**TAB C**

# California Behavioral Health Planning Council
## General Session
### Thursday, April 20, 2023

**Agenda Item:** Panel on Performance Outcome Measures

**Enclosures:** Welfare and Institutions Code Section 5772

WIC 5604.2 Duties: Related to Mental Health

## Background/Description:

The California Welfare and Institutions Code gives the California Behavioral Health Planning Council the responsibility and authority to review program performance in delivering mental health and substance use disorder services. This includes:

- Reviewing and approving performance outcomes measures
- Reviewing performance outcomes data and other reports from the State Department of Healthcare Services and other sources
- Reporting findings and recommendations on the performance of programs to the Legislature, DHCS, and the local boards

The Performance Outcomes Committee has prepared a 2-day event as part of April's General Session meeting. Day one is a facilitated panel discussion moderated by Performance Outcomes Committee Chairperson, **Susan Wilson,** with data and evaluation experts representing key areas of the public behavioral health system.

Panelists include:

- **Debbie Innes-Gomberg**, Los Angeles County DMH, Deputy Director of Quality, Outcomes and Training Division
- **Samantha Spangler**, Behavioral Health Data Project Owner and CEO
- **Tara Niendam**, PhD., Executive Director, UC Davis Early Psychosis Programs

**Questions for the panelists: 2 hours**

1. How do *you* define performance outcome measures?
    a. What are 2-3 examples that you collect, and how long have you been collecting them?
2. What is the lens through which you collect performance outcomes measures? In other words, who and what do you have in mind when you choose and collect measures in regard to their functionality and usefulness?
3. How should we expect quality performance outcomes measures be collected, analyzed, and shared throughout the system?

**Panel Presenters:**



**Dr. Innes-Gomberg** is a Deputy Director for the Los Angeles County Department of Mental Health with responsibility for Quality Improvement, Quality Assurance, Outcomes and Training.

Over the course of her 30 year career with Los Angeles County, she has assumed leadership roles, overseeing the administration of the Mental Health Services Act (MHSA), outcome evaluation, prevention services, adult services, Jail Mental Health Services and served as a District Chief for the Long Beach/South Bay areas of Los Angeles County.

Dr. Innes-Gomberg is a member of the American and California Psychological Associations, as well as their Public Service Divisions (CPA- Div. 4 and APA- Div 18). She is the 2023 Chair of the California Quality Improvement Committee (CalQIC) Conference. She has served as the Co-Chair of the County Behavioral Health Directors' Association's (CBHDA) MHSA Committee, including a member of its Governing Board. She is a leader in LA County and across the State on outcome evaluation of public mental health programs.

**Samantha Spangler,** PhD, is the owner and CEO of the Behavioral Health Data Project, a small consulting firm that helps behavioral health providers and government agencies use data to improve the quality and effectiveness of their behavioral health services. Prior to founding the Behavioral Health Data Project, Samantha was the Research and Evaluation Director at the California Institute for Behavioral Health Solutions (CIBHS). Samantha leads directs and conducts program evaluations, manages projects, and provides consultation related to data collection, analysis, and reporting for behavioral health and human services programs. Samantha has directed statewide and community-based data collection and evaluation efforts. Samantha is currently leading evaluations of California's 5-year Workforce Education and Training Plan, a multi-site learning collaborative aimed at improving behavioral health outcomes through promoting equity and engagement in behavioral telehealth, and Mental Health Services Act (MHSA) Innovation projects in 3 California counties. Additionally, Samantha has recently led evaluations of two Whole Person Care pilot program, Sacramento County's Perinatal Residential Substance Use Treatment System, Strengths Model Care Management implementation in the Santa Cruz County Housing for Health Division, and the Multi-disciplinary Assessment Team process for newly detained youth in Los Angeles County.

Previously, Samantha worked as an analytics consultant at Focus Strategies, a national consulting firm dedicated to supporting communities to use data-driven approaches to addressing homelessness, and a management and technology consultant at Cambria Solutions. Samantha earned a PhD (2009) and a Master of Science (2006) in Neuroscience from the Erasmus Medical Center in Rotterdam, The Netherlands, and a Bachelor of Science degree from the University of North Carolina, Chapel Hill. She completed an interdisciplinary autism research fellowship at the University of California Davis MIND Institute in 2014.

**Tara Niendam**, PhD., Executive Director, is a Professor and Vice Chair of Research in Department of Psychiatry and Behavioral Science at the University of California, Davis. She completed her Ph.D. in Clinical Psychology at the University of California, Los Angeles. She is the Executive Director of the UC Davis Early Psychosis Programs (EDAPT and SacEDAPT Clinics) and has developed 4 early psychosis programs in Northern California based on the coordinated specialty care model of early psychosis. Her research focuses on improving clinical and functional outcomes for youth with serious mental illness, with a focus on mobile health technology. Her work examines multiple predictors of outcome, including cognition, neuroimaging, trauma and social determinants, as well as prevention of negative outcomes like suicide and homelessness. She is the Principal Investigator for the Early Psychosis Intervention Network of California, or EPI-CAL, which is part of the NIMH-funding EPINET program. EPI-CAL links multiple county-and university-based EP programs to bring client-level data to the clinician's fingertips, and enable large scale data-driven approaches to improve outcomes for EP care. She also directs the EPI-CAL affilitated Training and Technical Assistance Center, which seeks to bring evidence based early psychosis care to all Californians.