurately de-identify data for public reporting. Due to privacy concerns, some cells in this report may have been suppressed to comply with state and federal rules. When necessary, this data is represented as follows: 1) Data that is missing is indicated as "-" 2) Data that has been suppressed due to privacy concerns is indicated as "^".

**Report Interpretation**

\*Population-based and county-specific report findings may be interpreted alongside the POS statewide report findings.

\***New Age Methodology** for Identifying Children under 21 (POS reports posted **after** 7/1/17): Beneficiaries that were under the age of 21 for the entire fiscal year (their age was less than 21 as of June 30th of the reported fiscal year).

\*The **penetration rates** reported here were calculated using a different methodology than that used by the External Quality Review Organization (EQRO). For the POS, the penetration rate is calculated by taking the total number of youth who received one or more SMHS’ in a FY and dividing that by the total number of Medi-Cal eligible youth for that FY. This methodology results in lower penetration rates as compared to the EQRO rates, but it does so across the board so that all counties and the state will be similarly impacted. Penetration rates provide a measure of initial contact with the specialty mental health system.

**Performance Outcomes System Children/Youth in Foster Care Report**  
**Report run on June 8, 2018**

\*The **engagement rates** are calculated similarly to penetration rates but are intended to measure ongoing engagement with the specialty mental health system. The engagement rate is calculated by taking the total number of youth who received five or more SMHS' in a FY and dividing that by the total number of Medi-Cal eligible youth for that FY.

\*The **snapshot** report provides a point-in-time look at children and youth's movement through the SMHS system. The report uses six general categories to classify if a youth is entering, exiting, continuing services, or a combination of these categories (e.g., arriving and exiting). Eventually the snapshot data will be used along with measures of service effectiveness to identify whether youth are improving as a result of receiving services from the time they first arrived in the system to when they exit the system. This methodology was adapted from the California Mental Health and Substance Use System Needs Assessment (2012). More information on the original methodology can be found here: [http://www.dhcs.ca.gov/services/MH/Documents/POS\\_MeasuresCatalog\\_Sept2016.pdf](http://www.dhcs.ca.gov/services/MH/Documents/POS_MeasuresCatalog_Sept2016.pdf)

The psychiatric emergency services/hospital data reported on in the **time to step-down services** report includes data from Short Doyle/Medi-Cal II claims data and fee-for-service data. In the future this report will incorporate other outpatient and inpatient Medi-Cal SMHS' billed through the Managed Care healthcare delivery systems. Currently, the number of days is capped at 365 days (to mitigate the impact of extreme statistical anomalies) when calculating the mean and max for time between discharge and step down service. This methodology will be updated in the next reporting cycle. Additionally, county specific and population-based reports are based off of the beneficiary's county of Medi-Cal responsibility during the eligibility month when the inpatient service occurred.

\***Data Source Methodology:** Demographic & Penetration and Snapshot - based on MEDS data; Utilization - based on Claims Submission data; Time to step-down - based on Inpatient Hospital data.

\***Open Child Welfare:** Children/youth who are provided child welfare services either while living in their home, or while living out-of-home in a foster care setting. Excludes children: placed in California under the jurisdiction of another state (incoming interstate Compact on the Placement of Children (ICPC)) and who are placed with non-dependent guardians.

\***Foster Care Placement:** Children/youth who are removed from their home by a child placement agency, including county child welfare services and probation departments and placed in a foster care setting. Excludes children: placed in California under the jurisdiction of another state (incoming interstate Compact on the Placement of Children (ICPC)) and who are placed with non-dependent legal guardians.

**Please contact [cmhpos@dhcs.ca.gov](mailto:cmhpos@dhcs.ca.gov) for any questions regarding this report.**

**Demographics Report: Unique Count of Children and Youth in Foster Care Receiving SMHS by Fiscal Year  
Sacramento County as of June 8, 2018**

SFY	Unique Count Receiving SMHS*	Year-Over-Year Percentage Change	Unique Count of Foster Care Youth in Medi-Cal	Year-Over-Year Percentage Change
<b>FY 13-14</b>	1,688		4,021	
<b>FY 14-15</b>	1,730	2.5%	4,019	0.0%
<b>FY 15-16</b>	1,637	-5.4%	3,927	-2.3%
<b>FY 16-17</b>	1,433	-12.5%	3,402	-13.4%
<b>Compound Annual Growth Rate SFY**</b>		<b>-5.3%</b>		<b>-5.4%</b>

*\*SMHS = Specialty Mental Health Services. See Measures Catalog for more detailed information.*

