

BrightLife Kids and Soluna are helping families and young people get timely, confidential behavioral health support. They are free, don't require insurance, referrals, or immigration status, and are used by children and families in every California county.

County-specific Data	
39,143 (as of 02/28/2026)	10,958 (as of 12/31/2025)
Registrations	Coaching Sessions
392 (as of 03/31/2026)	15 (as of 03/31/2026)
Community Partners	Affiliate Network Providers

Local Community Partner Highlights

Funda Mental Health; San Diego Center for Children; Live Well San Diego / SD County Health and Human Services; San Diego County Office of Education; Scripps Clinic; La Mesa-Spring Valley Schools; UC San Diego – Eating Disorders Center for Treatment and Research



"What I Wish My Parents Knew" Fair at Live Well San Diego Support Center, October 2025

"A family with a middle school student visited my office for resources to help their child gain confidence and address mental health challenges from bullying and transitioning to a new school as a military-connected student. I referred them to BrightLife Kids and introduced the Soluna app. After a month of using it, the family reported significant improvements in their child's mood, confidence, and behavior. They were deeply grateful for supportive resources like Soluna and BLK." **Kristin Fernandez, School Liaison, Marine Corps Community Service**

For details on our impact or to help expand youth and family behavioral health services in California, visit CalHOPE.org/impact or contact DHCS at cybhi@dhcs.ca.gov.