*\*\*SFY = State Fiscal Year which is July 1 through June 30.*

**Demographics Report: Unique Count of Children and Youth in Foster Care Receiving SMHS by Fiscal Year  
Sacramento County as of June 8, 2018**

<b>Fiscal Year</b>	<b>Black Count</b>	<b>Black %</b>	<b>Hispanic Count</b>	<b>Hispanic %</b>	<b>White Count</b>	<b>White %</b>	<b>Other Count</b>	<b>Other %</b>
<b>FY 13-14</b>	527	31.2%	208	12.3%	488	28.9%	465	27.5%
<b>FY 14-15</b>	501	29.0%	235	13.6%	508	29.4%	486	28.1%
<b>FY 15-16</b>	456	27.9%	193	11.8%	502	30.7%	486	29.7%
<b>FY 16-17</b>	384	26.8%	174	12.1%	437	30.5%	438	30.6%

\*This report uses the Medi-Cal Eligibility Data System for racial data, while CDSS uses the Child Welfare Services/Case Management System.

**Demographics Report: Unique Count of Children and Youth in Foster Care Receiving SMHS by Fiscal Year  
Sacramento County as of June 8, 2018**

Fiscal Year	Children 0-2 Count	Children 0-2 %	Children 3-5 Count	Children 3-5 %	Children 6-11 Count	Children 6-11 %	Youth 12-17 Count	Youth 12-17 %	Youth 18-20 Count	Youth 18-20 %
<b>FY 13-14</b>	64	3.8%	233	13.8%	509	30.2%	659	39.0%	223	13.2%
<b>FY 14-15</b>	70	4.0%	274	15.8%	539	31.2%	642	37.1%	205	11.8%
<b>FY 15-16</b>	61	3.7%	237	14.5%	533	32.6%	605	37.0%	201	12.3%
<b>FY 16-17</b>	47	3.3%	193	13.5%	495	34.5%	527	36.8%	171	11.9%

**Demographics Report: Unique Count of Children and Youth in Foster Care Receiving SMHS by Fiscal Year**  
**Sacramento County as of June 8, 2018**

<b>Fiscal Year</b>	<b>Female Count</b>	<b>Female %</b>	<b>Male Count</b>	<b>Male %</b>
<b>FY 13-14</b>	779	46.1%	909	53.9%
<b>FY 14-15</b>	843	48.7%	887	51.3%
<b>FY 15-16</b>	808	49.4%	829	50.6%
<b>FY 16-17</b>	706	49.3%	727	50.7%

**Penetration Rates\* Report: Children and Youth in Foster Care with At Least One SMHS Visit\*\*  
Sacramento County as of June 8, 2018**

	FY 13-14			FY 14-15			FY 15-16			FY 16-17		
	Children and Youth in Foster Care with 1 or more SMHS Visits	Certified Eligible Children and Youth in Foster Care	Penetration Rate	Children and Youth in Foster Care with 1 or more SMHS Visits	Certified Eligible Children and Youth in Foster Care	Penetration Rate	Children and Youth in Foster Care with 1 or more SMHS Visits	Certified Eligible Children and Youth in Foster Care	Penetration Rate	Children and Youth in Foster Care with 1 or more SMHS Visits	Certified Eligible Children and Youth in Foster Care	Penetration Rate
<b>All</b>	<b>1,688</b>	<b>4,021</b>	<b>42.0%</b>	<b>1,730</b>	<b>4,019</b>	<b>43.0%</b>	<b>1,637</b>	<b>3,927</b>	<b>41.7%</b>	<b>1,433</b>	<b>3,402</b>	<b>42.1%</b>
Children 0-2	64	758	8.4%	70	751	9.3%	61	750	8.1%	47	646	7.3%
Children 3-5	233	642	36.3%	274	657	41.7%	237	659	36.0%	193	546	35.3%
Children 6-11	509	916	55.6%	539	936	57.6%	533	944	56.5%	495	827	59.9%
Youth 12-17	659	1,053	62.6%	642	1,025	62.6%	605	970	62.4%	527	853	61.8%
Youth 18-20	223	652	34.2%	205	650	31.5%	201	604	33.3%	171	530	32.3%
Black	527	1,285	41.0%	501	1,200	41.8%	456	1,133	40.2%	384	989	38.8%
Hispanic	208	532	39.1%	235	553	42.5%	193	503	38.4%	174	433	40.2%
White	488	1,185	41.2%	508	1,208	42.1%	502	1,178	42.6%	437	990	44.1%
Other	465	1,019	45.6%	486	1,058	45.9%	486	1,113	43.7%	438	990	44.2%
Female	779	1,903	40.9%	843	1,911	44.1%	808	1,892	42.7%	706	1,636	43.2%
Male	909	2,118	42.9%	887	2,108	42.1%	829	2,035	40.7%	727	1,766	41.2%

\*Penetration Rate is defined as the percentage of SMHS eligible beneficiaries that have received a SMHS that was claimed via the Short-Doyle/Medi-Cal claiming system.

\*\*Children and Youth in Foster Care that have received at least one SMHS in the FisPage 7 of 14



**Engagement Rates\* Report: Children and Youth in Foster Care with Five or More SMHS Visits\*\***  
**Sacramento County as of June 8, 2018**

	FY 13-14			FY 14-15			FY 15-16			FY 16-17		
	Children and Youth in Foster Care with 5 or more SMHS Visits	Certified Eligible Children and Youth in Foster Care	Penetration Rate	Children and Youth in Foster Care with 5 or more SMHS Visits	Certified Eligible Children and Youth in Foster Care	Penetration Rate	Children and Youth in Foster Care with 5 or more SMHS Visits	Certified Eligible Children and Youth in Foster Care	Penetration Rate	Children and Youth in Foster Care with 5 or more SMHS Visits	Certified Eligible Children and Youth in Foster Care	Penetration Rate
<b>All</b>	1,425	4,021	35.4%	1,421	4,019	35.4%	1,345	3,927	34.3%	1,194	3,402	35.1%
Children 0-2	45	758	5.9%	55	751	7.3%	49	750	6.5%	28	646	4.3%
Children 3-5	177	642	27.6%	212	657	32.3%	176	659	26.7%	161	546	29.5%
Children 6-11	431	916	47.1%	435	936	46.5%	425	944	45.0%	420	827	50.8%
Children 12-17	585	1,053	55.6%	551	1,025	53.8%	537	970	55.4%	445	853	52.2%
Youth 18-20	187	652	28.7%	168	650	25.8%	158	604	26.2%	140	530	26.4%
Black	439	1,285	34.2%	412	1,200	34.3%	376	1,133	33.2%	319	989	32.3%
Hispanic	179	532	33.6%	187	553	33.8%	160	503	31.8%	145	433	33.5%
White	409	1,185	34.5%	417	1,208	34.5%	422	1,178	35.8%	362	990	36.6%
Other	398	1,019	39.1%	405	1,058	38.3%	387	1,113	34.8%	368	990	37.2%
Female	646	1,903	33.9%	696	1,911	36.4%	678	1,892	35.8%	586	1,636	35.8%
Male	779	2,118	36.8%	725	2,108	34.4%	667	2,035	32.8%	608	1,766	34.4%

\*Penetration Rate is defined as the percentage of SMHS eligible beneficiaries that have received a SMHS that was claimed via the Short-Doyle/Medi-Cal claiming system.

\*\*Engagement Rate is defined as the percentage of SMHS eligible beneficiaries that have received a SMHS that was claimed via the Short-Doyle/Medi-Cal claiming system. This does not include non-specialt

**Utilization Report\*: Approved SMHS for Children/Youth in Foster Care  
Mean Expenditures and Service Quantity per Beneficiary by Fiscal Year  
Sacramento County as of June 8, 2018**

Fiscal Year	SDMC Total Approved	IHBS (Minutes)	ICC (Minutes)	Case Management / Brokerage (Minutes)	Mental Health Services (Minutes)	Therapeutic Behavioral Services (Minutes)	Medication Support Services (Minutes)	Crisis Intervention (Minutes)	Crisis Stabilization (Hours)	Full Day Treatment Intensive (Hours)	Full Day Rehabilitation (Hours)	Hospital Inpatient (Days)	Hospital Inpatient Admin (Days)	Fee for Service Inpatient (Days)	Crisis Residential Treatment Services (Days)	Adult Residential Treatment Services (Days)	Psychiatric Health Facility (Days)
<b>FY 13-14</b>	\$ 7,527	1,286	550	865	2,080	2,432	395	179	13	595	469	0	0	11	30	0	6
<b>FY 14-15</b>	\$ 7,284	1,749	1,167	761	1,990	2,958	390	211	16	409	515	0	0	11	18	0	12
<b>FY 15-16</b>	\$ 6,402	1,205	1,089	768	2,021	3,152	396	284	25	382	254	7	1	17	0	0	13
<b>FY 16-17</b>	\$ 8,179	1,492	1,046	734	2,032	3,757	446	193	27	798	255	8	0	14	0	0	11
<b>MEAN</b>	<b>\$ 7,348</b>	<b>1,433</b>	<b>963</b>	<b>782</b>	<b>2,031</b>	<b>3,075</b>	<b>407</b>	<b>217</b>	<b>20</b>	<b>546</b>	<b>373</b>	<b>7</b>	<b>1</b>	<b>13</b>	<b>24</b>	<b>0</b>	<b>10</b>

*\*The graphs are color coded so that those reported in the same unit of analysis (e.g., minutes) are colored similarly.*

*Please note that (n) values listed at the bottom of each bar graph represent the actual number of children/youth that received the SMHS represented in their respective graph by Fiscal Year.*

**Snapshot Report: Unique Count of Children and Youth in Foster Care Receiving SMHS  
Arriving, Exiting, and with Service Continuance by Fiscal Year  
Sacramento County as of June 8, 2018**

<b>Category</b>	<b>Description (Please refer to the Measures Catalog for more detailed descriptions on all Performance Outcomes System measures.)</b>
<b>Arrivals</b>	Children/Youth that did not receive any SMHS within 3 months of their first date of service in the Fiscal Year.
<b>Service Continuance</b>	Children/Youth receiving continuous services with no breaks in service greater than 90 days for a period of at least 2 years ( $\geq 2$ YR) or a period of 1 to 2 years ( $< 2$ YR).
<b>Exiting</b>	Children/Youth that did not receive any SMHS within 3 months after their last date of service in the Fiscal Year.
<b>Arriving &amp; Exiting</b>	A distinct category in which children/youth met both the criteria for <b>Arrivals</b> and <b>Exiting</b> above for the fiscal year.
<b>Service Continuance &amp;</b>	A distinct category in which Children/Youth had at least 2 years of Service Continuance going into the Fiscal Year and then Exited within the same Fiscal Year.

<b>Service Fiscal Year</b>	<b>Arrivals Count</b>	<b>Arrivals %</b>	<b>Service Continuance (<math>\geq 2</math> YR) Count</b>	<b>Service Continuance (<math>\geq 2</math> YR) %</b>	<b>Service Continuance (<math>&lt; 2</math> YR) Count</b>	<b>Service Continuance (<math>&lt; 2</math> YR) %</b>	<b>Exiting Count</b>	<b>Exiting %</b>	<b>Arriving &amp; Exiting Count</b>	<b>Arriving &amp; Exiting %</b>	<b>Service Continuance (<math>\geq 2</math> YR) &amp; Exiting Count</b>	<b>Service Continuance (<math>\geq 2</math> YR) and Exiting %</b>	<b>Total Count</b>	<b>Total %</b>
<b>FY 13-14</b>	492	29.1%	154	9.1%	142	8.4%	320	19.0%	479	28.4%	101	6.0%	1,688	100%
<b>FY 14-15</b>	417	24.1%	149	8.6%	157	9.1%	403	23.3%	519	30.0%	85	4.9%	1,730	100%
<b>FY 15-16</b>	436	26.6%	134	8.2%	128	7.8%	360	22.0%	492	30.1%	87	5.3%	1,637	100%
<b>FY 16-17</b>	354	24.7%	107	7.5%	156	10.9%	365	25.5%	386	26.9%	65	4.5%	1,433	100%

**Time to Step Down Report: Children and Youth in Foster Care Stepping Down in SMHS Services Post Inpatient Discharge\***  
**Sacramento County as of June 8, 2018**

Service FY	Count of Inpatient Discharges with Step Down within 7 Days of Discharge	Percentage of Inpatient Discharges with Step Down within 7 Days of Discharge	Count of Inpatient Discharges with Step Down between 8 and 30 days of Discharge	Percentage of Inpatient Discharges with Step Down between 8 and 30 days of Discharge	Count of Beneficiaries with a Step Down > 30 Days from Discharge or No Step Down*	Percentage of Beneficiaries with a Step Down > 30 Days from Discharge or No Step Down*	Minimum Number of Days between Discharge and Step Down	Maximum Number of Days between Discharge and Step Down	Mean Time to Next Contact Post Inpatient Discharge (Days)	Median Time to Next Contact Post Inpatient Discharge (Days)
FY 13-14	86	85.1%	^	^	^	^	0	95	4.3	0
FY 14-15	58	78.4%	^	^	^	^	0	265	15.8	0
FY 15-16	108	80.6%	^	^	^	^	0	336	9.0	0
FY 16-17	79	83.2%	^	^	^	^	0	312	11.8	0

\* **No Step Down** is defined as no Medi-Cal eligible service was claimed through Short-Doyle/Medi-Cal after a claimed inpatient service was billed with a discharge date.

^ Data has been suppressed to protect patient privacy.